Tsun Ming Chmielinski Art Exhibit At QArts Gallery - *Page 16*

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9-11-01 Observance Sunday At Fire Headquarters - *Page 25*

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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 54 No. 51 Thursday, September 8, 2022 $1.50

KAREN AND ROB HALE are honored by YMCA officials who renamed the Quincy Y as the Hale Family YMCA in honor of the couple's nearly $5 million donation to help support the organization. *Quincy Sun photos/Tom Gorman*

Quincy 'Y' Branch Dedicated 'Hale Family YMCA'

By TOM GORMAN

Rob Hale recalled his teenage years when his mother would drop him off at the Northampton YMCA where he would spend countless hours playing basketball, taking swimming lessons, and lifting weights. Decades later, now a successful business owner – the founder and CEO of Quincy-based Granite Telecommunications - Hale looks back at the Y as not only a place for fitness and games, but also a place that taught him life lessons. Wanting future generations to share his experiences, he and his wife, Karen, recently donated $3 million to the Quincy YMCA, bringing their total donations over the years to nearly $5 million. In honor of their generosity, Y officials have renamed the Quincy branch as the Hale Family YMCA.

On Aug. 11, local and state officials, South Shore YMCA executive board members, Gov. Charlie Baker, and members of the Y's youth group program gathered in the Coddington Street building's field house for a dedication ceremony honoring the Hales.

"The importance of putting a name on a building shows how much you believe in the organization

Cont'd On Page 2

THE QUINCY YMCA on Coddington Street has been renamed the Hale Family YMCA in honor of its benefactors, Rob and Karen Hale.

Orange Line Work On Track, Keenan Says

Rumor: T Could Shut Down Part Of Red Line This Fall

By SCOTT JACKSON

Repairs to the MBTA's Orange Line – which is presently in the midst of a planned 30-day shutdown – appear to be on track, Sen. John Keenan said in a recent interview.

Meanwhile, the MBTA may also be planning to close the northern part of the Red Line starting later this fall, but nothing has been announced yet.

The Orange Line has been closed for repairs since Aug. 19 and is scheduled to reopen on Sept. 19. The Orange Line runs between Boston's Jamaica Plain neighborhood in the south and the city of Malden in the north and has the second-highest ridership of the MBTA's subway lines, after the Red Line.

Keenan, a Quincy Democrat, said in the recent interview that the shutdown of the Orange Line was necessary because it would allow the MBTA to finish the repairs along the line quicker than it would otherwise be able to. He also noted the

Cont'd On Page 13

Gaming Commission Crafting Rules For Sports Betting

By SCOTT JACKSON

While state lawmakers have legalized sports betting in Massachusetts, residents looking to place their bets still have to wait as regulators work out rules and begin licensing for the industry.

The legislature on Aug. 1 passed a bill to legalize betting on professional and most college sports, legislation that Gov. Charlie Baker signed into law later that month. Massachusetts joins a host of states – including Connecticut, New Hampshire, New York and Rhode Island – to have legalized wagering on sports since 2018, when the Supreme Court struck down a law limiting sports betting to a handful of states.

The state's gaming commission is now in the process

Cont'd On Page 3

Election Results On Sun Website

Election results from Tuesday's state primaries were not available when The Quincy Sun went to press Tuesday evening.

Results were posted on The Quincy Sun website when available. Visit www.TheQuincySun.com.

Results will also appear in print in the Sept. 15th issue of The Quincy Sun.

RE Activity Continues To Show Decline - *Page 12*

Pack 6 Webelos Crossover Ceremony - *Page 17*

Torre Dei Passeri Celebrating 100 Years - *Page 19*

More Quincy news:

The Quincy Sun.com

KAREN AND ROB HALE walk outside the Quincy YMCA branch that has been renamed the Hale Family YMCA in honor of the couple's generous donations to support the organization.

ROB HALE GREETS youngsters and counselors of the Quincy YMCA branch youth program. *Quincy Sun photos/Tom Gorman*

ROB HALE, left, is congratulated by South Shore YMCA President and CEO Paul Gorman, right, during a ceremony renaming the Quincy Y as the Hale Family YMCA.

POSING OUTSIDE THE newly renamed Hale Family YMCA are from left, South Shore YMCA President and CEO Paul Gorman, Christine and Mayor Tom Koch, Karen and Rob Hale and Lauren and Gov. Charlie Baker.

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Quincy 'Y' Branch Dedicated 'Hale Family YMCA'

Cont'd From Page 1

and to inspire others," said South Shore YMCA Executive Board Chair and South Shore Bank CEO Jim Dunphy.

"Organizations like the YMCA cannot exist without the generosity of donors and volunteers. This Y has been around for 130 years, and it was important when we rebuilt it that it was in the center of the city so everyone could enjoy it."

Mayor Thomas Koch noted the Y is one of the important assets in the city and likened Hale to Quincy-born John Hancock, one of the premiere signers of the Declaration of Independence.

Koch said a little-known fact about Hancock is that he was "an incredible corporate leader" and one of the most "generous and charitable" leaders in the colonies. Of the longtime Y benefactor, the mayor said Hale is one of the top corporate leaders in the country who gives back to the community.

"Rob not only runs great companies that employ thousands of people with good paying jobs, he shares his wealth and shares that spirit," Koch said. "Too of-

Cont'd On Page 18

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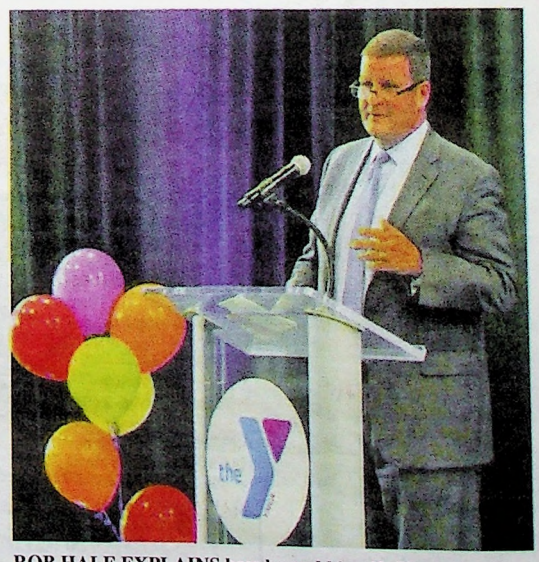

ROB HALE EXPLAINS how he and his wife Karen "are honored and humbled to be part of your family. To the YMCA, thank you for being a part of our community. You improve it in ways you don't even know."

Gaming Commission Crafting Rules For Sports Betting

Cont'd From Page 1

of drawing up regulations for the industry and will also oversee the licensing process, Sen. John Keenan, a Quincy Democrat, said recently in an interview.

"The next step is just getting the law implemented through the regulatory process and there has been varying estimates as to how long that will take. Some people were optimistic that it would be in place by the start of the football season – that's obviously not going to be the case," Keenan said (College football has begun its regular season while the NFL kicks off its regular season Thursday night). "Some people feel it will be after the first of the year. But it is in some ways a new industry that has to be regulated and put in place.

"The casinos have been ready. They've got their spaces already. They're already modifying their spaces. It's just making sure the regulatory framework is in place before sports betting begins."

The new law allows anyone age 21 and older to bet in Massachusetts. Betting is allowed on professional sports and on college sports, though betting on in-state schools is not allowed unless that team is playing in a postseason tournament. Betting on youth and high school athletics is prohibited.

The law will allow the state's casinos to apply for permission to host a sports book on site; Raynham Park and Suffolk Downs can do so as well. Up to three casinos, two race tracks and seven other companies can receive a license to launch mobile betting apps.

Licensees would have to pay a tax on their revenue from sports betting – 15 percent for revenue from in-person betting, 20 percent for revenue from mobile betting and 15 percent for revenue from fantasy sports. That could provide the state with $60 million in revenue annually, not including licensing fees.

When asked about the legislation approved by lawmakers, Keenan replied that he "thought it was fine."

"I thought it was fine," he said. "It allows casinos to do sports betting, which was anticipated that it would. It allows for separate mobile licenses. It sets I think a competitive tax rate – competitive to other states.

"I think the ultimate resolution relative to betting on college sports in Massachusetts was one that was pretty obvious and that's where the compromise ended up being. You can bet on college sports, you just can't bet on Massachusetts college sports in Massachusetts unless they're in postseason play – a tournament or something of that nature.

"I think it came out pretty much as it was expected to come out, and it makes Massachusetts competitive with other states."

Keenan said he does not expect lawmakers will have to alter the law that was approved, barring any unintended consequences, but he would like to ensure the regulations around advertising for sports betting are firm enough.

"I would like another chance to toughen the advertising regulations or the advertising part of the law. My concern is that indirectly young people will be targeted by sports betting advertising," Keenan said.

"We worked during the process to try to get stricter provisions in the legislation relative to advertising. They should at the very minimum match the advertising regulations for cannabis. You can see how prevalent those advertisements are so without those same restrictions, I expect that sports betting advertising will be even more ubiquitous, more present."

When asked what he

Cont'd On Page 14

THE LION DANCE performed by Wah Lum Kung Fu Academy of Quincy makes its way into the audience at the recent 35th annual August Moon Festival. The festival, held outdoors on Coddington Street in Quincy Center, was hosted by Quincy Asian Resources, Inc. More photos on Page 6. *Quincy Sun photo/Tom Gorman*

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Moments in time

THE HISTORY CHANNEL

• On **Sept. 22, 1776**, in New York City, Nathan Hale, a captain in the Continental Army, is executed by the British for spying. Before being executed, legend holds that Hale said, "I only regret that I have but one life to lose for my country." There is no historical record to prove that Hale actually made this statement.

• On **Sept. 23, 1846**, German astronomer Johann Gottfried Galle discovers the planet Neptune at the Berlin Observatory. The blue gas giant has a diameter four times that of Earth and completes an orbit of the sun once every 165 years.

• On **Sept. 24, 1902**, pioneering cookbook author Fannie Farmer, who changed the way Americans prepare food by advocating the use of standardized measurements in recipes, opens Miss Farmer's School of Cookery in Boston. Farmer later educated medical professionals about the importance of proper nutrition for the sick.

• On **Sept. 24, 1975**, "Three Days of the Condor," a political thriller starring Robert Redford, opens. In the film, Redford played a low-level CIA employee being stalked by an assassin. The film was based on the novel "Six Days of the Condor" by James Grady.

• On **Sept. 20, 1988**, at the Summer Olympics in Seoul, South Korea, American diver Greg Louganis wins the gold medal on the springboard despite nearly knocking himself unconscious during a qualifying round dive the previous day. Bloodied and dazed, he received five stitches from a doctor before returning to the board.

• On **Sept. 19, 1995**, a manifesto by the Unabomber is published in the hope that someone will recognize the person who, for 17 years, killed and maimed innocent people by sending homemade bombs through the mail. David Kaczynski linked the writing style to that of his older brother Ted, who was later convicted of the attacks.

• On **Sept. 21, 2008**, the last game at historic Yankee Stadium -- "The House That Ruth Built" -- is played. In the finale, the New York Yankees beat the Baltimore Orioles, 7-3, as future Hall-of-Famer Mariano Rivera closed the game with a perfect ninth inning.

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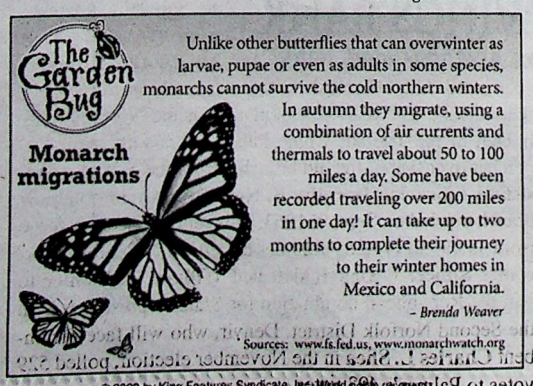


Quincy Delegation Brings Home Local Funding In FY23 Budget

Highlights Include Investments In Early Education And Care, Universal School Meals And Behavioral Health Supports

The Massachusetts Legislature passed the Fiscal Year 2023 (FY23) budget, funded at $52.7 billion.

Legislators said the budget responsibly responds to the needs of residents and makes targeted investments to support families in the Commonwealth. The FY23 budget continues its strong commitment to cities and towns, and includes significant investments in health care, education, housing, and workforce development, among other priorities.

"As Massachusetts residents and businesses continue to face discouraging economic uncertainty, the Legislature's FY23 Budget responds to the financial challenges facing the Commonwealth by balancing a focus on immediate needs such as workforce development, with a focus on long-term investments that are designed to grow our economy in a sustainable way," said House Speaker Ronald Mariano (D-Quincy).

"In a fiscally prudent manner, this budget significantly increases investments in public services and education all across the Commonwealth," said state Sen. John Keenan (D-Quincy). "For the City of Quincy, working together the legislative delegation strongly advocated for, and the City will receive, record levels of public school funding, as well as a record amount of general government aid that will benefit our police, fire, Council on Aging, Veterans' Services, library, and public works departments. Specifically, through the amendment process we were able to secure funding for new equipment for Quincy's police and fire departments."

"I'm pleased to have joined with my colleagues in passing a budget that invests in education, economic development, housing, and healthcare," said state Rep. Bruce Ayers (D-Quincy). "Working with the delegation, I'm especially glad to see our amendments for Quincy included, providing funds for important things like the Marina Bay Ferry, Quincy Asian Resources, Quincy Community Action Programs, increased seasonal state police patrols along Wollaston Beach, and many others. I appreciate Speaker Mariano's leadership on this budget and know it will have positive impacts on Quincy, my district, and the entire state."

The FY23 budget funds Unrestricted General Government Aid (UGGA) at $1.23 billion and Chapter 70 education funding at $5.18 billion, representing a $494 million increase over the FY22 budget and fully funding the second year of a six-year implementation plan of the Student Opportunity Act (SOA) which was enacted in 2019 to support equitable funding for our most vulnerable students. The City of Quincy received $22.1 million in UGGA and $35.4 million in Chapter 70 education funding, a 2.7% increase and 11.1% increase from FY22 respectively. The Quincy delegation secured investments for these local programs:

• $50,000 for the Quincy Fire Department to purchase firefighter safety equipment, including thermal-imaging units

• $50,000 for the Quincy Police Department to equip and outfit an accident reconstruction vehicle

• $100,000 for Quincy Asian Resources, Inc.

• $95,000 for seasonal State Police patrols of Wollaston Beach and the Quincy Shore Drive and Furnace Brook Parkway areas

• $100,000 for Quincy Community Action Programs, Inc. for their rehabilitation and renovation efforts on their food center facility

• $75,000 for improvements, preparedness, and operations of ferry services out of Quincy

• $75,000 for renovations and accessibility improvements to Wollaston Recreational Facility

• $100,000 for Germantown Neighborhood Center

• $25,000 for the Ward 2 Civic Association

• $25,000 for Penn's Hill Neighborhood Association

• $50,000 for Friends of Faxon Park

• $100,000 for student support programs at Quincy College

• $10,000 for the Friends of the Thomas Crane Public Library for community programming

The FY23 budget, legislators said, strongly reflects the Commonwealth's dedication to supporting cities and towns and securing critical investments in early education and care, to universal school meals, to substance abuse services, and more.

The FY23 budget includes an unprecedented $912 million to fund early education and care (EEC) and includes a new initiative funded at $10 million to pay for child care for early educators; provides $110 million for a year-long extension of universal school meals, providing immediate relief to families by saving them up to $1,200 every year from reduced grocery expenditures, according to The Feed Kids Coalition; invests in higher education by allocating $653 million for the University of Massachusetts system, $337 million for community colleges, and $326 million for state universities; invests in the human services workforce who provide services to our most vulnerable, including $230 million for Chapter 257 rates for health and human service workers, $40 million to continue higher rate add-ons and ensure a smaller wage cliff between FY22 and FY23 for home health aides and homemakers. The budget fully funds Transitional Aid to Families with Dependent Children at $343 million, as well as Emergency Aid to the Elderly, Disabled and Children at $137 million; supports health and behavioral health needs across the Commonwealth by investing $188.6 million for the Bureau of Substance Addiction Services, and includes funding for housing and homelessness prevention, investing $154 million for the Massachusetts Rental Voucher Program (MRVP) and $150 million for Residential Assistance for Families in Transition (RAFT).

"This year's budget reaffirms our commitment to fully funding the Student Opportunity Act with record funding for Quincy public schools, mitigating the impacts of climate change, and investing in health care and behavioral health supports," said state Rep. Tackey Chan (D-Quincy). "At the same time, we were able to provide funding directly to important local service organizations in Quincy. I'm proud to have joined my colleagues in the House to pass this balanced budget that prioritizes the needs of our communities."

Neponset River Cleanup Set For Sept. 17th

The Neponset River Watershed Association (NepRWA), along with a group of partners, is sponsoring its annual Neponset River Fall Cleanup on Saturday, Sept. 17th from 9 a.m. to noon.

Multiple cleanup sites have been designated for Canton, Dedham, Dorchester, Hyde Park, Mattapan, Milton, Norwood, Quincy, and Walpole.

Volunteers of all ages, skill levels, and physical abilities are needed to help with this important event. An adult must accompany children under the age of 12. Pre-registration is required.

"Our cleanups make a big difference in areas along the Neponset River, local streams and ponds, and parks. The work that the volunteers do is incredibly helpful in creating better habitats for wildlife and improving recreational access. Plus, it just makes everything look nicer for our communities," said NepRWA River Restoration Director, Sean McCanty.

More information about the event, including registration, can be found at www.neponset.org/cleanup.

For any questions, contact NepRWA Environmental Fellow, Eleanor Yeomans, at yeomans@neponset.org or 781-575-0354 x302.

Supporters of the Neponset River Cleanup include:

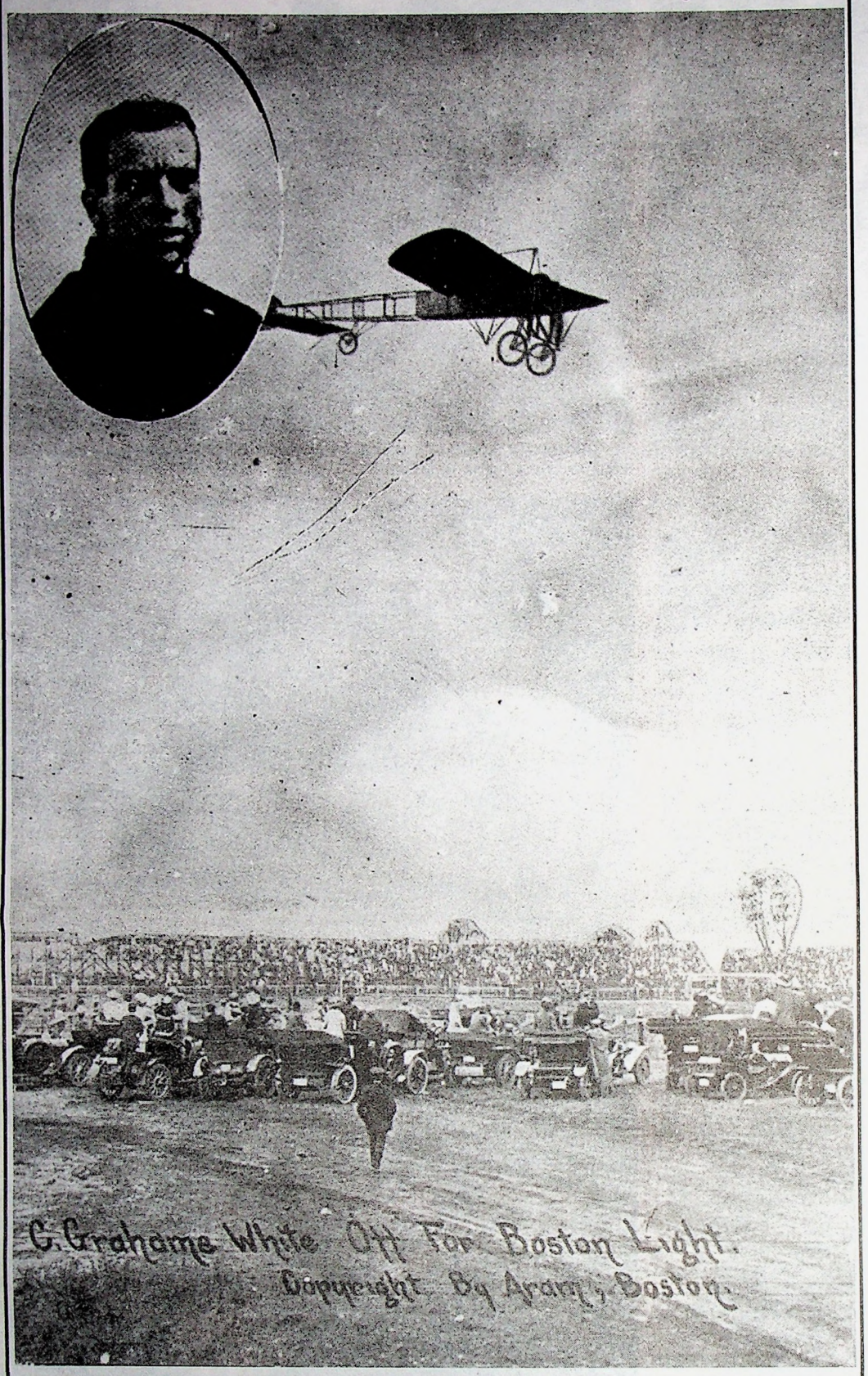
MA Dept. of Conservation & Recreation (DCR), Deloitte, Belnel Neighborhood Association, Friends of the Blue Hills, City of Boston Parks and Recreation, Edgewater Neighborhood Association, Friends of the Boston Harbor Walk, Greater Boston Trout Unlimited, Quincy Asian Resources, Inc., Earthwatch, GZA, American Rivers, Canton DPW, Milton DPW and Norwood DPW.

Can't join us this time? Consider donating to help offset the cost at www.neponset.org/donate.

The Neponset River Watershed includes the communities of Dorchester, Hyde Park, and Mattapan; Canton, Dedham, Dover, Foxborough, Medfield, Milton, Norwood, Quincy, Sharon, Stoughton, Randolph, Walpole, and Westwood.

Learn more about the Neponset River Watershed Association at the website www.neponset.org.

Scenes From Yesterday



ONE HUNDRED AND TWELVE years ago this week, the Harvard Boston Aero Meet was held at the Harvard Aero Field in Atlantic. The aero-field was located in the area behind the Kennedy Senior Center on the Squantum Causeway. The Harvard Aeronautical Society had rented the 500-acre site for five years. They and others offered large cash prizes for record-breaking thrilling contests to lure the most daring aviators and the most advanced aviation equipment from the U.S. and Europe to this meet. It was only the second air meet in the U.S. and was only seven years after the Wright Brothers' first flight at Kitty Hawk. Over 50,000 observers came to Quincy that week including President William Howard Taft, Boston Mayor John F. (Honey Fitz) Fitzgerald and New York State Senator Franklin D. Roosevelt. This postcard shows a French-built Bleroit monoplane on its way to a record-breaking flight to Boston Light. It was the first single wing aero plane seen in Boston. At the controls was Englishman Claude Grahame-White (insert), the only pilot who dared to fly the 10 miles out to the lighthouse and then back. For this, The Boston Globe awarded him $10,000. Grahame-White won most of the other contests as well, including altitude, speed and bomb dropping. A second meet here a year later was pretty much rained out.

From the Tom Galvin Postcard Collection

QHS Women's Athletic Hall Of Fame Seeks Nominations

The Quincy High School Women's Athletic Hall of Fame is looking for nominations for the 2023 induction ceremony.

The Hall of Fame Committee is looking for former QHS female athletes who graduated between the years 1970 and 1982 to be nominated. Player nominees must meet the following criteria to be eligible for the QHS Women's Athletic Hall of Fame:

1. Must be a QHS Graduate

2. Must be 10 years out of high school

3. Must be a league all-star/or all scholastic and/or received a varsity letter

Coaches may also be nominated for the Hall of Fame.

All nominations must be received by Monday, Oct. 3.

Send nominations with a brief resume of the player and/or coach being nominated to: christinebarrett@quincypublicschools.com.

Quincy's Yesterdays

This Week
1964
58 Years Ago

Peabody - Bellotti Contest State Primary Highlight

The contest between Gov. Endicott Peabody and Lt. Gov. Francis X. Bellotti for the Democratic nomination for governor is one of the few big interest fights in the primaries on Thursday.

Although Republican contests are few and far between, a few were being hotly contested.

Selectman Ralph Amabile of Weymouth and Attorney William D. Weeks of Cohasset were seeking to wrest the G.O.P. nomination in the Norfolk and Plymouth Senatorial District away from veteran Sen. Newland Holmes. Both Holmes and Weeks had received endorsements from G.O.P. leaders in the district. (*Editor's note*: Bellotti defeated Peabody for the Democratic nomination for governor but lost the general election to former Gov. John Volpe by a narrow margin - 50.27% to 49.29% (or 23,046 votes out of more than 2.3 million cast). Bill Weeks would defeat Sen. Holmes in the primary and go on to win the senate seat in the final election.)

MAYOR ORDERS COLLECTION OF DELINQUENT AUTO TAXES

Mayor Amelio Della Chiesa said that he had already ordered City Treasurer Thomas J. Sheerin to notify the Registry of Motor Vehicles of delinquent auto excise taxes for 1963 and prior years.

The mayor's statement came in response to an announcement last week by Council President Joseph J. LaRaia that he would ask the mayor to take such action. Mr. LaRaia, charging that Quincy's becoming a "soft touch" for delinquent taxpayers asked Mr. Sheerin to investigate.

Mayor Della Chiesa said he concurred with Council President LaRaia "that all people who owe the City of Quincy money should make every effort to pay."

"I have issued statements of this nature from time to time since I have been mayor."

QUINCY YARD GETS $64,950,273 CONTRACT

The Navy Bureau of Ships has awarded a $64,950,273 contract to the General Dynamics Electric Boat Division in Quincy for conversion and outfitting of three World War II tankers for tracking service for the Apollo Moon Shot Program.

The announcement of the contract award was made by Congressman James A. Burke (D-Milton) and Senator Edward M. Kennedy (D-MA).

The ships would be deployed in positions around the world to track and communicate with the Apollo manned space vehicles destined to take United States astronauts to the moon and back, hopefully within this decade. (Editor's note: They made it!)

QUINCYISMS

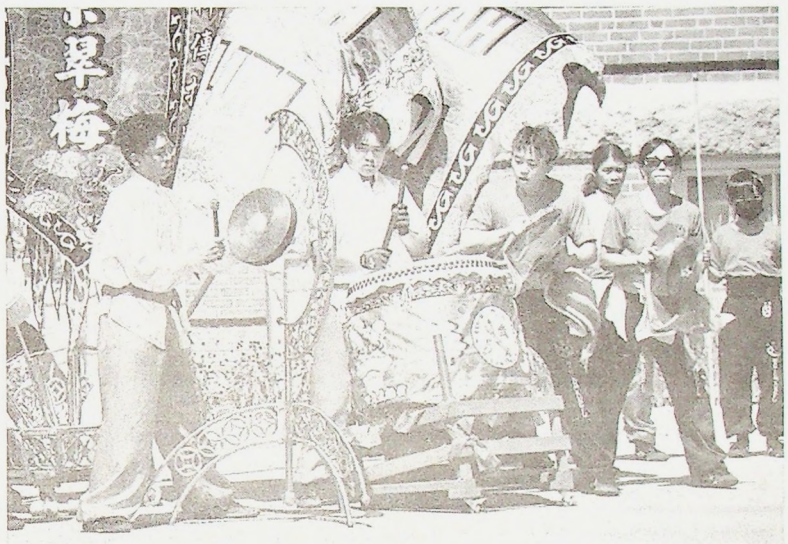
The City Council unanimously called for steps to get Lowe Fallon's Quarry into operation as sanitary landfill dump... Sheridan's Fashion Center, Hancock Street, Quincy Center, was advertising: "Electrical Automatics, (Silex Drink Mixers and Coffee Makers) for $8.99 each"... Capitol Supermarkets was advertising: "US Grade A Maine Fresh Killed Chickens for 28 cents a pound"... **John E. Donovan**, 116 Russell St., North Quincy, a Boston College graduate, was promoted to auditing officer at the First National Bank of Boston... **August V. Johnson**, 11 Verchild Street, South Quincy, recently celebrated his 90th birthday. A native of Sweden, he had lived in Quincy since 1881... Shop N' Save, South Quincy, was advertising: "Genuine Spring Lamb Legs, Oven Ready Whole, 59 cents a pound"... Three new teachers at the Squantum Elementary School included: **Miss Joan Tieman**, third grade, **Miss Barbara Golden**, first grade, and **Mr. Morris Hibbard**, sixth grade. Mr. Hibbard previously taught at the Pollard School for eight years... Circulation at the North Quincy branch of the Thomas Crane Public Library increased 70 percent over that of the old branch during the past year, **Assistant Librarian Dorothy E. Newton** reported. The new branch opened on Sept. 9, 1963. This represents an increase from 65,099 to 111,261 volumes circulated... Political newcomer **Robert F. Denvir** defeated **William A. Palmer** to win the Republican nomination for State Representative in the Second Norfolk District. Denvir, who will face incumbent **Charles L. Shea** in the November election, polled 529 votes to Palmer's 493 votes.

More Scenes From The 35th Annual August Moon Festival

Chinese chicken kabobs are prepared by Manny Pho at the 35th annual August Moon Festival hosted by Quincy Asian Resources on Coddington Street. *Quincy Sun photos/Tom Gorman*

HUNDREDS GATHERED on Coddington Street to check out food and organization vendors during the recent August Moon Festival.

QUINCY BOY SCOUT Troop 42 posts the colors during the August Moon Festival opening ceremony.



WAH LUM KUNG FU Academy of Quincy performers provide the beat for the Lion Dance.

NEW STAR COMMUNITY Arts School of Quincy students prepare to perform during the 35th annual August Moon Festival hosted by Quincy Asian Resources, Inc.

SPECTATORS APPLAUD the Lion Dance.

LIU YE PERFORMS a Prairie Chinese Dance.

BLACK DIAMOND performs on stage at the 35th annual August Moon Festival.

Social

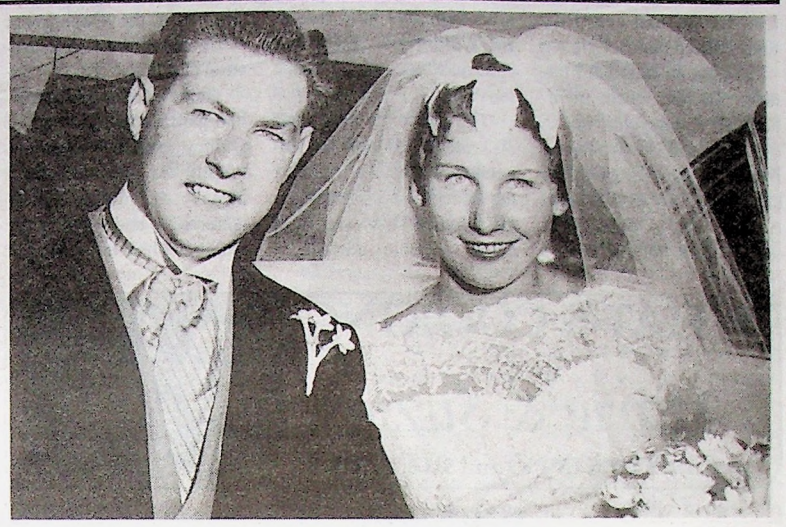
ROBERT AND SUSAN HARVEY of Quincy on their wedding day Aug. 27, 1972. They are celebrating their 50th wedding anniversary. *Courtesy Photo*

Robert And Susan Harvey Celebrating 50th Wedding Anniversary

The daughters of Robert F. and Susan P (McLatchy) Harvey announce the 50th wedding anniversary of their parents. They were wed on Aug. 27, 1972 at St Joseph's Church in Woburn.

They moved to Quincy where they lovingly raised their family.

Their children are Kristen, Karen and the late Bobby Harvey, and their daughter in law Jennifer Harvey Dondero. They are dearly loved by their five grandchildren, Tommy, Jenna and Julia Christian, Bobby Harvey Jr and Will Dondero. Congratulations Bob and Sue!



ARTHUR AND JOAN GIORDANI of Quincy on their wedding day Sept. 2, 1957. They are celebrating their 65th anniversary. *Courtesy Photo*

Arthur And Joan Giordani Celebrating 65th Wedding Anniversary

Arthur and Joan (Duffy) Giordani of Quincy recently celebrated their 65 wedding anniversary.

They were married Sept. 2, 1957 at Most Blessed Sacrament Church in Quincy. They have made their home in the Houghs Neck section of Quincy.

The couple has four children: the late Lynn Papalambros, Mark and Jeff Giordani and Joan Denise Lawless. They also have eight grandchildren.

They now spend summer home in Houghs Neck and winter in Naples, FL.

HN Garden Club Pot Luck Dinner Sept. 14

The Houghs Neck Garden Club is starting up its new year with the Annual Pot Luck Dinner on Wednesday, Sept. 14th. This special event is for members only.

The Beautification Committee has been busy all summer fighting against a long drought. Some plants have been lost and club members will be actively replacing what they can. It's very encouraging to see how many people in the area wave and call out encouragement as members work. Thanks!

We recently got a watering system built into the Leo Kelly Park, which has saved a lot of the trees and shrubs that we were in danger of losing. This is an example of where club money goes.

The Houghs Neck Garden Club looks forward to a fun and interesting year ahead.

As always, new members are welcome. Interested in joining? Call or text Joanne Bythrow at 617-347-3901.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts and a 501C3 non-profit organization.

Bake Sale Saturday At HN Chowdafest To Benefit Homeless Assistance Program

The Houghs Neck Congregational Church will sponsor the bake sale at the Chowdafest to benefit the McKinney-Vento Homeless Assistance Program at the Quincy Public Schools.

The bake sale and chowdafest will take place at the public landing, Bay View Avenue, Saturday, Sept. 10 from 2 to 6 p.m.

The McKinney-Vento Homeless Assistance Program helps children in the local school system who are in transition.

Individuals who are eligible to receive these services include children and youth who:

- Do not have a permanent home.
- Live in motels, hotels, scattered sites, trailer parks or campgrounds.
- Live in cars, parks, public places, abandoned buildings, or similar settings.
- Share the housing of other persons due to the loss of housing, economic hardship, or a similar reason.
- Are considered an unaccompanied youth not in the physical custody of a parent or guardian.

Some of the ways this program assists students could be gift cards for groceries and clothing, personal items/toiletries, school supplies, bedding supplies, athletic gear, dues and fees, yearbooks, prom packages, graduation expenses, and much more.

Among the services provided include meals and referrals to food stability programs, transportation to their school of origin, tutoring, mentoring, school supplies, fees for athletics and field trips, clothing, and much more.

How can you help?

Come to the Chowdafest and make a financial donation at the Bake Sale table.

Do you like to bake? Bake cookies or brownies or bars to donate to the table. Package the cookies six to a bag and the brownies or bars four to a bag. Bake sale volunteers from the church will be setting up Saturday beginning at noon.

Eustis Estate Exhibit Sunday Celebrates History Of Tattooing

Visit the Eustis Estate Sunday, Sept. 11 for a day of fun in celebration of the newest special exhibition Loud, Naked & in Three Colors: the History of Tattooing in Boston.

Enjoy circus performers, live music, and lawn games. Sample an exclusive beer from Sam Adams Taproom in honor of the exhibition.

Explore the 1870's mansion and the special exhibition galleries for an exciting look at the history of tattoo art in Boston. Ticket includes admission to the exhibition and one beer (more available for purchase along with food options).

There are two entry times: noon and 2:30 p.m.

Tickets are $15 for adult members; $35 for adult nonmembers and children 18 and under are free.

The event is funded in part by the Massachusetts Office of Travel and Tourism. Call 617-994-6600 or visit https://my.historicnewengland.org/13896/eus-painted-picnic for more information.

The Eustis Estate is located at 1424 Canton Ave., Milton.

Six Residents Graduate University Of Rhode Island

Six Quincy residents recently earned degrees at the University of Rhode Island in Kingston, R.I.

They are:

Antonia M. Alvarado, John Patrick Meade, Isabel Kathleen Murphy, Thomas Martin Feeney, Patrick Edward Haverty and Thomas Hurley Kelly.

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Local Organizations Join Up For 'Bike To The Beach And Boogie'

Fifty Quincy locals joined Quincycles and A Trike Called Funk on Aug. 13th for the first ever Bike to the Beach and Boogie.

The event started at Mattapan Station, where members of Quincycles began their bike ride to Wollaston Beach in Quincy. On the beach they were met with A Trike Called Funk, who set up their mobile dance floor and DJ booth. Fifteen bicyclists from Quincycles enjoyed dancing together after their five mile ride as Ed Word Galan DJed and A.a.ron Myers taught dance moves.

The dance brought over 30 other onlookers together as they walked past the beach and joined in on the boogie. This event was made possible through a grant from Save the Harbor/Save the Bay's Better Beaches Program partnership with the Department of Conservation and Recreation (DCR).

Quincycles is a non-profit organization made up of Quincy residents that work to promote bicycling as a means of transportation, recreation, and exercise in Quincy. They advocate for bicycle infrastructure in the city, working to make street conditions better for bicyclists.

"We got to partner today with an awesome group called A Trike Called Funk. We wanted to show people how to Bike to the beach in Quincy from Boston," said Irene Lutts, president of Quincycles. "We started with a ride from Mattapan, biked the Neponset trail, came over the bridge, went through the backroads to here and danced our butts off. It was so much fun."

"We are going to different Boston area beaches in order to do what we did today: we pop up and put down our portable dance floor," said A.a.ron Myers, co-founder of A Trike Called Funk. "We've got a little sidewalk chalk, we got some instruments in case people don't want to dance. There's many ways to be creative and we're just trying to bring it out in any way possible."

"It's just beautiful to be outside with the other people who are out here, just enjoying themselves," said Ed Word Galan, co-founder of A Trike Called Funk. "They just stumble across something like this where we're just inviting them to come and get down with us. It's a nice little flow instead of being downtown, where people are on their way to work. They may be busy, but here, people's state of mind is just free and open."

"We are always amazed by the everyday people who have extraordinary creativity," said Myers. "They inspire us every time to keep unleashing creativity, connecting people and building community."

According to Save the Harbor/Save the Bays Development Director Patricia Salic, free beach events like this would not be possible without their program partners and event sponsors, including Arctic Chill and Harpoon Brewery, JetBlue, FMC Ice Sports, P&G Gillette, National Grid, Coast Cannabis, the Daily Catch, Comcast, Mix 104.1, iZotope, Inc, The Blue Sky Collaborative, Boston & Maine Webcams, BostonHarbor.com, The Boston Foundation, and The Richard Saltonstall Charitable Foundation.

In addition, Save the Harbor recognized the Metropolitan Beaches Commission Co-Chairs Senator Brendan Crighton of Lynn, and Representative Adrian Madaro of East Boston and the legislative and community members of the Commission as well as Senate President Karen Spilka and House Speaker Ron Mariano for their support for their beaches and communities. Save the Harbor also thanked the Baker-Polito Administration, the Massachusetts Legislature, Save the Harbor's partners at the Department of Conservation and Recreation, the Boston Centers for Youth & Families, the YMCA of Greater Boston, and the hundreds of people who took part in the Shamrock Splash for their support.

To learn more about Save the Harbor/Save the Bay and the great work they do to restore, protect and share Boston Harbor, the waterfront, islands, and the region's public beaches with all Bostonians and the region's residents, visit their website at www.savetheharbor.org and follow @savetheharbor on social media.

MEMBERS OF QUINCYCLES and A Trike Called Funk pose on Wollaston Beach after a bike ride and dance session.

A.A.RON MYERS and Ed Word Galan show off their dance moves during the Bike to the Beach and Boogie.

MEMBERS OF QUINCYCLES, A Trike Called Funk, and passersby joined together to dance on Wollaston Beach.

Courtesy Photos

WHAT'S COOKING with *Marie & Suzie*

By MARIE D'OLIMPIO and SUZIE FALCO

Whoopie Pies

By MARIE

Too many cooks did not hurt the gathering at our Baking Club as we all gathered around the table making delicious, delectable Moon Pies aka Whoopie Pies.

Each of us contributed by measuring, stirring and anticipating the results, which were wonderful, almost like the Whoopie Pies of days gone by.

Pre-heat oven to 350-degrees;
Grease a cookie sheet

INGREDIENTS and DIRECTIONS:

2 cups all-purpose flour
½ teaspoon salt
1 teaspoon baking soda
1/3 cup of cocoa
1 cup sugar
¾ cup milk
1 egg
1/3 cup Crisco or spray
1 teaspoon vanilla

Mix all ingredients all together and blend well.

Scoop tablespoons of batter onto the greased cookie sheet and bake them for 10 minutes.

Whoopie Pie Filling

¾ cup of Crisco
¾ powdered sugar
6 tablespoons marshmallow fluff
1 teaspoon of vanilla
With an electric mixer, beat all ingredients until creamy and smooth.

When the pies come out of the oven and are completely cool, spread the filling on the flat side of the pie; then top with another pie.

Simple Breakfast Smoothie For Kids

By SUSIE

No time for breakfast?

Here is a delicious simple smoothie for your child to head off to school with. This has protein, healthy fats, carbohydrates, and important nutrients that will keep them alert until snack time!

Sunbutter is made from sunflower seeds and is great for those who need to stay away from nuts in general. No one will taste the avocado so no skimping!

- 1 ripe frozen banana, cut into chunks (cut before freezing!)
- 1 tablespoon maple syrup (the real stuff)
- ½ ripened avocado
- 1 heaping tablespoon cocoa powder (raw cacao is best)
- 2 tablespoons peanut butter or sunbutter (for children allergic to nuts)
- 1 teaspoon flax seeds
- 1 teaspoon vanilla extract
- 1 cup organic whole milk (or nut milk)

Blend in high speed blender and serve!

Healthy School Snacks

By SUSIE

Individual hummus servings are available in many places now and come in a variety of flavors. Packing one of these with some whole grain crackers, pita bread, tortilla, or vegetable sticks make a nutritious and tasty snack.

A thermos full of leftover soup, stew, chili, or pasta makes a great snack/lunch and as long as you invest in a good thermos (normally around $25.00 but worth it) everything will stay nice and hot.

Greek yogurt dips make a filling snack as well. Buy the full fat organic kind and just mix in some sea salt, pepper, garlic powder, onion powder, and fresh herbs. Your kids will love it served with crackers or vegetables, or some rice chips. (I like Lundbergs brand.)

A great drink option would be ORGAIN drinks for kids. They come in strawberry, vanilla, or chocolate and the kids drink these up. They contain protein, vegetables, and fruits and are loaded with important vitamins and minerals that they need to keep their energy levels up. These need to be cold, so make sure you put an ice pack with these.

Here is a great recipe for **pumpkin bread** that is grain free to pack as well. Pack with a container of cream cheese or some butter for them to spread on.

1 1/2 cups blanched almond flour (I use Honeyville brand, it is the best!)
3 eggs
1/2 cup kerrygold butter (or another grass fed butter)
1 cup pureed pumpkin (I use canned for simplicity)
1 teaspoon vanilla
1 teaspoon cinnamon
1/2 teaspoon nutmeg
1/2 teaspoon sea salt
1/2 cup dark chocolate chips (I use LILLY'S no sugar added brand.)

Cream together butter and sugar. Add in vanilla and eggs and beat well. Now add flour and baking soda, as well as spices. Combine and fold in chips.

Spoon into greased loaf pan and bake at 350 degrees for about 45 or 50 minutes.

Social Security Matters

Ask Rusty – Younger Widow Asks About Survivor Benefits

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: My husband died several years ago in 2019. It is my understanding that I should be receiving some portion of his Social Security payments. However, when I called to notify Social Security that he passed, they told me not to touch his last check because it would be taken back. I was 8 years younger than my husband, so I am still only 58. I also have always made more income than he did. How do I find out if there is some sort of residual that I should still be receiving? **Signed:** ***Widowed Wife***

Dear Widowed Wife: The reason you were told "not to touch" your husband's last check is because benefits are not payable for the month a person dies. Social Security pays benefits in the month following the month they are earned, so someone who dies before month ends isn't entitled to benefits for that month. Social Security will, indeed, take that payment back. As a survivor, you aren't entitled to those benefits because they were awarded to your deceased husband and will be taken back because he didn't live the full month.

As for any benefits you are entitled to as your husband's survivor, you cannot collect a monthly survivor benefit until you are at least 60 years old (unless you are disabled, in which case you can collect as early as age 50). Sixty is the earliest age to collect survivor benefits, but claimed at age 60 the survivor benefit will be reduced by 28.5% from what it would be at your full retirement age (FRA) of 67. Survivor benefits reach maximum at your FRA, but taken any earlier will be reduced by .396% per month early, to a maximum reduction of 28.5%. You are, however, entitled to a one-time lump sum death benefit of $255, for which you can contact Social Security at 1.800.772.1213 (or at your local SS office).

You should also be aware that taking any monthly SS benefit before reaching your full retirement age of 67 will subject you to Social Security's "earnings test," which limits how much you can earn before they take back some (or all) of your benefits. The earnings limit changes annually but for 2022 the limit is $19,560 and, if that is exceeded, SS will take back benefits equal to $1 for every $2 over the limit (they "take back" by withholding future benefit payments or requiring you to repay in a lump sum). If you're working full time and earning substantially more than the annual earnings limit, it's usually not prudent (and may not even be possible) to claim your monthly survivor benefit before your full retirement age.

From what you've shared, it doesn't appear that you are currently entitled to any Social Security survivor benefit, other than the one-time death benefit of $255. You may consider claiming a survivor benefit when you are sixty, but your work status and earnings level may restrict or eliminate your ability to collect a monthly survivor benefit at that time. Once you reach your FRA, however, the earnings test no longer applies, and you can apply for any benefit available to you. When the earnings test goes away at your FRA, you can also choose to take your smaller survivor benefit first and let your personal SS retirement benefit grow, to maximum at age 70 if you wish.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.

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Legislature Passes, Governor Signs Mental Health Reform Legislation

The Massachusetts Senate and House has passed the Mental Health ABC Act: Addressing Barriers to Care (ABC), comprehensive legislation to continue the process of reforming the way mental health care is delivered in Massachusetts, with the goal of ensuring that people get the mental health care they need when they need it.

The Mental Health ABC Act is driven by the recognition that mental health is as important as physical health for every resident of the Commonwealth and should be treated as such. The final conference report proposes a wide variety of reforms to ensure equitable access to mental health care and remove barriers to care by supporting the behavioral health workforce.

"I'm incredibly proud of the mental health legislation passed today that will help to address the behavioral health crisis that so many of our residents are currently experiencing, and that will move us closer to treating mental and physical health equally," said House Speaker Ronald Mariano (D-Quincy). "This legislation builds upon our long-standing efforts to advance important reforms that are aimed at improving our behavioral health care delivery system. I want to thank Chairman Madaro and the conferees, my colleagues in the House, as well as Senate President Spilka and our partners in the Senate for prioritizing increased support for the Commonwealth's mental health infrastructure."

"Given the challenges of the last couples of years, it has become especially clear how paramount mental health support systems are to one's overall health," said state Rep. Tackey Chan (D-Quincy). "I'm proud that the Legislature passed this bill that invests in and expands our mental health services, ensuring residents have access to necessary medical care."

"COVID has made us all acutely aware of the weaknesses in our mental health care delivery system," said state Sen. John F. Keenan (D-Quincy). "This legislation represents a big step towards creating a more comprehensive and robust mental health system, helping people who have been for too long struggling alone with mental illness."

"Mental health care continues to be of the utmost importance, and this legislation goes a long way towards addressing that," said state Rep. Bruce Ayers (D-Quincy). "This bill will ensure our residents have access to the mental health care they need, which after the last couple of years especially is vital for people of all ages and backgrounds."

The following is an overview of The Mental Health ABC Act:

Guaranteeing Annual Mental Health Wellness Exams. A cornerstone of this reform is the idea that a person's mental health is just as important as a person's physical health. This bill would codify this principle by mandating coverage for an annual mental health wellness exam, comparable to an annual physical.

Enforcing Mental Health Parity Laws. This bill provides the state with better tools to implement and enforce parity laws by creating a clear structure for the Division of Insurance to receive and investigate parity complaints and ensure their timely resolution. Other tools include parity enforcement for commercial, state-contracted and student health insurance plans, increased reporting and oversight of insurance carriers' mental health care coverage processes and policies, and reasonable penalties and alternative remedies for when an insurance company does not comply with the law.

Initiatives to Address Emergency Department Boarding. For many people with acute mental health needs, the only place to get help is an emergency department (ED). Unfortunately, these patients may wait days, weeks, and even months for more appropriate admission to an inpatient psychiatric unit or less acute level of care.

This is referred to as 'boarding,' which continues to rise dramatically. This legislation tackles this by creating online portals that provide access to real-time data on youth and adults seeking mental health and substance use services and includes a search function that allows health care providers to easily search and find open beds using several criteria; requiring the Health Policy Commission (HPC) to prepare and publish a report every three years on the status of pediatric behavioral health as the youth boarding crisis is particularly acute; requiring the Center for Health Information and Analysis (CHIA) to report on behavioral health needs; updating the expedited psychiatric inpatient admissions (EPIA) protocol and creating an expedited evaluation and stabilization process for patients under 18; codifying in statute the working group tasked with implementing the EPIA in law.

988 Implementation and 911 Expansion. This legislation increases access to immediate behavioral health care through the im-

Cont'd On Page 11

Health Screenings At Sons Of Italy Oct. 19

Residents living in and around Quincy can learn about their risk for cardiovascular disease, osteoporosis, diabetes, and other chronic, serious conditions with affordable screenings by Life Line Screening.

Quincy Sons of Italy Hall, 120 Quarry St., Quincy will host this community event on Wednesday, Oct. 19.

Screenings can check for:

- The level of plaque buildup in your arteries, related to risk for cardiovascular disease, stroke and overall vascular health.
- Narrowing of the smaller arteries of your ankles and feet, called Peripheral Arterial Disease
- HDL and LDL Cholesterol levels
- Bone density as a risk for possible osteoporosis

Free parking is also available.

Screening package pricing starts at $159, but consultants will work with you to create a package that is right for you based on your age and risk factors.

Call 1-877-237-1287 or visit the website at www.lifelinescreening.com. Pre-registration is required.

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About us
Atlantic Coast Engineering("A.C.E.") is a full-service engineering, surveying, and construction management firm with offices in Scituate, MA, Quincy, MA, Hingham, MA and West Palm Beach, FL.

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

On Friday, Aug. 26, at approximately 11 a.m., Quincy Police dispatch received a call from a female who stated that a male just kicked in her apartment door and stole her car keys and the car.

Quincy Police dispatch broadcasted the description of the vehicle. Multiple officers responded to the area of the incident.

Within moments, Officer G. Hartnett observed the vehicle at the intersection of Hancock Street and Merrymount Parkway. The vehicle was stopped on Hancock Street in the right travel lane.

Officer Hartnett attempted to make contact with the operator. Once the operator/suspect noticed Officer Hartnett, he immediately took a left turn, crossing multiple lanes of traffic, to proceed down Merrymount Parkway. Detail Officers Minton and Brokmeier stopped all traffic on Merrymount Parkway. Officer Murphy activated his cruiser's emergency blue lights and siren in an attempt to conduct a traffic stop of the vehicle.

The suspect performed a three point turn in the middle of Merrymount Parkway and proceeded back towards Hancock Street. While approaching Hancock Street, the suspect failed to stop for the red light at Merrymount and Hancock St. He proceeded to take a right hand turn onto Hancock Street. He then took a left hand turn onto Standish Avenue. He then failed to stop at the stop sign at the intersection of Standish and Warren Avenues. At that time, Officer Murphy lost sight of the suspect vehicle.

Once Officer Murphy approached the area of Warren Avenue and Newton Avenue, he witnessed the suspect vehicle crash into a parked vehicle. The suspect's vehicle became disabled. Officer Murphy witnessed the suspect exit the motor vehicle and run into backyards on Newton Avenue. Officer Murphy ran after the suspect but lost sight of him after the suspect jumped multiple fences. Responding Officers Mitchell and Miller located the suspect in the yard of a residence on Standish Avenue. They were able to place the suspect into custody without further incident.

Officer Watkins then went to speak with the female victim/caller. She stated the suspect, who was known to her, kicked-in her apartment door. He yelled that if he didn't find the keys to the car, he would destroy the place. The suspect dumped all the contents out of the victim's purse. He located the keys to the vehicle and proceeded to exit the apartment and make his way to the vehicle. The suspect initially took the victim's cell phone, but returned it to her. She was then able to contact the Quincy Police.

The suspect, a 28-year-old male from Plymouth, was transported to the Quincy Police Station where he was booked on the following charges: assault, breaking and entering a building in the daytime to commit a felony, defacing property (the broken door and a broken fence), marked lanes violation, speeding, failure to stop/red light violation, reckless operation of a motor vehicle, failure to stop for police, leaving the scene of property damage and operating with a suspended license (subsequent offense).

Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, AUG. 26

BREAKING AND ENTERING/PAST, 2:11 p.m., Sixth Avenue. Reporting party noticed her driveway's side knob is jammed. Reporting party is not sure if anyone came in but nothing is missing at the moment. Happened sometime last night. Report to be filed.

LARCENY (just occurred), 8:38 p.m., Granite Street. Five minutes ago suspects took three cases of beer from the side of building. Possibly still in parking lot. Chevy Malibu, Nissan Altima. Three black female suspects. Report to be filed.

BREAKING AND ENTERING/PAST, 11:57 p.m., Quincy Shore Drive. States nephew broke into house on Aug. 26 between 5 a.m. and 5 p.m. with a key. Wants to speak to officer. Reporting party advised. Waiting until morning to gather more details.

SATURDAY, AUG. 27

BREAKING AND ENTERING/PROGRESS, 6:13 a.m., Hancock Street. Site security is watching a live feed and watched two people enter the construction site. One wearing orange shirt and one in a green shirt. Parked a white truck on the eastern side of the area. Parties are from the construction company and they are permitted to be there.

LARCENY (two tires), 2:15 p.m., Quincy Avenue. Two tires were put on, driver took off with car out of garage. Manager has name and address to customer. MA registration comes back to Braintree, MA. Officer attempting to make contact with party. Not able to make contact with parties. NIBRS to be filed.

LARCENY (stolen wallet), 3:51 p.m., Hancock Street. Dropped in the store, unknown party took employee's wallet. Has air tag in it. Employee would like to see officer. Report to be filed. Reporting party unsure if she left wallet in Target or on train. Spoke to employee at JFK and did not locate item.

LARCENY (blue/white moped), 3:59 p.m., Brook Road. Chain is cut off and lock gone. Was parked/locked in the back by the porch. Report to be filed.

SUNDAY, AUG. 28

LARCENY (furniture), 9:46 a.m., Safford Street. Patio furniture on the porch. Has security footage showing a resident in the neighborhood stealing reporting party's furniture. Happened around 8:42 p.m. last night. Spoke to both victim and suspect. Report.

LARCENY (items), 3:01 p.m., Clay Street. Reporting party will be outside.

LARCENY/MOTOR VEHICLE (just occurred), 7:04 p.m., Adams Street. Keys taken from locker, staff checking cameras. Reporting party is at front desk. Female victim transported home. Mileage recorded. Stolen vehicle record entered.

MONDAY, AUG. 29

LARCENY (past/equipment), 9:59 a.m., Commander Shea Boulevard. In QPD lobby. States that two employees took scanners, uniforms, badges on Friday. Aug. 26. Reporting party does not have any footage of them taking it but tried confronting one of the employees about it on Sunday, Aug. 28 since the employee logged into the scanner using their employee ID. Reporting party said the employee will not give it back unless he is paid but reporting party states he is trying to sell the scanner. Reporting party does have both employees info. Report to be filed.

LARCENY (deposit) 10:39 a.m., West Elm Avenue. Reporting party states she paid $3,600 for door deposit on June 22nd. Employee said it would take about five weeks for delivery. Reporting party states she has been contacting company about updates for her door but keeps making excuses about when it come. Reporting party requested money back but company refused and does not want to do business with reporting party anymore. Both parties advised. Civil matter.

LARCENY/MOTOR VEHICLE (motorcycle), 10:57 a.m., East Howard Street. Reporting party states someone stole his motorcycle on Aug. 28 around 1:30 a.m. Reporting party does have security footage of the suspect taking the motorcycle. Stolen form filed. Report to be filed.

BREAKING AND ENTERING/PAST, 12:31 p.m., Andrews Road. Serviced. Misunderstanding. No break occurred.

ASSAULT AND BATTERY (past), 12:44 p.m., South Street. Reporting party wants to report an assault and battery in the past and larceny of a $180 bike. Report to be filed.

LARCENY (wallet), 1:46 p.m., Granite Street. Wallet went missing. He asked management to see if there was security footage but was denied. Wallet contains LTC, driver's license, employee ID, couple debit/credit cards and around $60 cash. Reporting party already stopped the cards but there was still two purchases pending made on the account. Party did not have any loss of money. Will file an online report.

BREAKING AND ENTERING/PAST (recurring), 4:59 p.m., Coddington Street. Reporting party believes someone has been entering the business repeatedly in the overnight hours. Reporting party said she has come back in the morning and the door will be open and there is damage to a different part of the building possibly an entry point. NIBRS. K-9 cleared the building.

VANDALISM/PROPERTY (past), 5:35 p.m., Sumner Street. Reporting party noticed this afternoon that his grill cover was melted shut. Claims someone came and turned it on. Requesting to speak with an officer. Case number provided.

TUESDAY, AUG. 30

LARCENY (ex-employee), 10:36 a.m., Willard Street. Trespassed by loss prevention in the presence of Ptl. Potter. Report filed.

LARCENY (wallet stolen), 10:52 a.m., Seaport Drive. Taken from patient room, was in a night stand. Director needs to report with officer. Case number provided. Report to be filed.

VANDALISM/PROPERTY (zip ties), 11:02 a.m., Sunrise Road. Reporting party states someone cut the zip ties from his ac from the side of the house. Has possible picture of suspect's vehicle. Happened Aug. 25 around 10:15 a.m./- 1:45 p.m. Report.

LARCENY, 11:14 a.m. Willard Street. Report to be filed.

LARCENY (purple bicycle), 1:02 p.m., Verchild Street. Was stolen earlier, possibly this morning from home. Caller did not report. Air tag showing on iPhone, bike is at address. Reporting party is with mother in car out front in a white Honda Odyssey. Report.

LARCENY/MOTOR VEHICLE (past), 7:16 p.m., Martensen Street. 2021 blue Wicked Moped stolen last night. Wires were cut. Stolen motor vehicle filed. No suspect information. Case provided to caller.

LARCENY/MOTOR VEHICLE (trailer), 9:53 p.m., Hancock Street. Florida registration. No suspect information.

WEDNESDAY, AUG. 31

LARCENY/MOTOR VEHICLE (past), 4:42 a.m., Greystone Street. Grey Honda Accord. Officer to file and returning with paperwork for the vehicle. No suspect information at this time.

LARCENY, 8:18 a.m., Willard Street. Case number provided. Trespassed in the presence of Ptl. Sanservo. Report and charges to be filed.

Total Calls For Service (Aug. 26 - Aug. 31): 936

Larceny Motor Vehicle: Greystone Street, Hancock Street (trailer), Martensen Street, East Howard Street, Adams Street

Breaking Entering in the Past: Coddington Street, Sixth Avenue

Lynch Letter Opposes 'Buy Now, Pay Later' Financing For Gun Purchases

U.S. Rep. Stephen F. Lynch (MA-08), Chairman of the Task Force on Financial Technology, recently sent a letter to Credova CEO Dusty Wunderlich requesting information regarding the use of Credova's "Buy Now, Pay Later" (BNPL) services to finance online purchases for guns, ammunitions, and firearm accessories.

BNPL allows consumers to purchase and immediately take possession of an item after agreeing to pay the purchase price over a fixed period of time, and Credova has aggressively advertised this payment option for the purchase of guns in the United States. U.S. Reps. Carolyn B. Maloney (NY-12), Alma Adams (NC-12), Al Green (TX-09), and John Larson (CT-01) cosigned the letter.

"Amid more than 100 daily gun-related deaths and recurrent mass shootings nationwide, the U.S. continues to endure a devastating gun violence epidemic that we firmly believe will only be exacerbated by this misguided and egregious business practice," the members wrote in their Aug. 29 letter.

"We are concerned that the ease with which buyers can acquire guns through BNPL will result in more guns and increased gun violence in our nation's communities. As the online gun market continues to grow exponentially, public safety clearly demands that we conduct robust oversight of Credova Financial, LLC's Buy Now, Pay Later services."

As underscored in a June 2022 New York Times report, Credova has actively sought to partner with gun merchants to market BNPL financing for gun sales. The company currently partners with more than 60 online gun and hunting supply retailers, has initiated a sweepstakes in partnership with the U.S. Concealed Carry Association, and has fundraised on behalf of the lobbying arm of the National Rifle Association.

During a hearing held on Nov. 2, 2021, by the Task Force on Financial Technology, several witnesses identified a number of consumer protection and public safety risks associated with BNPL.

The letter requests that Credova Financial, LLC respond with information on the use of its BNPL services in gun sales by Sept. 26, 2022.

Legislature Passes, Governor Signs Mental Health Reform

Cont'd From Page 9

plementation of the nationwide 988 hotline to access 24/7 suicide prevention and behavioral health crisis services. This legislation also expands 911 to bridge the gap until 988 is implemented by increasing training, funding, and capacity for regional emergency responses to behavioral health crises.

Red Flag Laws and Extreme Risk Protection Orders. This bill initiates a public awareness campaign on the Commonwealth's red flag laws and extreme risk protection orders (ERPOs) that limit access to guns for people at risk of hurting themselves or others.

Reimbursing Mental Health Providers Equitably. Mental health and primary care providers are reimbursed at different rates for the same service. The bill seeks to level the playing field for reimbursement to mental health providers by requiring an equitable rate floor for evaluation and management services that is consistent with primary care.

Reforming Medical Necessity and Prior Authorization Requirements. This bill mandates coverage and eliminates prior authorization for mental health acute treatment and stabilization services for adults and children. It also establishes a special commission to bring all stakeholders to the table to study and make recommendations on the creation of a common set of medical necessity criteria to be used by health care providers and insurance carriers for mental health services.

Creating a Standard Release Form. Behavioral health providers struggle in the era of electronic health records and care coordination to create systems that simultaneously protect an individual's right to consent to share sensitive health information and allow practitioners to access the information they need to treat the individual and coordinate care. This bill directs the development of a standard release form for exchanging confidential mental health and substance use disorder information to facilitate access to treatment by patients with multiple health care providers.

Increasing Access to Emergency Service Programs. Emergency Service Programs (ESPs), which are community-based and recovery-oriented programs that provide behavioral health crisis assessment, intervention, and stabilization services for people with psychiatric illness, are currently covered by MassHealth. The bill would require commercial insurance companies to cover ESPs as well.

Expanding Access to the Evidence-Based Collaborative Care Model. The collaborative care model delivers mental health care in primary care through a team of health care professionals, including the primary care provider, a behavioral health care manager, and a consulting psychiatrist. This evidence-based access to mental health care has proven effective, less costly, and less stigmatizing. The bill would expand access to psychiatric care by requiring the state-contracted and commercial health plans to cover mental health and substance use disorder benefits offered through the psychiatric collaborative care model.

Reviewing the Role of Behavioral Health Managers. Some insurance companies have subcontracted mental health benefits to specialty utilization management companies for years with mixed results. The bill directs the Health Policy Commission, in consultation with the Division of Insurance, to study and provide updated data on the use of contracted mental health benefit managers by insurance carriers, often referred to as 'carve-outs.'

Tracking and Analyzing Behavioral Health Expenditures. This bill includes a critical first steps toward incentivizing greater investments in mental health care within the analysis of statewide health care cost growth. Specifically, the bill directs the Center for Health Information and Analysis (CHIA) to define and collect data on the delivery of mental health services to establish a baseline of current spending.

Establishing an Office of Behavioral Health Promotion. Current behavioral health promotion activities are spread across state agencies. This dilutes the responsibility for mental health promotion and focus on the issues and undermines the important work being done. The bill establishes an Office of Behavioral Health Promotion within the Executive Office of Health and Human Services (EOHHS) to coordinate all state initiatives that promote mental, emotional, and behavioral health and wellness for residents. The new office is tasked with tailoring mental health messaging and intervention to veterans and first responders. It also creates a student advisory council to guide the office on meeting the mental health needs of the Commonwealth's students.

Increasing Access to Care in Geographically Isolated Areas. This bill directs the Department of Mental Health (DMH) to consider factors that may present barriers to care—such as travel distance and access to transportation—when contracting for services in geographically isolated and rural communities.

Enhancing School-based Behavioral Health Services and Programming. This bill improves the wellness of young people by enhancing school-based behavioral health supports and increasing access points for effective behavioral health treatment by limiting the use of suspension and expulsion in all licensed early education and care programs and creating a statewide program to help schools implement school-based behavioral health services.

Increasing Access Points for Youth for Effective Behavioral Health Treatment. To support treatment accessibility for young people, this bill requires behavioral health assessments and referrals for children entering the foster care system.

Expanding Insurance Coverage for Vulnerable Populations. Critically, this legislation implements a technical fix to ensure individuals over 26 years old who live with disabilities can remain on their parents' health insurance.

Creating a Roadmap on Access to Culturally Competent Care. Under this provision, an interagency health equity team under the Office of Health Equity, working with an advisory council, will make annual recommendations for the next three years to improve access to, and the quality of, culturally competent mental health services. Paired with the Legislature's ARPA investment of $122 million in the behavioral health workforce through loan repayment assistance programs, this roadmap will make great strides toward building a robust workforce reflective of communities' needs.

Allows for an Interim Licensure for Licensed Mental Health Counselors. The bill creates an interim licensure level for Licensed Mental Health Counselors (LMHCs) so that they can be reimbursed by insurance for their services and be eligible for state and federal grant and loan forgiveness programs, further increasing the number of licensed providers able to serve patients.

Expanding Mental Health Billing. This bill allows clinicians practicing under the supervision of a licensed professional and working towards independent licensure to practice in a clinic setting. This will help to ensure quality training and supervision and encourage clinicians to stay practicing in community-based settings.

Updating the Board of Registration of Social Workers. The bill updates the membership of the Board of Registration of Social Workers to clarify that designees from the Department of Children and Families (DCF) and Department of Public Health (DPH) be licensed social workers.

After passage by the House and Senate, this legislation was signed by Gov. Charlie Baker Aug. 10.

Baker-Polito Administration Recognizes Overdose Awareness Day, Recovery Month

In recognition of Overdose Awareness Day, an annual observance in Massachusetts and around the world, Gov. Charlie Baker, Secretary of Health and Human Services Marylou Sudders, Department of Public Health Deputy Commissioner Jennifer Barrelle, DPH Director of Bureau of Substance Addiction Services Deirdre Calvert, and other state and local officials on Aug. 29 joined families, friends, and volunteers in planting 20,000 flags on Boston Common, signifying the Massachusetts residents who died as a result of drug overdose in the past 10 years.

The Baker-Polito Administration also issued a proclamation declaring Aug. 31 Overdose Awareness Day across the Commonwealth.

The purple flags were planted at the Common's Liberty Mall in front of the State House to honor and remember individuals who lost their lives to overdose, acknowledge the loss felt by family and friends, raise awareness, and remove the stigma of drug-related deaths. An information booth was set up to offer addiction prevention and recovery support resources.

Following the planting of the flags, a moment of silent reflection was observed. In addition to the flag display, several state bridges and buildings are being lit up in purple. Other statewide events and vigils are planned and can be found at https://sadod.org/ioad-events.

Overdose Awareness Day is followed by Recovery Month, a national observance held in September to promote hope and recovery from addiction. Recovery Month celebrations and events will be held across the state. For information about these events, visit www.MOAR.org.

The Baker-Polito Administration remains focused on the opioid epidemic and continues to invest millions of dollars to expand a wide range of harm reduction, substance use awareness, treatment intervention, and recovery services. The fiscal year 2023 (FY23) budget passed by the Legislature and signed by Baker last month invests $597.2 million in total funding for a wide range of services that support individuals struggling with substance addiction and programs that work to prevent substance addiction through education, prescription monitoring, and more. This historic investment represents a fourfold investment in state funding to tackle the addiction crisis since 2015.

DPH has also expanded harm reduction programs as part of its overall overdose prevention efforts, including low-threshold housing (transitional and permanent), post-overdose support teams for overdose survivors, and mobile addiction services to improve access to treatment.

To learn more about Massachusetts' efforts to reduce addiction and prevent stigma, visit www.mass.gov/opioids.

If you or a friend or family member is struggling with substance use, please call the Massachusetts Substance Use Helpline at 800-327-5050, or visit https://helplinema.org/.

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Real Estate

Quincy Real Estate Transactions August 29 - September 2

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Kam F. Fong	Eric & Alyssa Russo	$730,000.00	195 Fayette Street
Cynthia A. Meloski	Daniel & Samantha McDonough	$565,000.00	154 Darrow Street
Ning Li	Angela C. Costanzi	$336,500.00	200 Cove Way Unit 913
Susan D. Dinsbier & Laura J. Weiner	Lili Gao	$780,000.00	240-242 Southern Artery
1928 Investments LLC	11 Prescott Terrace LLC	$265,000.00	11 Prescott Terrace
Timothy M. & Alexa S. Sequeira	Lawrence & Yazmin Fadjo 2019 Revocable Trust	$539,000.00	111 Darrow Street
Frances P. Gorham Trust	Nealon Real Estate Trust	$640,000.00	22 Bromfield Street
Colleen M. Ryan	Lee Brandenburg	$790,000.00	52 Curlew Road
William & Debra Sullivan	Vanessa Demello	$300,000.00	772 Willard Street Unit B-2
William A. & Angela M. Kasper	Karina Vera & Siyu H. Ecklund	$800,000.00	423-425 Granite Street
Moore Family Irrevocable Trust of 2010	Sam Lin & Mei S. Gao	$950,000.00	10 Windsor Road
Old Colony Development Equity Partners LLC	Compass Corporate Housing LLC	$2,500,000.00	135 Old Colony Avenue
Old Colony Development Equity Partners LLC	Compass Corporate Housing LLC	$500,000.00	129 Old Colony Avenue
First Sea Street LLC	Kristen Hall	$650,000.00	621 Sea Street Unit 2
Kristen L. Hall	Maraj Mainali & Srishti Sapkota	$559,000.00	84 West Street Unit 6
Dandan Li & Hui Z. Chen	Xujie Weng & Yan Lu	$216,300.00	133 Cmdr. Shea Blvd. Unit 102
Tuan L. Pham	Zhong H. Zhu & Wei F. Chong	$1,130,000.00	29 Hoover Avenue
Anna M. Conneely	Paul M. Mykos & Galateia R. Mykoniatis	$421,000.00	111 Sumner Street Unit 2
Tony & Phiphi C. Liang	Cong S. & Ha A. Nguyen	$815,000.00	28 Circuit Road
Steven P. & Brigid Carroll	Phillip J. Hazard & Amy P. Fontaine	$411,000.00	45 Crosby Street
7 Rawson Road Realty Trust	Songhua Cui	$1,150,000.00	7 Rawson Road
Zhigang Zhang & Jian Yang	Quincy Hancock Place LLC	$454,000.00	963 Hancock Street Unit 3C
Triple 8 Trust	Nai D. Xu & Meimei Chen	$400,000.00	279 Farrington Street Unit 2
Scott J. & Novelle C. Spragg	Sara A & Sanford T. Schaffer	$857,000.00	182 Warren Avenue
Thomas Ho	David Y. Xu	$429,700.00	200 Falls Boulevard Unit F202
Kevin O'Sullivan	She J. Chen & Ling D. Wu	$500,000.00	98 Bay View Avenue
Sullivan Irrevocable Home Trust	106108 Curtis Ave LLC	$675,000.00	106-108 Curtis Avenue
Jason & Jaewon Lee	Sukhjinder Kaur & Shyam S. Jindal	$1,100,000.00	38 Hoover Avenue
Wesley R. & Sophia Hadley	Michelle Clark	$550,000.00	42 Sachem Street
Tracey E. & Andrew J. Mullen	Jianyang & Jianwen Situ	$740,000.00	22 & 26 Shirley Street
Arthur A. & Beverly A. Jordan	Classic Property Investment LLC	$515,000.00	15 Blake Street
Rebecca C. Howard	Michael & Kristin R. Vazquez	$560,000.00	50 Lenox Street
Unit 804 115 West Squantum Street	Lin & Tiantian Wang	$282,000.00	115 West Squantum Street Unit 804
Michael Shalosky & Rachel Polston	Kara L. Clark & Danielle Bartlett	$740,000.00	22 Rogers Street
Frank F. & Si M. Zhou, Guo Q. Huang	1077-1079 Dorchester Avenue Nominee Trust	$310,000.00	211 West Street Unit 10B
John T. & Michael Donohue	Alexander N. & Peter D. Pham & Katherine Nguyen	$597,000.00	73-75 Town Hill Street
Fei & Jian P., & Yifan Wang & Chin P. Tan	Hai V. Ha & Phuong P. Le	$705,000.00	69 Watkins Street
Letian Qian, Wen Jia & Elaine Y. Liao	Melissa M. Wong & Bai J. Chen	$810,000.00	52 Royal Street
Remo P., Michael F. Stephen A. Mariano	Liangming Feng & Wen H. Liang	$820,000.00	302-304 Billings Road
Madden Revocable Trust	Anthony & Amy Devaney	$984,000.00	102 Gardiner Road

O'Donnell: August RE Activity Continues To Show Decline

Norfolk County Register of Deeds William P. O'Donnell reports the August 2022 numbers relative to Norfolk County recordings indicate a notable decrease in overall real estate activity, particularly with mortgage activity, as compared to the August 2021 numbers, but continue to show an increase in average sale prices from a year ago.

"Our data indicates that the Norfolk County real estate numbers in August demonstrate a continued slowdown in the market compared to 2021 but a slight increase from the month of July," O'Donnell said. "There were 11,640 documents recorded at the Norfolk County Registry of Deeds in August, a 29% decrease from August 2021 but up 7% from July, 2022".

"The number of deeds for August 2022, which reflect real estate sales and transfers, both commercial and residential, show a decrease of 16% from August, 2021 but an increase of 5% from the previous month of July, 2022. Sale prices climbed again when compared to 2021. The average sale price in August was $1,107,598, a 13% increase compared to August 2021, but surprisingly show a 17% decrease from July. Total dollar volume of commercial and residential sales is down, decreasing 5% from one year ago and decreasing 13% from last month," noted the Register.

Overall lending activity show a continued pronounced trend downward for the month of August. A total of 1,991 mortgages were recorded during the month, a significant decrease of 46% compared to a year ago but slightly up 6% from July, 2022. "It appears that the increase in the mortgage interest rates and the fact that many consumers have already refinanced continue to impact mortgage activity," O'Donnell said.

A continuing cause for concern in Norfolk County is the number of pending foreclosures. The Norfolk County Registry of Deeds has been closely monitoring the foreclosure market. In August, there were 7 foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, one more than in August, 2021 and two fewer than in July. However, there were 33 Notices to Foreclose, the first step in the foreclosure process, recorded in August, up significantly from the 15 recorded in August 2021.

"The dramatic increase in the number of these notices is alarming. It indicates that more of our neighbors are facing financial challenges going forward," said O'Donnell. "We will continue to track these numbers."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing

Cont'd On Page 20

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MBTA Orange Line Work On Track, Keenan Says

Cont'd From Page 1

Federal Transit Administration was in the midst of reviewing operations on the MBTA; the FTA issued its final report on Aug. 31, one day after Keenan spoke to The Sun.

"I think things had gotten to the point where safety was a concern. Obviously, the federal government was looking at the safety record of the T and the safety situation, so I think the T did what they felt had to be done, which was to get these repairs moving as quickly as possible," Keenan said of the closure of the Orange Line.

"It's difficult to do repairs on a daily basis because you have to wait for the T to shut down, you have to get set up, you do your work, you get a few hours in and then you're taking it down… so the trains can run in the morning.

"Doing it this way, I think, is something that had to be done and hopefully they will get the amount of work done that they believe they will – and they seem to be on track."

As for the Red Line, the MBTA in August posted information on its website about a planned closure at the northern end of the line starting on Oct. 30, but then removed the information, according to screenshots shared by a WBUR journalist. Service would end at Davis station, the line's penultimate stop, on weekdays and at Park Street on weekends, the since-removed post stated.

The MBTA may be waiting for the Orange and Green lines – the latter which is closed until Sept. 19 between Government Center and Union Square as work on the extension north to Medford continues – to reopen before focusing on the Red Line, Keenan said.

"There have been rumors of that," he said of Red Line closure. "We have reached out. There is nothing firm, so I really have nothing to report on that.

"What I've heard is that it may involve the northern end of the Red Line – up by Alewife and that area there – but I have not been able to confirm that. I think it's still under consideration and I think they're just focused on getting through the Orange Line 30-day shutdown, handling the limited shutdown of the Green Line presently through Union [Square] and then, on the Red Line, repairs that they continue to do."

Keenan is an MBTA rider, using the Red Line to commute from Quincy to the State House in Boston. He also takes the other subway lines from time to time, and said he was last on the Orange Line in early August. When asked to compare the two lines, Keenan said that Red Line trains appear to be in better shape.

"Red Line trains are old but from the exterior they seem to be in good shape. There's not a lot of evident rust. You can tell they're old, but there is not a lot of evident rust. The insides are clean," he said.

"On the Orange Line, the insides are clean, but the outsides of the trains, there is obvious signs of rust. They just look older than the Red Line trains. It might be because of the manufacturer of the vehicles, whatever manufacturer they used many years ago when they purchased them, but the Red Line [trains] definitely look better, more solid than the Orange Line. The Orange Line [trains] look rustier, less solid. Inside I find them both to be clean. The quality of the ride seems to be about the same on both. The biggest difference to me is how they appear."

The MBTA is in the process of replacing its entire fleet of Orange and Red Line trains. T officials have said the new cars will comprise the bulk of the Orange Line fleet once the line reopens later this month. Replacement of the Red Line cars has lagged behind, Keenan said.

"There is no set date as to when we will meet certain milestones or when we will have 50 percent of cars being new. There are no milestones at this point," he said. "Between a slow start at the plant and then COVID on top of that and the supply-chain issues, it's really thrown it into a bit of a mess."

The MBTA, and public transportation statewide, needs to be a priority for whoever is elected governor this fall, Keenan said.

"The MBTA is so critical to the Greater Boston area – not just Boston itself, but the Greater Boston area – to the quality of life of people. It's their means of getting to work, getting to doctor's appointments, to school. It's just enormously important," he said.

"Then we also have to focus on not only the Red Line and the Orange Line, but we've got to make sure the buses are running well, and we've got to look and make sure our regional transit authorities – which are critical in other parts of the commonwealth – are in good order.

"Coming back to the local side of things, I think we have to give more consideration to ferry service. We have it running from Squantum Point Park to Winthrop and to Boston and Rep. Ayers, myself, the whole delegation, have been working and we've been working with Sen. Edwards from East Boston on an expansion.

"We've got some money that we've set aside. They're facing issues in East Boston with the tunnel closure…so ferry seems to make sense. Last week, I went out on the water with Sen. Edwards and somebody from Sen. Crighton's office and we did the route from Boston, Quincy and Winthrop just to get a sense of where it's at and where it's working."

Keenan was optimistic the state could use federal infrastructure money, or funds in a recently approved transportation bond bill, to support the ferry service. The state's next governor may also focus more on water transportation than the current administration, Keenan added.

"I suspect that the next governor will look at ferries differently than this current administration. This current administration, because of the issues that confronted the T early on – the snowstorms and then the derailment of the T just outside JFK/UMass – those brought a lot of focus on transportation to the T and then roads and bridges are always a major focus, so I think ferries weren't as much of a focus as they should have been.

"There will be more of a focus hopefully under a new governor."

The legislature also provided funds to the MBTA in the bond bill and the general fund budget, Keenan said.

"We've funded the T in a bunch of different ways. We've set aside $266 million for safety improvements specifically. We've put money in the bond bill. In the general budget we've put money. So, while there has been historic underfunding of the T, most recently we have committed substantial resources to the T," he said.

"The concern has been the T's ability to utilize those resources as quickly as possible, to get contracts out and get work done, because we have given them a lot of money and there are larger projects that need to be done and it's a tough task of coordinating all those and getting them up and running."

When asked about a possible change in leadership at the MBTA, Keenan said he believes the next governor may consider replacing General Manager Steve Poftak.

"General Manager Poftak has been dealt a very difficult situation. I think he's handling it as well as could be expected, he's not afraid to make the tough decisions, but I suspect that a new governor will look at the leadership of the T and make a decision," Keenan said.

"One of the problems that I think has been with the T over the years is that there has been a succession of general managers and you need steady, constant leadership for an organization to thrive, and the MBTA has not had that in years."

The MBTA has had nine general managers since 2010, including Poftak, who has been at the helm of the agency since 2019.

"General Manager Poftak has been there since 2019, so he's been there for three years now," Keenan said. "He's been dealt a very difficult situation, but I know he's working really hard at it and I know he's truly committed to it, but the governor will assess what needs to be done and we'll keep an eye on it."

Keenan added that he still feels safe taking the MBTA, and said it is important to give it transit agency the resources it needs.

"I ride the T pretty frequently and I have always felt safe on it, but certainly given the incidents that have occurred most recently, people feel less safe. I still feel that it is safe, and I think it's critically important to my district and to Boston and to Massachusetts in general," he said. "We have to commit the resources and the talent and time to the MBTA."

QATV, Registry Of Deeds Continues Partnership

Quincy Access Television (QATV) and the Norfolk County Registry of Deeds have been partners for many years to bring viewers information on the workings of the Norfolk County Registry of Deeds.

The Registry of Deeds is the principal office for real property records in Norfolk County since 1793; the year Norfolk County was created through an act of the legislature signed into law by Governor John Hancock.

"The biggest asset most individuals have is their home," said Norfolk County Register of Deeds William O'Donnell. "QATV's programming assists the public in learning about real estate issues that affect one's home and property. Programming highlights consumer rights as it relates to real estate. Folks learn about non-profit agencies that are available to help - for instance foreclosure assistance groups who work with and advise the public. QATV entertains and educates with programming that features the rich history found in the land records of the Norfolk Registry of Deeds that dates back to 1793."

The 'Good Deeds' program is a quarterly update. O'Donnell also produces short pieces, which highlight the significant history of the office.

QATV Executive Director Jonathan Caliri said, "One of the goals of Quincy Access Television is to keep residents informed about government services. We are glad Register O'Donnell utilizes QATV to provide updates on the services and happenings at the Registry of Deeds not only for the residents of Quincy, but all of Norfolk County."

All Registry related programming is uploaded to the Massachusetts Media Exchange (MMX); access centers in Norfolk County and beyond can download these programs to play in their respective communities.

Mark Crosby, QATV government coordinator who works closely on this show with Register O'Donnell said, the "Norfolk County Registry of Deed's office, and Mr. O'Donnell in particular, realize the importance of the partnership and together we have produced programming that has become popular countywide."

The "Good Deeds" program schedule is as follows: Mondays 4 p.m. on channel 9, Thursdays 11:30 a.m. on channel 9, Fridays at 6 p.m. on both channels 9 and 1072, Saturdays and Sundays at 10 a.m. on channel 9. The historical short subjects, highlighting the history of the registry can be seen on channels 8, 9 and 1072.

Quincy Access Television is located at 88 Washington St., adjacent to the Thomas Crane Public Library.

For more information regarding Quincy local public access channels, contact QATV at 617-376-1440.

NQHS Class Of '70 50th Reunion Sept. 10

The North Quincy High School Class of 1970 will hold its 50th class reunion Saturday, Sept. 10 from 7 p.m. to midnight at the Quincy Sons of Italy Hall, Quarry Street, Quincy.

There will be a buffet style dinner and a cash bar. Cost is $70 per person. Reservations are being taken now.

Checks should be made payable to: NQ High Class of 1970 include your name and guest name. Mail checks to Eastern Bank, ATTN: Terry Bellotti -Palmieri, Vice President - Branch Manager, NMLS # 780384, 80 Washington St., Norwell, MA 02061.

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Gaming Commission Crafting Rules For Sports Betting

Cont'd From Page 3

would change in particular, Keenan identified several items he said should be addressed.

"I think it would be making sure that when they target an audience, that it's not an audience where there are a significant number of young people in it typically," he said.

"I think provisions relative to sponsoring sporting events have to be carefully watched. I think there should be provisions in place to make sure that there is no sponsorship of youth teams, youth sports or anything like that – I don't think there will be, but we should be more explicit about that, that they are not sponsoring youth tournaments, youth leagues, youth teams, that they are not permitted in anyway to be associated with school athletics and they're not permitted to have television advertising that may be focused on young people.

"There is a whole range of things that I think may be more appropriate."

Bethany Congregational Church

Bethany Congregational Church invites the public to its regular Sunday service at 9:30 a.m. Sept. 11.

Rev. Patrick McCorkle will be preaching his sermon, and music will be provided by Paul Frazer.

Coffee Hour will be held after services, with coffee, light refreshments and good conversation. There will be no church school until later on this month, to be announced.

As usual, the Sunday Service will be available on line via YouTube. Go to the church website for the link, or directly to YouTube. For all events at Bethany Church, masks and sanitizer are available.

The Prayer Shawl Ministry has been meeting on alternate Fridays and will meet on Friday, Sept. 16th at 6:30 p.m. at the church. If you like to knit or crochet, or would like to learn, please join us.

Broad Horizons Preschool is open and accepting students both full and part-time, for the fall session. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

Bethany Congregational Church is located at 18 Spear St., Quincy. The church website is: bethanycongchurch.org. Email address is: bethanycongchurch@yahoo.com. The telephone number is: 617-479-7300.

First Baptist Church Of Wollaston

Sunday, Sept. 11th will be Rally Day at the regular 10:30 a.m. service of the First Baptist Church of Wollaston, 81 Prospect Ave., Quincy. Everyone is welcome in-person in the sanctuary or online.

The online dial-in/Zoom weekly meeting schedule is as follows: (see the church website: http://firstbaptistchurchofwollaston.org/).

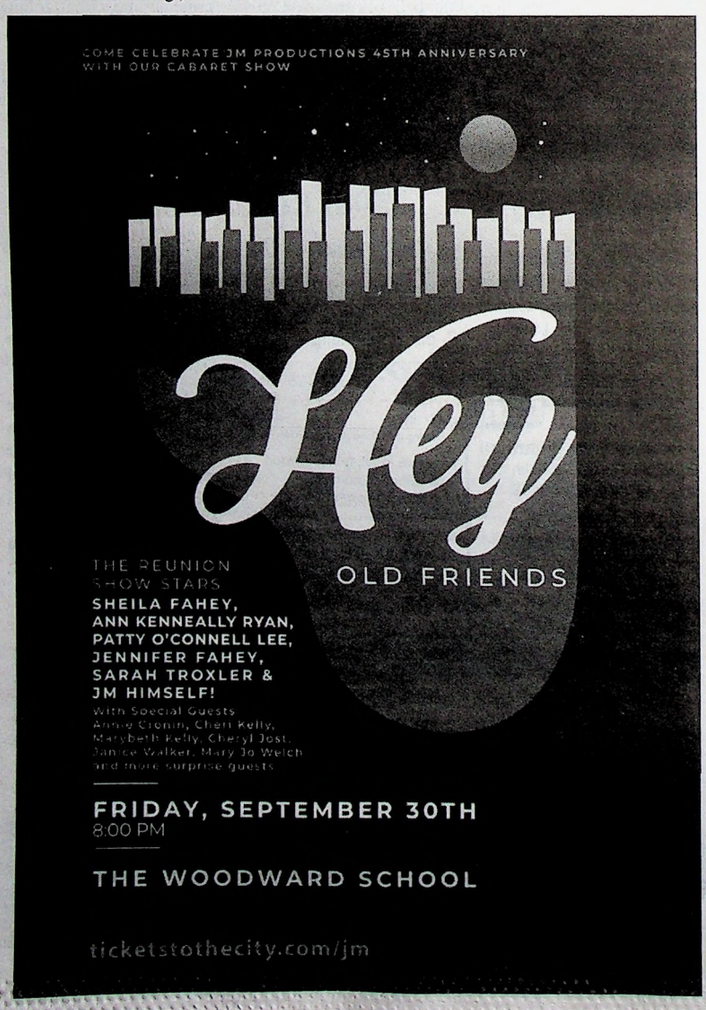
• Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall: Pastor Duc

• Sunday 10:30 a.m. English Worship Service – Guest Pastor

• Friday 11 a.m. Prayer Group Meeting

Rally Day is the beginning of the church school year. Following the service there will be an Ice Scream social having fun creating your own sundaes. Also light games on the church lawn.

First Baptist Church is easily accessed. For events and fellowship hall, use right-hand driveway. For services in the sanctuary, use left-hand driveway. For other inquiries, call church office at 617-472-0824.



Temple Beth Sholom Of Nantasket

Temple Beth Sholom of Nantasket in Hull announces the following upcoming events:

Friday, Sept. 9 at 7 p.m.

Kabbalat Shabbat Service at the Temple Israel Sanctuary, 9 Hadassah Way, Hull. Zoom available. Zoom Password: 9250091 Meeting ID: 637 366 5461

Saturday, Sept. 10 at 9:30 a.m.

Shabbat Morning Services at the Temple Israel Sanctuary, 9 Hadassah Way, MA, available: Password: 9250091 Meeting ID: 637 366 5461

Wednesday, Sept. 14 at 7 p.m.

"Get to Know the High Holy Days: An Evening of Learning, Song and Questions"

Please join us as we learn, sing, ask questions and more. Rabbi David Grossman and Rabbi Joshua Grossman will take us on a journey through our Machzor (prayer book), demystify the High Holy Day services, sing some old, favorite melodies with us and introduce us to other favorite melodies from distant and not so distant times and places.

HIGH HOLY DAYS IN HULL: Rabbi David Grossman and Rabbi Joshua Grossman Officiating

Please join Temple Beth Sholom and Temple Israel of Nantasket for our High Holy Day services: All services are at the Temple Israel Sanctuary, 9 Hadassah Way, Hull.

Please consider joining us to observe Rosh Hashanah and Yom Kippur in Hull. The beauty of the Temple Israel Sanctuary and the beautiful voices and deep spirituality of our rabbis promise to lead us in very memorable High Holy Day observances. Tashlich services at Nantasket Beach; we'll walk together from the shul.

Machzor Lev Shalem prayer books will be provided.

High Holiday seats are $164 each for Temple Israel and Temple Beth Sholom members. $252 each for non-members. Children Services $36.

Go to www.templebethhull.org to check our COVID policy.

Call the TBS Office at 781-925-0091 to find out about becoming a member or to order seats for the High Holy Days.

Temple B'nai Shalom Of Braintree Services

The Jewish New Year 5783 is observed this year with services held at Temple B'nai Shalom of Braintree.

Rosh Hashanah Services begin on the evening of Sept. 25th and during the day on Sept. 26th and Sept. 27. Yom Kippur Services will start on the evening of Oct. 4th, and all day Oct. 5th.

High Holiday Services will be held both in person and virtually again this year. In order to ensure everyone's safety, all who register to attend must show proof of vaccination before admitted to services. Children under 12 years of age must also wear a mask.

To make reservations call the temple at 781-843-3687 and leave your name, reason for your call, and your telephone number.

Indoor Yard Sale Sept. 17 At Houghs Neck Church

A giant indoor yard sale will take place at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy on Saturday, Sept. 17th from 9 a.m. to 1 p.m.

Quincy Medical Center Get Together Sept. 22

The second annual Quincy Medical Center Get Together will be held Thursday, Sept. 22 from 7 p.m. to midnight at the Quincy Sons of Italy Hall, Quarry St., Quincy.

The evening will feature DJ Mark McGillicuddy, raffles, 50/50 and more. You may get tickets ahead $25 through Maureen Scigliano, check, Venmo.

'Hey Old Friend' Reunion Show At Woodward School Sept. 30

JM Productions of Quincy is celebrating its 45th season with a special reunion show titled "Hey Old Friend."

The musical cabaret production will take place at The Woodward School, 1102 Hancock St., Quincy Center on Friday, Sept. 30th at 8 p.m.

Thirteen singers from productions produced over the past 45 years have agreed to appear on stage to take part in the musical celebration. There are many numbers from shows including "Mame," "Cinderella," "Jesus Christ Superstar" and from the annual "What Christmas Means to Me" holiday production.

The main cast includes Sheila and Jen Fahey of Neponset, Ann Kenneally Ryan of Quincy and Patty O'Connell Lee of Braintree. Accompanying the singers is Music Director Sarah Troxler from Plymouth and Jesse Stiglich from Marshfield, who will oversee percussion. John McDonald will be the emcee and take part in a few of the musical numbers.

Other singers include:

Kathy Teevens Fitzpatrick of Quincy, Maryjo Welch, Paul and Marybeth Kelly of Braintree, Janice Walker of Framingham, Cheri Kelly of Quincy and Cheryl Jost of Neponset. A few other surprise guests will take part in this cabaret performance.

"So many of our musical productions were staged at The Woodward School bringing us sort of full circle which is a nice gift for our cast and audiences alike, said John McDonald, producer and director.

"For over the 45 years JM Productions has presented our cabaret shows at Raffael's in Quincy as well as their facilities in Hull and Hingham," McDonald said. "The Common Market, Cella and Fox & Hounds restaurants as well as the function facility in Quincy, The Tirrell Room. We have also presented at Saint Ann's in Quincy and Neponset as well as Fontbonne and Sacred Heart in North Quincy. However, being back at The Woodward School seems most appropriate as so many of our full-scale musicals were produced there," McDonald said.

The musical revue reunion event is also a sort of a goodbye to the loyal fanbase as JM Productions will no longer be offering dinner theatre and cabaret shows. The excessive cost of food coupled with high gas prices forced the production company to close that part of the business.

Showboat Cruises from Squantum Point Park in Quincy and the Quincy Comedyfest at The Marriott will still take place in 2023.

The company will also continue to collaborate with clients who are planning small- and large-scale events.

For tickets to "Hey Old Friend" visit www.ticketstothecity.com/jm.

PUBLIC NOTICE

2022 FALL WATER MAIN/ HYDRANT FLUSHINGS

DATE: SEPTEMBER 15-MONTH OF OCTOBER

TIME: 9:00 P.M. — 5:00 A.M.

Areas servicing restaurants, bars and food establishments work to begin after midnight.

FLUSHING AREA: MERRYMOUNT, ADAMS SHORE, GERMANTOWN AND HOUGHS NECK

Check website for weekly scheduling of locations to be serviced.

You can find detailed information about our flushing program on scan the QR-code or visit https://www.quincyma.gov/departments/public_works/dpw_projects/hydrant_flushing.php. For other questions, please call the DPW Customer Service

WHAT IS WATER MAIN FLUSHING?

Water main flushing is a process in which water is systematically removed from the water system by sequentially opening fire hydrants and running them until the water is clear. During a water main flushing program, the scouring action created by inducing high flows helps to clean out the inner walls of the pipes and remove any build-up of naturally occurring debris and sediments.

- Water main flushing is crucial to the overall maintenance of a distribution system and is an important practice to maintain high water quality, improve the carrying capacity of pipes, and ensure proper operation of distribution system components, such as hydrants and valves.
- Flushing the water mains also ensures that fire hydrants are operational and allows DPW staff to assess the available flow rate for firefighting purposes.
- A main flushing program is typically carried out by flushing fire hydrants in a sequential order and until the water runs clear.

CAN I USE MY WATER WHEN IT IS DISCOLORED?

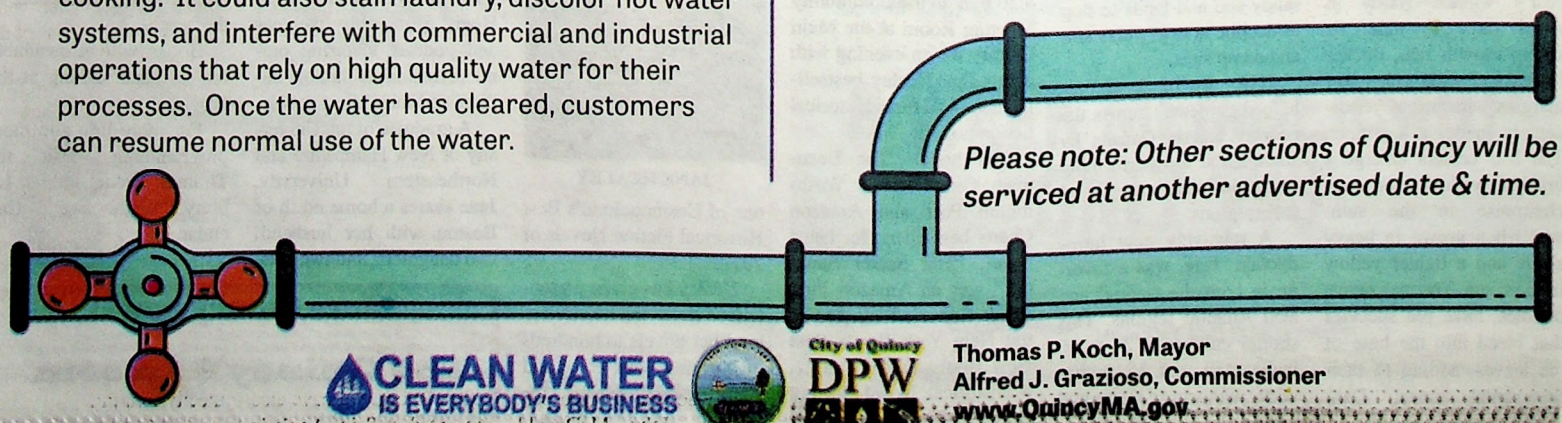
We advise customers not to use discolored water until it is clear. Discolored water is not palatable, and its quality has changed since it left the MWRA treatment facility. Therefore it should not be used for drinking or cooking. It could also stain laundry, discolor hot water systems, and interfere with commercial and industrial operations that rely on high quality water for their processes. Once the water has cleared, customers can resume normal use of the water.

WHAT YOU MIGHT EXPERIENCE

While the flushing program is ongoing, customers may notice episodes of decreased water pressure or discoloration of their water. Water discoloration results from temporary disturbances of the normal water flow within our piping network. These short-term changes in flow can stir up naturally occurring minerals and sediment that settle within the water mains. The objective of the water main/hydrant flushing program is to remove these accumulated sediments from our pipes by flushing the water out of the fire hydrants.

ACTIONS YOU CAN TAKE.

1. **Sign up for Alert Quincy by scanning the red QR-Code here. Alerts will be sent to your mobile device**
2. **Store water in your refrigerators for drinking and cooking.**
3. **Refrain from using hot water for washing laundry, etc.**
4. **Run cold-water faucets until the water appears clear**



Please note: Other sections of Quincy will be serviced at another advertised date & time.

CLEAN WATER IS EVERYBODY'S BUSINESS

City of Quincy DPW

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner
www.QuincyMA.gov

QArts Gallery Presents Local Artist Tsun Ming Chmielinski

The QArts Gallery will be featuring Quincy artist and Quincy Art Association member Tsun Ming Chmielinski in a one-woman exhibition "A Colorful Journey", consisting of sumi-e, oil, acrylic, and pastel works.

Effortlessly switching between mediums to capture life's bold, beautiful motions, Tsun Ming paints with spontaneity and rich colors that embody serenity, joy, and wonder.

The show will be on view from Sept. 8 to Oct. 30.

QUINCY ARTIST and Quincy Art Association member Tsun Ming Chmielinski leads an art demonstration at the QArts Gallery at 1229 Hancock St., Quincy. At right is one of her artworks featured in a new exhibit entitled "A Colourful Journey." *Courtesy Photos*

Born in China and raised in Hong Kong, Tsun Ming began painting at age 14 as a private student of the late Zen Master, Shaw Lup Sing. Tsun Ming then immigrated to the United States in 1976 to pursue an academic education and career, earning a BA in finance from University of Massachusetts, an MBA from Bentley University, and an MA in business communication from Emerson College, all while raising a family and continuing her practice under Jan Zaremba, a German Sumi-e Master.

She has been teaching an art program at Foxhill Village, an independent living community, for well over a decade, and also conducts private lessons in her Quincy studio.

Tsun Ming's art has received numerous first place awards, been showcased in museums, and many of her works hang in private collections in the US and abroad. During the pandemic, she even brought her art to online audiences in the metaverse, see https://www.voxels.com/parcels/2107 to enjoy seeing more of Tsun Ming's art, her personal story, and photos, on four floors of the virtual gallery.

To learn and view of Tsun Ming's artwork, visit www.tmgallery.org.

Show Information: An opening reception with the artist present is planned for Sept. 10, from 4 to 6 p.m. This is a free event and the public welcome. "A Colorful Journey" will run from Sept. 8 – Oct. 30.

Gallery Hours: Thursday and Friday 2 to 5 p.m., Saturday and Sunday, noon to 5 p.m. Free and open to the public. The QArts Gallery is located at 1229 Hancock St., Quincy (across from Quincy College).

For more information about the gallery, classes, events, and other news, visit www.quincyartma.org

Contact information: 617-302-3969, quincyartma@yahoo.com.

The Quincy Art Association extends its thanks to the City of Quincy, Granite City Electric Supply Company/WAC Lighting, Eastern Bank, Quirk Auto Dealerships, Dream Realty, Foxrock Properties, Northeast Community Bank, Wollaston Wine & Spirits and Mass Cultural Council for their support.

Winning Perennials For Your Garden

By MELINDA MYERS

After a busy summer of vacations, BBQs, and garden care, it is fun to turn our attention to planting.

Fall is a great time to plant perennials and many garden centers are busy refreshing their supply of perennial plants. Consider including one or more of these winners when making your perennial plant selections this fall.

Hostas are an excellent choice for those shady spots in the landscape but with so many cultivars to choose from the selection process can be overwhelming. The America Hosta Growers Association (AHGA) decided to help growers and gardeners with the selection process by introducing the AHGA Hosta of the Year. Each year since 1996, members of the AHGA select and feature a Hosta of the Year. The winning hosta must grow well in all regions of the country, be widely available, and have a retail price of about $15 the year it was selected.

Island Breeze is this year's winner. Hardy in zones three to nine, its strong growth rate, thicker leaves and wide green leaf margins with bright yellow centers made it a winner. The leaf centers emerge a brilliant yellow then turn chartreuse in the summer when grown in heavy shade and a lighter yellow in more sun. The leaf stems, petioles, have red speckles that bleed into the base of the leaves, adding to their ornamental appeal. Dark lavender flowers appear on red stems in mid-summer, attracting hummingbirds to the garden.

You may also want to consider this year's Perennial Plant of the Year little bluestem (Schizachyrium scoparium) and its cultivars for those sunny spots in the landscape. Each year, Perennial Plant Association (PPA) members select a winner based on the plant's suitability to thrive in a wide range of growing conditions, its ability to provide multiple seasons of interest, have good insect and disease resistance, and be low maintenance. This year's selection of the native little bluestem and its cultivars allowed perennial experts the opportunity to promote the species or the cultivars that will do the best in their region.

The native little bluestem is hardy in zones three to ten and grows two- to four-feet tall. The blue-green leaves turn reddish bronze in fall and are complemented by fluffy white seeds that persist into winter. This grass prefers full sun with loam or sandy soil and tends to flop or decline in heavy clay soil and damp sites.

PPA Board members helped gardeners across the country and in Canada by sharing the top performing little bluestem cultivars in their regions.

A relatively new introduction, Jazz, was a favorite in both the Central and Mid Atlantic regions. This shorter cultivar is 24 to 30 inches tall and 18 inches wide, with sturdy stems and silvery blue leaves.

Carousel is another dwarf cultivar, growing 30 inches tall and wide and was recommended by the Great Lakes PPA Board member. Its bowl-shaped growth habit, upright flower stems and kaleidoscope of copper, pink, tan, and dark orange-red fall color make it a nice addition to the garden.

Standing Ovation is a favorite of the Canadian, Western and Mid-Atlantic PPA Regional Board members. The spiky bluish-green stems in a tight upright growth habit provide a vertical accent in perennial borders. The brilliant orange, red and yellow fall color ends the season with a blaze of color.

Western and Mid-Atlantic PPA Board members both added The Blues to their list of preferred little bluestem cultivars. It has deep blue leaves that transform to a rich purple and burgundy in the fall. This cultivar is usually a foot taller than Jazz, growing up to four feet tall and two feet wide.

These are just a few of the many beautiful perennials suitable for home gardens. Check out past winners and of course leave room for a few new plants you just cannot resist.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program.

Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.

BLUE HEAVEN was discovered and introduced for its taller, more upright habit that does not tend to flop like many others. *Photo Courtesy of MelindaMyers.com*

Author Talk With Jane Healey At Library Sept. 13

The Crane Public Library invites the public on Tuesday, Sept. 13, from 7 to 8:30 p.m. in the Community Meeting Room at the Main Library for an evening with author Jane Healey, bestselling author of three historical fiction novels.

Her novel "The Beantown Girls" was a Washington Post and Amazon Charts bestseller. Her latest novel, "The Secret Stealers," was an Amazon First Reads Editor's Pick, one of the New York Post's Best New Books in April 2021, a Historical Novel Society Editor's Choice pick and one of Cosmopolitan's Best Historical Fiction Novels of 2021.

JANE HEALEY

Healey has given presentations about the history behind her novels to hundreds of libraries, book clubs and organizations around the country, including through the Jewish Book Council Network and the American Red Cross. She is also the host of Historical Happy Hour, a monthly webinar and podcast featuring premiere historical fiction authors and their latest novels.

A graduate of the University of New Hampshire and Northeastern University, Jane shares a home north of Boston with her husband, two daughters, and two cats. When she's not writing, she enjoys spending time with her family, traveling, running, cooking, and going to the beach.

Books will be available for sale and signing at the program.

For more info and more programming, visit the Thomas Crane Public Library's online Events Calendar.

More Quincy news:

The Quincy Sun.com

Pack 6 Holds Webelos Crossover Ceremony

Quincy's Cub Scout Pack 6 recently held a crossover ceremony for its Arrow of Light (5th grade) den. The ceremony was held on Perry Beach in Houghs Neck.

The annual ceremony celebrates the accomplishments of the Arrow of Light scouts, and also promotes them into Scouting BSA (formerly known as Boy Scouts).

In order to receive the Arrow of Light patch, scouts were required to complete a series of required and elective "adventures." Over the past year, the scouts focused on topics such as citizenship; faith; camping; and home improvement, and learned many valuable skills along the way.

Highlights during the year included a field trip to Generals Park and Quincy City Hall (including a special visit with Mayor Koch); a virtual visit with a scout troop in Lusk, Ireland; and many hikes and camping trips. Several of the scouts also earned the Aquanaut adventure pin, which is about swimming and boating.

While a couple of the scouts were new to the pack this year, several of them started out in Cub Scouting as kindergarteners in the "Lion" den, which is a free, once-a-month introductory program to scouting, sponsored by the pack. The Lion program started in 2016, so this year's Arrow of Light scouts were the first class in the pack's history to have the opportunity to participate in six years of cub scouting, instead of the traditional five.

Over the past six years, this particular group of cubs had three different den leaders – Scott Kabay (2016-2017); Aaron Cavin (2017-2020); and Sean Glennon (2020-2022). All three former and current den leaders participated in the ceremony, which made the event even more meaningful.

CUB SCOUT PACK 6 recently held a crossover ceremony for its Arrow of Light (5th grade) den on Perry Beach in Houghs Neck. Front row left to right: Keaton Cavin, Gavin Kirk, Joey Burke, Robert Glennon, Lexi Boussy, Mikey Curran and Evan Amorim. Back row: Den leaders Sean Glennon, Scott Kabay, Aaron Cavin and Eric Dannerhoj, Cubmaster. *Photo Courtesy Gary Kirk*

"The crossover was pretty sentimental for me," said Glennon. "My grandfather was my dad's scout leader; both of my parents were scout leaders for me; and now here I am as one of my son's scout leaders. We're on our fourth generation of scouts in my immediate and extended family, and to continue in the scouting tradition brings a certain nostalgia and honor. It has been an amazing journey."

Pack 6 is the oldest continuously run Cub Scout Pack in Massachusetts, founded in 1939.

For more information about Pack 6 or scouting in general, visit pack6quincy.com and/or contact Cubmaster Eric Dannerhoj at cubmaster.pack6quincy@gmail.com.

Gallery Talk With Ron Goodman Sept. 14

The Thomas Crane Public Library invites the public to a gallery talk featuring September artist of the month Ron Goodman on Wednesday, Sept. 14, from 4 to 5 p.m.

Photographs by Ron Goodman are on display through Sept. 30th in the Coletti Room's First Floor Exhibit Space at the Main Library on 40 Washington St., Quincy.

For more information and more events visit the Crane Library's Events Calendar online.

'FLOWERS AT THE PUMPY' by Ron Goodman.

Shake-Scene Performance At TCPL

Shakspearian performers Stephen Collins and Poornima Kirby will perform on Sunday, Sept. 18 from 2 to 4 p.m. in the historic Richardson Building at the Thomas Crane Public Library.

The public is invited to attend.

The performance features scenes and monologues from some of Shakespeare's best known plays, including Macbeth, Taming of the Shrew, Henry V, and Julius Caesar. The original compilation digs into universal themes such as the price of power, the risks of falling in love, and the what to do with a murder weapon. The show also includes a lively "sonnet duel," plenty of playful banter, and fascinating historical context; and includes a question and answer session at the end.

ENC Concert Band Rehearsals

The Symphonic Winds at Eastern Nazarene College, a community based concert band, will soon begin its 21st fall season under the direction of Professor Stephen Bell.

The ensemble is comprised not only of ENC college students, but area community members and qualified high school students.

Rehearsals are held weekly Wednesday evenings from 6:30 to 8:30 p.m. in the second floor music room of Cove Fine Arts Center on Wendell Avenue. The first rehearsal was Sept. 7.

Anyone interested in becoming a member of this ensemble should send an email to Professor Stephen Bell at scbell1@comcast.net. Indicate what instrument(s) you play and a brief description of your ability level. Music will be provided for you at the first rehearsal. There is a particular need for clarinet and trombone. Percussionists who read are encouraged to join, to keep those reading skills at a high level.

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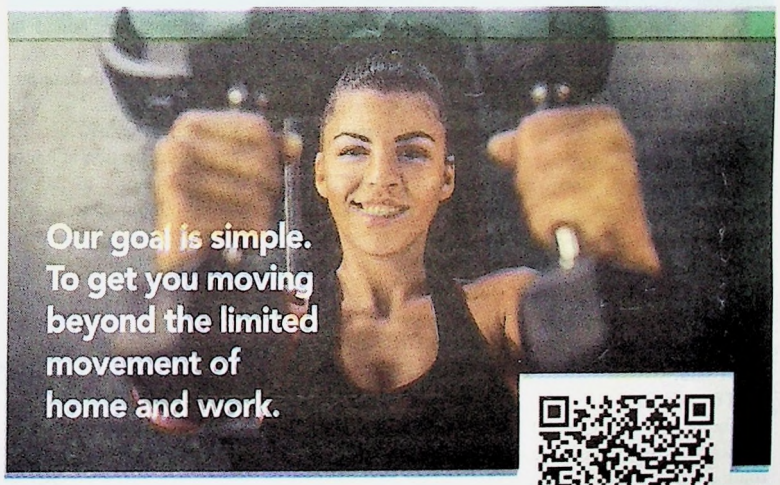

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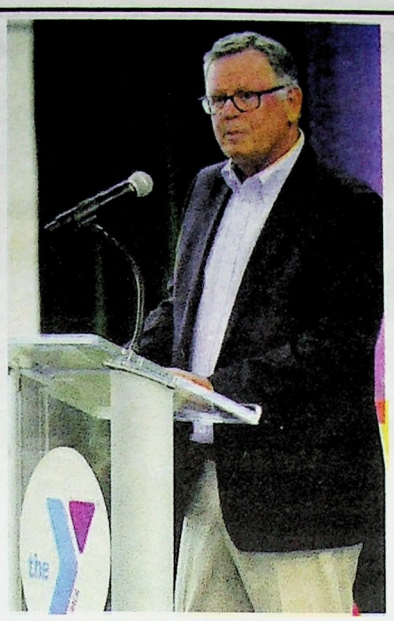
"THE IMPORTANCE of putting a name on a building shows how much you believe in the organization and to inspire others," South Shore YMCA Executive Board Chair and South Shore Bank CEO Jim Dunphy said of renaming the Quincy Y as the Hale Family YMCA.

NOTING ROB HALE'S donations to the Quincy Y branch, Mayor Tom Koch said "Rob not only runs great companies that employ thousands of people with good paying jobs, he shares his wealth and shares that spirit."



SOUTH SHORE YMCA President and CEO Paul Gorman thanked Karen and Rob Hale for their donation to the Quincy Y, "It doesn't seem enough to thank the Hales for what they have done. For us and all of our staff, we feel that this is a stamp of approval for what we do for the community."

IN PRAISING the newly renamed Quincy Hale Family YMCA, Gov. Charlie Baker told the attendees, "Because of the generosity, creativity, and imagination of all of you, you should be enormously proud of wat you have accomplished."

Quincy 'Y' Branch Dedicated 'Hale Family YMCA'

Cont'd From Page 2

ten we see corporate leaders try to manipulate their agenda with their wealth… Rob steps in to help people with his wealth."

Baker noted one of Hale's philanthropic endeavors, the annual Saving by Shaving events that his company hosts where employees, citizens, sports stars, dignitaries, and celebrities shave their heads to raise money for Boston Children's Hospital cancer research. Over the past nine years, the events have raised nearly $50 million.

The governor said the Hales' donation to the Y is yet another example of their generosity in wanting to help the local communities.

"It's truly a remarkable story made all the more remarkable of their commitment to places like this and what these kinds of places like this to mean to the communities they are part of," Baker said.

The governor also talked about how the COVID pandemic has disrupted the routine of so many lives and that places like the Y is "welcoming kids and families back and sending a message that we want you to get back to some of that routine that made being a kid so special."

Baker said that prior to the ceremony he was talking with some of the Y's youth program counselors, many of whom had attended the program when they were younger and are now "paying it back counseling kids in the program."

The governor praised Y officials and its supporters.

"You've done a beautiful and magnificent thing here," Baker said. "Because of the generosity, creativity, and imagination of all of you, you should be enormously proud of what you have accomplished."

South Shore YMCA President and CEO Paul Gorman said that in addition to the nearly $5 million donation to the Quincy branch, the Hales also have made donations to the South Shore YMCA's Emilson branch in Hanover. He noted that the Quincy Y, with its 13,000 members, is one of the largest urban YMCAs in the country serving all ages from infants to seniors and families offering programs in wellness, early learning, sports, and rehabilitation.

"This Y is a community representing diversity, race, culture, economics, physical and developmental ability and age," he said. "We are so fortunate to be downtown here to be well positioned as the city has grown to support young professionals and teens."

The Quincy Y was rebuilt in 2016 replacing a 1950s-era building and expanded again three years ago to accommodate additional programs and services. Gorman said the expansions were made possible due to the generosity of people like the Hales.

"To have a building like this doesn't just happen with the fees we charge," he said. "It's because of volunteers and donations."

Gorman said the Hales "don't just give their money away to anybody that asks."

"You have to prove it and demonstrate it," he said. "It doesn't seem enough to thank the Hales for what they have done. To have their support is a stamp of approval. For us and all of our staff, we feel that this is a stamp of approval for what we do for the community."

In addressing the gathering, Hale expressed appreciation that the Quincy YMCA will now bear his family's name that is emblazoned on the sides of the building.

"Karen and I are humbled and honored to permanently cement our name with the commitment and respect we have for the YMCA. The YMCA embodies the things that matter the most to us and the community. Generations of our family were raised at the YMCA."

Hale recounted his "vivid memories" of his hometown's YMCA where, as a youngster, he honed his basketball skills to earn a place on the Northampton All Stars team. His wife, Karen, had earned her lifeguard certification at her local Y. And now as parents, their children have utilized Y programs, taking swimming lessons at the Hanover Emilson branch.

"The YMCA has been important to us and will always be," he said. "Emilson and Quincy YMCAs were big parts of this generation of my family's life."

A NEW SIGN renames the Quincy YMCA branch as the Hale Family YMCA.

Quincy Sun photos/Tom Gorman

Hale said the YMCA is all about families and communities.

"Our community is diverse in many ways: age, race, gender, and capabilities," he said. "That is what the YMCA brings together. Everybody is welcome at this YMCA, and everybody is safe at this YMCA. This Quincy YMCA is a home for so many who need a home. For that reason, it helps families and that helps community."

Hale concluded, "Karen and I are honored and humbled to be part of your family. To the YMCA, thank you for being a part of our community. You improve it in ways you don't even know. And thank you for letting us be part of your family."

DEDICATION CEREMONY attendees applaud the renaming of the Quincy YMCA to the Hale Family YMCA.

THE TORRE DEI PASSERI Mutual Benefit Society will celebrate its 100th anniversary on Saturday, Oct. 1, at 6 p.m. with a banquet at the Sons of Italy Hall in Quincy. This photo was taken at the club's 31st annual banquet held at the Fore River Club Nov. 10, 1953. *Courtesy Photo*

Torre Dei Passeri Celebrating 100th Anniversary

The Torre Dei Passeri Mutual Benefit Society will celebrate its 100th anniversary on Saturday, Oct. 1, at 6 p.m. with a banquet at the Sons of Italy Hall in Quincy. The celebration will feature a full dinner, brief ceremony, remarks from special guest Ron Della Chiesa, entertainment and dancing.

Founded in 1922 by Italian immigrants residing in the Quincy Point area, the Society was originally established by several men whose goal was to assist families in times of sickness and death. It was during these years when federal and state social welfare programs were nonexistent and local assistance was extremely minimal. If a family fell into difficult times, they relied on their neighbors and community members for support. The organization was named after the town Torrei De' Passeri, located in the province of Pescara in Abruzzo region of Italy, where most of the founders had relocated from.

The idea for the Society was born when one of the founder's neighbors employed as a laborer was injured. Unfortunately, he could not pay for medical treatments, suffered gangrene poisoning, and died, leaving his wife and young children destitute.

The community decided to recruit others in raising funds for the man's burial and living expenses for his widow and young children. Accomplishing this task, it was decided to continue this type of financial assistance for neighbors and community members who fell into similar hardships through membership in the Society.

Today, 100 years later, the Torre Dei Passeri Mutual Benefit Society, Inc., continues to provide the same support. Additionally, members maintain ongoing communication and visits with individuals who are sick and/or housebound. The society's location is 252 Washington Street, where you will find members raising monies, socializing, networking, and playing on the outdoor bocce courts.

Many organizations established for the same reasons have long since dissolved and been forgotten. Not Torrei Dei Passeri, as it is still working toward the same principles by providing its members the same assistance as it did over a century ago.

For banquet information, tickets, sponsorships, and donations, contact Claudio Sala at claudio_sala@msn.com.

Learn To Skate Classes Offered At 10 Area Rinks

Bay State Skating School offers ice skating classes at 10 area rinks. The school has taught Learn-To-Skate classes to children ages 4-18 in the Greater Boston area for over 50 years.

Bay State Skating School is compliant with the Commonwealth of Massachusetts COVID-19 guidelines. The number of students allowed on the ice will be limited.

Professional Instructors teach recreational, figure and hockey skating skills to the beginner, intermediate and advanced skaters. Students can wear either figure, recreational or hockey skates.

New fall lessons begin September, October and November. Lessons are held at 10 Greater Boston Rink locations including: Brookline-Cleveland Circle, Cambridge, Medford, Newton-Brighton, Quincy, Somerville, Waltham, West Roxbury and Weymouth.

The school emphasizes having fun while learning to skate. Bay State has taught over 90,000 students to ice skate.

For more information and to registration, visit www.BayStateSkatingSchool.org or call Bay State Skating School (781) 890-8480.

Walk Of Hope Sept. 10 For ALS Research

Teams are signing up for the 21st annual Walk of Hope for ALS, a 3.5-mile walk around Lake Quannapowitt in Wakefield to benefit The Angel Fund for ALS Research.

The Walk will be held on Saturday, Sept. 10 and begins with registration at 9 a.m. followed by the start of the walk at 11 a.m. The release of doves for those living with ALS and those who have lost their courageous to the disease will be held prior to the start of the walk.

The Angel Fund for ALS Research is a nonprofit organization dedicated to supporting ALS research at UMass Chan Medical School in Worcester. ALS, more commonly known as Lou Gehrig's Disease, is a progressive, always fatal neuromuscular disease which leads to muscle weakness and as it progresses, results in total paralysis and the inability to speak and swallow while the mind and senses remain intact.

Walkers of all abilities are encouraged to participate as individuals or as a team. To register as a walker or to register a team, log-on to The Angel Fund website at www.theangelfund.org or call the organization at 781-245-7070.

In addition to the walk around Lake Quannapowitt, the event includes activities and refreshments for all walkers. Dunkin', Kings Dining and Entertainment of Lynnfield and Charlie's on Main are among those who will provide refreshments for registered walkers.

The Angel Fund will also honor those who have ALS and those who have lost their battle with the disease with the Faces of ALS walkway. Any participating team or individual who would like to honor a loved one with a sign can do so by emailing the photo to theangelfundals@gmail.com.

Donations to the Angel Fund for ALS Research can also be made online, or can be sent to The Angel Fund, 649 Main Street, Wakefield, MA 01880. All donations should be made payable to The Angel Fund for ALS Research. To assist its walkers, The Angel Fund for ALS Research has joined Frontstream.com which enables them to create their own webpage to raise money online. Registered walkers can create their page at https://secure.frontstream.com/walk-of-hope-for-als.

Sponsorship opportunities are also available. Information about sponsorship opportunities can also be obtained on the website, theangelfund.org, or by calling 781-245-7070.

Mike's 5K To Crush Substance Abuse Oct. 15

The fifth annual Mike's 5K to Crush Substance Abuse will take place Saturday, Oct. 15 at 10 a.m. in Milton.

Register at mikesfivek.org. Walkers and runners of all ages and abilities are welcome to participate. This is a family-friendly event and you are invited to bring your children in strollers and dogs.

The event raises money for substance abuse prevention and treatment programs. Mike's 5K has donated more than $390,000 since the first race in 2017.

Doors at the Cunningham and Collicot Schools on Edge Hill Road in Milton will open at 9 a.m. and the 5K begins promptly at 10 a.m. Register at mikesfivek.org.

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Quincy Mother, Daughter Awarded Educational Scholarships

Residents of Orchard Cove in Canton, a Hebrew SeniorLife senior living community that offers the full continuum of care, have awarded scholarships to a mother and daughter who both work at the location. Sulphide Saint Marc works as a resident assistant and her daughter Sophie is a Server/Host in the culinary department.

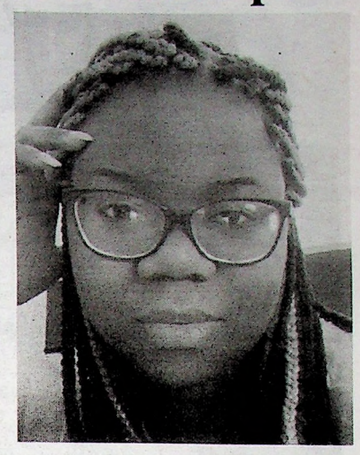
Both have been awarded academic scholarships. Sulphide is studying at Quincy College and Sophie at UMass Boston.

The Scholarship Funds were created by the residents of NewBridge (another Hebrew Seniorlife living community in Dedham) and Orchard Cove to benefit their employees, many of whom have close relationships with residents. These programs are entirely resident-run and -funded, and all eligible employees are able to apply. Orchard Cove and Newbridge have separate resident committees that raise the scholarship funds and review applications.

"Education took me out of a New York Lower East Side tenement. The young adults at NewBridge deserve to have the same shot at life that many of us had through a good education. They will give back to our society, and they are the future of America," said Jack Sobel, a NewBridge resident who supports the fund.

This year 21 employees from NewBridge and 14 employees from Orchard Cove were selected for awards. The recipients will attend 25 different institutions and pursue a wide variety of courses of study. They come from more than 20 local area cities and towns, and many recipients have also received scholarships for several consecutive years.

Orchard Cove resident Nancy Connery added, "It is easy to feel helpless these days by the many overwhelming issues we all face. Volunteering and supporting the staff here--many who are from other countries--to continue their education feels like we are making a difference. This year three of the scholarship recipients came to the U.S. because of the earthquake in Haiti and suddenly had to make a life here. They applied for scholarships to take classes at local community colleges. Hearing how they are overcoming struggles on Awards Night when their Orchard Cove Mentors introduced them was powerful and inspiring. I often call Scholarship Awards Night the 'most feel good evening of the year.' It certainly was this year!"



RESIDENTS OF Hebrew SeniorLife's senior communities, Orchard Cove in Canton and NewBridge on the Charles in Dedham, awarded educational scholarships to staff members Sulphide Saint Marc and Sophie Saint Marc from Quincy. *Courtesy Photos*

Efforts are already underway to plan for scholarship awards in 2023.

"We are extremely thankful to our residents who initiated this scholarship program for up-and-coming employees," said Orchard Cove Executive Director Aline Russotto. "For many of these staff members, the scholarships make the difference in being able to afford higher education. We so look forward to seeing how these employees make their marks at Orchard Cove and NewBridge and beyond."

Ask Barbara Graceffa: Barb's Top 10 Decorating Tips

What would you say are your top ten tips for decorating a home? *Octavia*

P.S. Have you ever thought of writing a book?

I love your question - it would make a great concluding chapter to the decorating advice book I'm thinking about writing. I have a draft table of contents already. (Anybody know a publisher?)

Tip#1: Plan. Of course, I do believe in the serendipitous thrill of finding something great at a flea market, while on vacation, or when you go to Home Goods to buy sheets and come home with a lamp, but in general, plan ahead. Know your measurements (including the width of the door into your home!). Bring fabric swatches and paint chips to the store – color memory is the worse memory of all – Benjamin Moore alone has 3500 defined paint colors. Do your research online to find quality items and compare prices.

Tip #2: Buy the best you can afford. If you think about it, you keep most interior décor items for five, ten, or more years. Avoid the cheap stuff – you get what you pay for. This is especially true for paint. The cheaper products have less pigment in them and you will end up putting on more coats, costing you time and money.

Tip #3: Buy what you love. Do not settle for a sofa on sale that only comes in brown when you know you want blue. If something is not right, you know it; when it is right, you know that, too.

Tip #4: Compromise when necessary. Budgets can be a drag. If you want that $2000 coffee table but have too many other bills to pay, look for a knock off, wait for a sale, or keep looking for something else that will make your heart sing – you might even prefer it over the first choice.

Tip #5: Audition items in your home. My clients are always surprised by this tip. Say you can't decide between three area rugs, bring them all home to see how they fit with your existing color scheme and furniture. View them in the daylight and after the sun goes down. Return what you do not want. Do this with everything from paintings to pillows.

Stay tuned for the final five tips on trends, furniture placement, rug sizes, color schemes, and accessories.

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering and home décor sewing services, decorating workshops, and quilt programs and shows at www.sec-interior.com, read her blog at secretaryinteriordecorating.blog and enjoy her art quilts on Instagram @ secretaryinteriordecorating. You can reach her at 617-921-6033.

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Public Access Channel 8

Thursday, September 8
6:00pm: Bethany Congregational Church
7:00pm: On the Road with Jazzy Bill

Friday, September 9
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: QHS vs. Arch. Williams Football

Saturday, September 10
12:00pm: On the Road with Jazzy Bill
6:00pm: LIVE: NQHS vs. Somerville Football

Sunday, September 11
11:30am: Quincy Point Cong Good News
1:00pm: The Call

Monday, September 12
11:30am: LIVE: Currently in Quincy
8:00pm: QHS vs. Arch. Williams Football 9/9

Tuesday, September 13
7:00-9:10am: LIVE: AM Quincy with Joe Catalano
8:00pm: NQHS vs. Somerville Football 9/10

Wednesday, September 14
6:00pm: Quincy Point Cong Good News
7:00pm: The Call

Government Access Channel 9

Thursday, September 8
4:00pm: Board of License Commissioners 8/16
5:00pm: Zoning Board of Appeals 8/23

Friday, September 9
6:00pm: Good Deeds
9:00pm: Health Links: Quincy Health Department

Saturday/Sunday, September 10/11
9:00am: Smoke & Carbon Monoxide Alarms
10:00am: Health Links: Quincy Health Department
10:30am: For Your Health: Brain Health
12:00pm: MA House of Representatives
7:30pm: TCPL Presents: Yoga

Monday, September 12
6:00pm: Smoke & Carbon Monoxide Alarms
7:00pm: TCPL Presents: Bollywood Funk Dance

Tuesday September 13
3:00pm: At the Library Concert Series
4:00pm: LIVE: Board of License Commissioners
6:00pm: LIVE: Zoning Board of Appeals

Wednesday, September 14
6:00pm: In the Know: Norfolk County Sheriff
7:30pm: A Look Back: Quincy Fire Department

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

O'Donnell: August RE Activity Continues To Show Decline

Cont'd From Page 12

Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"If you are having difficulty paying your monthly mortgage, please consider contacting one of these non-profit agencies for help and guidance," O'Donnell said.

Homestead recordings by owners of homes and condominiums decreased again this month at the Norfolk Registry of Deeds. There was a 13% decrease in homestead recordings in August 2022 compared to August 2021.

"The reduction in recorded Declarations of Homestead is not too surprising where the sales of homes continue to level off, but all homeowners, not just new purchasers, should keep in mind that a recorded Declaration of Homestead provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to $500,000," O'Donnell said.

"We want to see folks protecting the biggest asset most of us have, our homes. I would urge anyone who has not availed themselves of this important consumer protection tool to consider doing so. The recording fee is only $36. Feel free to visit the Registry website at www.norfolkdeeds.org to get more information on homesteads and to make sure you have taken advantage of this protection."

O'Donnell concluded:

"August real estate activity in Norfolk County continues to show a decline from last year. We still see the increase in sale prices from last year as indicating a continuing lack of available real estate inventory but in comparing the numbers with last month's, it appears the market may be starting to cool off."

To learn more about Registry of Deed's events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Quincy Council On Aging NH Turkey Train Trip

Due to popular demand the Quincy Council on Aging is offering a second Turkey Train Trip on Friday, Oct. 14.

Depart from Pageant Field at 9 a.m. for a day tour as you travel to scenic New Hampshire. You will enjoy the changing colors of sugar maples which signal nature's change of seasons.

On your arrival at the station you'll board the Scenic Railroad Dining Car for your train ride. Onboard, you'll be served a full course luncheon featuring Hart's Turkey Farm roast turkey with whipped potatoes, butternut squash, a beverage and a delicious dessert.

After the train returns, you will board your bus for local sightseeing and foliage viewing. Arrival back to Pageant will be approximately 5:30 p.m.

Cost is $99 per person. Checks only made payable to Fox Tours. Must be a Kennedy Center member to attend trips.

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PERSONAL

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
This time, I ask you this very special favor (*mention favor*). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. C.G. 9/8

PERSONAL

CONGRATULATIONS NQHS CLASS OF 1972, celebrating a 50TH Reunion. Special shout out to "Tag" for keeping the reunions going every 5 years. 9/8

Thank you St. Jude for favors granted.
C.G. 9/8

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1183 Hancock St., Quincy Ctr. T Stn.

HANCOCK MARKET
1520 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

STAR MARKET
130 Granite St.

WALGREENS
132 Granite St.

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

SHOP N SAVE LIQUORS
20 Independence Ave.

ADAMS VARIETY
22 Independence Ave.

DONUT + DONUTS + MUFFINS
33 Scammell St.

PRESIDENTIAL LIQUORS
25 Scammell St.

DAILY MART
291 Quincy Ave.

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

7-11
495 Washington St.

DAIRY FARM
330 Washington St.

7-11
230 Washington St.

STOP & SHOP
Southern Artery

CVS
Southern Artery

WALGREENS
550 Adams St.

7-11
650 Adams St.

VILLAGE COMMON MARKET
100 Willard St.

GRANITE MART
308 Willard St.

COPELAND LIQUORS
273 Copeland St.

7-11
Copeland St.

JOE'S PLACE
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494 Sea St.

PALMER STREET MARKET
231 Palmer St.

BERNIE'S GENERAL STORE
1147 Sea St.

WEST ELM VARIETY
139 W. Elm Ave.

7-11
721 Hancock St.

BEALE ST. NEWS AND TOBACCO
17 Beale St.

CVS
42 Beale St.

COFFEE BREAK CAFÉ
12 Old Colony Ave.

SUPREME LIQUORS
615 Hancock St.

SQUANTUM MKT.
205 W. Squantum St.

STOP & SHOP
65 Newport Ave.

7-11
363 Hancock St.

WALGREENS
324 Hancock St.

SAM'S VARIETY
125 Billings Rd.

LUCKY'S WINE & LIQUOR
66 Newbury Ave.

5 CORNER FOOD MART
163 Newbury Ave.

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247 Atlantic Ave.

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751 E. Squantum St.

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121 Standish Ave.

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❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

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OBITUARIES

Brian J. McClelland, 55

Brian J. McClelland, 55, of Hudson, NH formerly of Quincy, MA, passed away peacefully on Thursday, Aug. 25, 2022, with his loving family by his side. He was the amazing husband of Robyn McClelland and dedicated dad to his three children, Eddie, Kaleigh and Tatum.

BRIAN J. McCLELLAND

Brian, born on June 28, 1967, was the son of Ethel (Macdonald) McClelland and the late Edward McClelland of Quincy. Throughout his long career, Brian was Operations Director for several companies including Associated Grocers of Maine, Pine State Trading Company, Sysco Foods and others. His co-workers respected him, and his work ethic was unparalleled.

Brian was a warrior who fought Glioblastoma over the past 21 months never giving up, never complaining, and always staying positive.

Brian loved his New England Patriots, recently had the opportunity to meet Mr. Robert Kraft and receive a private tour of Gillette stadium. Brian and Robyn recently enjoyed a trip to Ireland, his bucket wish list, granted by a former employer and staff. He loved to travel with Robyn, his family and friends.

Brian is survived by his wife, Robyn (Turcotte) McClelland, his loving children, Edwin Duguie and wife Hannah of Augusta, ME, his daughter, Kaleigh (Duguie) Jones and husband John of Nashville, NC, and his daughter, Tatum McClelland of Hudson, as well as three beautiful grandchildren, Rowan, Paislee and Beckett. He is also survived by his mother Ethel and brothers Eric and Scott McClelland of Quincy as well as many aunts, uncles, cousins, and friends from all over the world.

Visiting hours were held Thursday, Sept. 1st in the Dumont-Sullivan Funeral Home, 50 Ferry St., in Hudson, NH. A Mass of Christian Burial was celebrated on Friday, Sept. 2nd in St. Kathryn Church, 4 Dracut Rd., in Hudson. Burial will be private at a later date.

In lieu of flowers the family encourages donations in Brian's memory to the Believe in BMAC Foundation at www.believeinbmac.org or to the charity of your choice.

In Loving Memory

Karen M. Dugan

November 18, 1950 - September 13, 2016

Fondly Remembered and Sadly Missed on your Sixth Anniversary by your Family

Robert J. Caruso, 84

Robert J. Caruso, age 84, a longtime resident of Braintree, died peacefully, Thursday, Aug. 25, 2022 at South Shore Hospital in Weymouth, surrounded by his loving family.

ROBERT J. CARUSO

Robert was born in Quincy, to the late John J. and Marie I. (Serroni) Caruso. Raised there, he was a graduate of Archbishop Williams High School, Class of 1955. He earned his degree from Bentley College.

Bob lived in Braintree for over forty-five years, previously in Ohio for several years.

He was proud to have served in the Army National Guard.

Bob was employed with the Firestone Tire and Rubber Company for over sixty years, beginning his career in Quincy Center and later serving as an executive in the company headquarters in Akron, Ohio. He went on to own and operate his own franchise in Braintree's Five Corners for many years before retiring in 2016.

Bob served as treasurer of the Rotary Club of Braintree for over twenty years. He also served as treasurer of the Braintree Community Youth Center and was a volunteer at the Braintree Council on Aging.

He enjoyed traveling with family and friends. He enjoyed traveling to Italy, the Caribbean, and many cruises. Most of all, he was devoted to his family, actively supporting their many activities and accomplishments. He loved volunteering and helping people.

Beloved husband for sixty-three years of Barbara E. (Drew) Caruso.

Devoted father of Robert J. Caruso, Jr. and his wife Elizabeth of Holbrook, Donna J. Steele and her husband Paul of Weymouth, Mark A. Caruso and his wife Jean of Whitman, and Eric C. Caruso of Braintree.

Loving grandfather of David Caruso and his wife Elizabeth, Rebecca Marinaro; Ashley Hynes and her husband Joseph, Danielle Breen, Elizabeth Kiley and her husband Peter, Michael Steele; Emilyn Caruso, Owen Caruso, Nick Schietromo and his wife Britnie; Nicolette Caruso, Drew Caruso, and Adam Caruso.

Cherished great-grandfather of Isabella, Mason and Maddox, Kevin and George, and Nora.

Dear brother of Richard D. Caruso of Braintree, and the late C. John "Sonny" Caruso and his surviving wife Ann of Danbury, Vt. Bob is also survived by several nieces and nephews.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Tuesday, Aug. 30. A Funeral Mass was celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Wednesday, Aug. 31. Interment, with military honors, followed at Pine Hill Cemetery, West Quincy.

For those who wish, donations in Robert's memory may be made to the Braintree Community Youth Center, 74 Pond St., Braintree, MA 02184.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Dorothy V. Cusack, 89

Dorothy V. Cusack of Plymouth, formerly of Hingham, passed away peacefully surrounded by her loving family on Friday, Aug. 26, 2022. She was 89.

DOROTHY V. CUSACK

She was born in Seekonk to Mary (DeCosta) and Antone Faria. Dorothy attended East Providence High School and remained in the area until she met her beloved Robert. They started a family and soon after moved to the South Shore area. There they found their home in Hingham where they resided for many years. She worked as an Administrative Assistant for Step One Early Intervention for 25 years and eventually retired in 2017.

In her spare time, Dorothy was an avid reader and enjoyed spending time by the ocean, especially Hingham Harbor, where she would often sit with a cup of coffee. She often took walks in the neighborhood and at Bare Cove Park. She also enjoyed card and board games and could often be found working on puzzles. Her baking was highly regarded, and she was always assigned the task of preparing dessert at all the family gatherings. Her caring, selfless nature was admired by many. She would go so far as to literally offer the shirt off her back. She will be missed by all who knew her.

Beloved wife of 62 years to Robert T. Cusack, Sr. devoted mother of Michael E. Cusack and his wife Cheryl of Rockland, Gary A. Cusack and his wife Donna of E. Bridgewater, Stacey A. Gainey and her husband Matthew of Plymouth and the late Robert T. Cusack, Jr. Loving sister to the late: Manuel Faria, Joseph Faria and Mary Cunha. Also survived by many grandchildren, great-grandchildren, nieces and nephews.

Visiting hours were held Friday, Sept. 2, in the Pyne Keohane Funeral Home, 21 Emerald St. (off Central St.), Hingham. A Celebration of Life Service was held in the funeral home that day prior to the Funeral Mass in St. Paul's Church, Hingham. Burial will be held privately at a later date.

In lieu of flowers, donations may be made in Dorothy's name to NAMI, 4301 Wilson Blvd., Suite 300 Arlington, VA 22203 or The Michael J. Fox Foundation, P.O. Box 5014, Hagerstown, MD 21741-5014.

Patricia M. Faherty

Patricia M. (Duggan) Faherty of Quincy passed away on Aug. 27, 2022. Lifelong Quincy resident, Patricia graduated from NQHS. She worked at Seaman's Personal Office in Boston during WWII, and later worked as a dental assistant. Patricia was involved in the Knights of Columbus. She spent many hours volunteering at Nazareth and the Carney Hospital for over 30 years. Patricia's greatest joy was home and family. She vacationed in New Hampshire and Cape Cod for many years. Patricia was dedicated to her faith; she was a practitioner at Sacred Heart and Our Lady of Good Counsel.

PATRICIA M. FAHERTY

Beloved wife of the late Michael E. Faherty; loving mother of Mary Ellen Negethon and her late husband Donald, Kathleen Linnell and her husband Raymond, Patricia Graham and her husband Frank, Michael Faherty and his wife Mary Sue, and Ann Murphy and her husband Paul; Patricia was the doting grandmother of 16 and great grandmother to 13, and is also survived by many nieces and nephews.

Visiting hours were held Wednesday, Aug. 31, at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center. The following day there was a gathering at the funeral home at prior to the funeral mass at Holy Trinity Parish, Our Lady of Good Counsel, Quincy. Burial followed at Mt. Wollaston Cemetery, Quincy.

In lieu of flowers, contributions can be made to Catholic Charities, 66 Brooks Dr., Braintree, MA 02184.

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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

OBITUARIES

Dorothy E. Bereszniewicz, 93

DOROTHY E. BERESZNIEWICZ

Dorothy E. (Frongello) Bereszniewicz a longtime resident of Quincy passed away on Aug. 2, 2022 at the age of 93. Born in Cambridge to Ernest and Mary (Purificato) Frongello she was one of 9 children. She graduated from Girls High School in the South End in 1946 and went to work for Sears Roebuck where she met and married her husband Wally. After raising her children, she returned to work for the Medical Information Bureau retiring in 1993 after 25 years.

Dot had a wonderful sense of humor and was a great storyteller. She loved "holding court" and her family and friends loved listening as she shared stories of her life. She loved her brothers and sisters and was always very proud of her family successfully coming out of the depression and of her Italian heritage. Her and Wally loved bingo and casinos taking trips to Aruba and Las Vegas, as well as many day trips to Foxwoods and Twin River. In her later years Dot enjoyed reading, watching Golden Girls, Wheel of Fortune and Jeopardy. She also spent time with her children and grandchildren on the Cape in Falmouth.

Beloved wife for 65 years of the late William Bereszniewicz. Loving mother of Brian Bereszniewicz and his wife Shelia of Woodstock, GA, Denise Boyd and her husband Robert of Quincy, and Ronald Bereszniewicz and his wife Mary Jo of Boston. Cherished sister of Rudy Frongello and the late Joseph, Ronald and Robert Frongello and Esther Shedd, Gloria Adams, Fran London and Susan Hart. Nana of Kaitlin Husband and Jessica Bereszniewicz, Chris Boyd, Billy and Casey Bereszniewicz and the late Michelle Boyd DeJong. Great grandmother of Carson Rae Husband and Hudson Bereszniewicz. Also survived by many nieces and nephews.

Dot was a hardworking, generous woman. She was funny and feisty and will be missed by all who knew her. Services will be private. In lieu of flowers, donations in Dot's memory may be made to www.fighterfoundation.org.

See www.Keohane.com for online condolences.

Clara D. Cardillo

Clara Doris (Giordano) Cardillo passed away on Tuesday, Aug. 23, 2022.

She was born in Boston to Anna (Latorella) and Arthur Giordano. She was a devout parishioner of Our Lady of Good Counsel for over 40 years. In Clara's younger years she volunteered her service at the church whenever she was needed.

Clara's greatest joy came from spending time with her family and friends. She took her role as a wife, mother and grandmother very seriously, and her generosity and selflessness made her an excellent one. In her spare time, she travelled all over New England with her husband, Michael. They also enjoyed many plays and concerts together. She had a special place in her heart for Tanglewood, where she enjoyed many concerts. Clara loved her life and always kept a positive attitude.

Beloved wife of over 60 years to Michael Cardillo. Loving sister of Arthur Giordano and his wife Diane of Burlington. Devoted mother of Christine Ambrose and her husband Joseph of Quincy, Michael Cardillo and his wife Karen of Canton, Ann Philbrook and her husband Carl of Randolph, Patricia Thornton and her husband Paul of Randolph, Diane Coletta and her husband Paul Jr. of Weymouth, and Robert Cardillo and his wife Cynthia of Dedham. Cherished grandmother of Alex Cardillo of Dedham, Susana and her husband Nathan Houston of Quincy, Matthew Thornton and his wife Katie of Quincy, Paul J. Coletta III, U.S. Marine Corps of Weymouth, Christina Coletta of Weymouth, and Nicholas Cardillo of Dedham. Great-grandmother of Malcolm Carl Houston of Quincy.

Visiting hours were held Tuesday, Aug. 30, in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service was held in the funeral home on Wednesday, Aug. 31, prior to the Funeral Mass Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy. Burial in Pine Hill Cemetery, Quincy.

In lieu of flowers, donations in memory of Clara may be made to St. Anthony's Shrine, 100 Arch St., Boston, MA, 02110.

Please see www.Keohane.com for directions and online condolences.

More Obituaries online at www.TheQuincySun.com

In Loving Memory of your Birthday

Henry W. Bosworth, Jr.
September 13, 1924
February 7, 2009

Another birthday, another year,
With precious memories of one so dear,
Thoughts today of our lives together,
Hold a love that will live forever.
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DIRECTORS
Christopher P. Goulet, Sr. & Michelle A. Lydon
650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

Dear World

My young son starts to school today. It's going to be sort of strange and new to him for awhile, and I wish you would sort of treat him gently. You see, up to now he's been king of the roost. He's been boss of the backyard. His mother has always been near to soothe his wounds and repair his feelings. But now things are going to be different. This morning he's going to walk down the front steps, wave his hand, and start out on the great adventure. It is an adventure that might take him across continents, across oceans. It's an adventure that will probably include wars and tragedy and sorrow. To live his life in the world he will have to live in, will require faith and love and courage.

So, World, I wish you would sort of look after him. Take him by the hand and teach him things he will have to know. But do it gently, if you can. He will have to learn, I know, that all men are not just, that all men are not true. But teach him also that for every scoundrel there is a hero. That for every crooked politician there is a great and dedicated leader. Teach him that for every enemy there is a friend. Steer him away from envy, if you can, and teach him the secret of quiet laughter. In school, World, teach him it is far more honorable to fail than to cheat. Teach him to have faith in his own ideas, even if everyone says they are wrong. Teach him to be gentle with gentle people and tough with tough people. Try to give my son the strength not to follow the crowd when everyone is getting on the bandwagon. Teach him to listen to all men – but teach him also to filter all he hears on a screen of truth and take just the good that siphons through. Teach him, if you can, how to laugh when he is sad. Teach him there is no shame in tears. Teach him there can be glory in failure and despair in success. Treat him gently, World, if you can, but don't coddle him, because only the test of fire makes fine steel. Let him have the courage to be impatient. Let him have the patience to be brave. Let him be no man's man. Teach him always to have sublime faith in himself, because then he will always have sublime faith in mankind.

This is quite an order, World, but see what you can do. He's such a nice little fellow, my son!

-Dan Valentine

Compliments of
Keohane
Quincy, MA
617.773.3551
www.Keohane.com
Call us to receive a copy of "Dear World"

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304
Docket No. SU22P1653GD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Suffolk Probate
and Family Court
24 New Chardon Street
Boston, MA 02114
In the matter of:
William H. Apperwhite
Of: Quincy, MA
RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by **Boston Medical Center** of **Boston, MA** in the above captioned matter alleging that **William H. Apperwhite** is in need of a Guardian and requesting that **Albertina Cerveira-Hajjar, Esq.** of **Brookline, MA** (or some other suitable person) be appointed as Guardian to serve on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **10/05/2022**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: August 17, 2022

FELIX D. ARROYO
Register of Probate

9/8/22

PLEASE RECYCLE THIS NEWSPAPER

OBITUARY

Anthony J. 'Tony' Viapiano, 78

ANTHONY J. VIAPIANO

Anthony J. "Tony" Viapiano, age 78, a lifelong resident of Quincy, died suddenly and peacefully, Saturday, Sept. 3, 2022, at South Shore Hospital in Weymouth, in the comfort of his loving family.

Anthony was born in Quincy, to the late Joseph and Mary (Massaro) Viapiano. Raised and educated there, he was a graduate of Quincy High School, Class of 1961, and attended Northeastern University.

Tony was proud to have served in the United States Navy during the Vietnam era.

He was employed in property management with The Grossman Companies, Inc. for thirty years, and had been retired for many years.

Tony was a member of the Torre Dei Passeri Social Club in Quincy. He enjoyed gardening and woodworking. Most of all, he was devoted to his family, actively supporting their activities and accomplishments.

Beloved husband for fifty-three years of Kathleen J. (Olsen) Viapiano.

Devoted father of Anthony J. Viapiano, Jr. and his wife Kimberly Shubrooks of Burlington, John J. Viapiano and his wife Amy Ho of Hingham.

Loving grandfather of Joseph, Aidan, and Emmie Viapiano.

One of four siblings, he was the dear brother of Vincent Viapiano and his wife Carol of The Villages, Fla., and was predeceased by Patricia Vaillancourt and Isabel Cox.

Tony is also survived by many nieces and nephews.

Visiting hours were Wednesday, Sept. 7 from 4 to 7 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Relatives and friends are invited to attend.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School Street, Quincy, on Thursday, Sept. 8, at 10:30 a.m., with military honors to follow.

For those who wish, donations in Tony's memory may be made to the charity of your choice.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

More Obituaries online at www.TheQuincySun.com

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-70

Pursuant to the provisions of the Zoning Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, September 27, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of JCBT Architect for a Variance/Special Permit/Flood Plain to Add a 2.5 Story Rear Addition and Conversion to a 2-Family Dwelling with One Additional Parking Space in violation of the Quincy Zoning Ordinance as amended Section 5.1 (Off Street Parking) on the premises numbered 62 NIGHTINGALE AVENUE, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/8/22, 9/15/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-72

Pursuant to the provisions of the Zoning Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, September 27, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Patrick Foley, Esq. for a Variance/Finding to Convert the Existing Two-Family to a Three-Family in violation of the Zoning Ordinance as amended Section 4.1 (Dimensional Requirements), 3.4.3 (Nonconforming Structures) & 9.4 Special Permit (Variance for Parking) on the premises numbered 53-55 HOLMES STREET, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/8/22, 9/15/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-38

Pursuant to the provisions of the Zoning Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, September 27, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Xiu Guang Chen for a Variance to Enclose the Existing Front Porch and Add Windows in violation of the Zoning Ordinance as amended Section 4.1.1 (Front Setback) on the premises numbered 136-138 ELMWOOD AVENUE, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/8/22, 9/15/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-67

Pursuant to the provisions of the Zoning Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, September 27, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Jessica Morales for a Special Permit to Operate a Large Family ChildCare in violation of the Zoning Ordinance as amended Section 3.1 (Table of Use Regulations) on the premises numbered 44 PEARL STREET, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/8/22, 9/15/22

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

PUBLIC WORKS **FLEET PURCHASE** **SEPTEMBER 22, 2022 @11:00 A.M.**
21 FORD TRUCKS AND VEHICLES

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through email: purchasing@quincyma.gov Questions will be accepted until September 16, 2022 at 12:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR

Kathryn R. Logan, Purchasing AGENT

9/8/22

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO22P2175EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Cecilia L. Flynn
Date of Death:
June 17, 2022

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Mark Flynn** of **Quincy, MA.**

a Will has been admitted to informal probate.

Mark Flynn of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/8/22

Crane Library Offers $5 Bag Sale

By MIRIAM JOSEPH

Our gain is your bargain! The Crane Library Bookstore has received so many donations of DVDs and CDs from former pandemic shut-ins that we find the stockroom overflowing with a variety of listening and viewing choices.

So, on Saturday, Sept. 10th only, from 10 a.m. to 4 p.m., the store is offering a big-bag sale of all DVDs and CDs for $5. A 14 x 9 x 10-inch bag will be provided for our patrons to fill with an excellent assortment of DVDs and CDs to entertain adults and children.

If reading is more your preference, fiction and non-fiction hard cover books sell for $2 and paperbacks for $1, with even lower pricing for children's books and mass-market paperback novels.

Bookstore earnings support the library's diverse community programs not funded by the city, such as movie screenings, how-to programs, concerts, museum discounts and passes, public lectures, and events for children and teens.

Open on Thursday evenings from 6 p.m. to 8 p.m. and on Saturdays from 10 a.m. to 4 p.m., the intimate shop is managed and staffed completely by volunteers and welcomes all those interested in helping out.

The bookshop accepts donations of books and media in re-sellable condition. Materials in poor condition, magazines, encyclopedias, textbooks, outdated reference books or computer software and games cannot be accepted.

Treasures Program Offering Two Free Tours Saturday

The Department of Natural Resources Environmental Treasures program is offering two free tours on Saturday, Sept. 10.

Entitled "Exploring Quincy Point," the 2 p.m. tour will be led by author Wayne Miller. Miller has written two books about the history of shipbuilding in Quincy: Fore River Shipyard, A Postcard History and Quincy, Massachusetts: A Shipbuilding Tradition. The tour will feature sites along Town River.

At 4:15 p.m. Maura O'Gara will lead a social stroll passing by 2 beaches, the historic Fore River Club House and the former home of rock surf guitarist Dick Dale.

Optional: Participants are invited to bring a picnic to one of the benches or picnic tables at Mound Street beach to watch boats cruising the Town River before or after the tours.

Preregistration is required by emailing sowen@quincyma.gov. Meeting place and tour details will be provided upon registration. Please specify which tour you would like to attend.

For those not attending the tour, Miller's books may be purchased at the Quincy Historical Society.

Houghs Neck ChowdaFest Sept. 10

The 16th annual Houghs Neck Chowdafest will be held Saturday, Sept. 10 from 2-6 p.m., Bay View Avenue at the Public Landing.

Vote for the Best chowda recipe.

If you are a restaurant interested in entering contact Meredith Earnest at 617-750-7808 or email mearnest2003@gmail.com.

For individual entries contact Eileen Timcoe at 617-750-7628 or etimcoe@yahoo.com.

The event will also feature live music by the Red's Neckas Band. Advance tickets and t-shirts available Friday, Sept. 2 from 4-6 p.m. at LaBrecque Field.

For more information contact Eileen Timcoe.

Houghs Neck Garden Club Pot Luck Dinner Sept. 14

The Houghs Neck Garden Club is starting up its new year with the Annual Pot Luck Dinner on Wednesday, Sept. 14th. This special event is for members only.

The Beautification Committee has been busy all summer fighting against a long drought. Some plants have been lost and club members will be actively replacing what they can. It's very encouraging to see how many people in the area wave and call out encouragement as members work. Thanks!

We recently got a watering system built into the Leo Kelly Park, which has saved a lot of the trees and shrubs that we were in danger of losing. This is an example of where club money goes.

The Houghs Neck Garden Club looks forward to a fun and interesting year ahead.

As always, new members are welcome. Interested in joining? Call or text Joanne Bythrow at 617-347-3901.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts and a 501C3 non-profit organization.

Quincy Youth Hockey Mite House League Kick Off

Attention Mite* age hockey parents from Quincy and surrounding towns.

Do you have a child that already can't get enough of hockey?

Quincy Youth Hockey is bringing back and will be hosting a Mite House League this season that will kick off Oct. 1.

As a pre-launch of this program, QYH will be offering Mite House games free (Sept. 10, 17, 24). These sessions will be open to any Mite age player with a USA Hockey number (easy to register for one if you don't have one) regardless of residency.

Games will be held Saturdays at 7 a.m. and 8 a.m. at Quincy Youth Hockey arena.

Mite House League will be a fun, positive environment for the kids with music playing, and "celly's" encouraged. Teams will be organized and reorganized (mid game even) to ensure parity. This ice time is designed with the main goal of building a child's love of hockey.

Quincy Youth Hockey extends a big thank you to its sponsors who have stepped up thus far for our program in the first moments of announcing it: Fowler House Quincy, John MacNeil and Family (keeping the Houghs Neck Manets name alive), Todd Stone Electric, Atty Jack Greene, The Quincy Women's Hockey Association, NQ Boosters, QHS Boosters, QFD and& QPD.

If you're interested in becoming a sponsor of the 2022/23 Mite House League program, reach out to treasurer@qyha.net for additional information.

To register visit: www.quincyyouthhockey.net

*(U-8 birth years 2014/2015 & U-6 2016)

This program is not for beginners. For more information on QYH Learn To Skate and Learn To Play programs visit the Quincy Youth Hockey website.

Mite Box Thrift Shop Open Sundays 1-5 P.M.

The Mite Box Thrift Shop at the Parish of St. Chrysostom, 1 Linden St., Quincy, is open on Sundays from 1 to 5 p.m.

The Sunday hours are in coordination with the Quincy Farmers' Market, which is operating on parish grounds during the same times. The Sunday hours will continue for the rest of the summer, through the end of October.

The thrift shop will return to a modified schedule in the fall. Look for fall opening announcement in the weeks to come.

Quincy Point Congregational Church

Sept. 11 worship begins at 10 a.m. (live streamed or in the sanctuary) at Quincy Point Congregational Church, 444 Washington St.

View worship via the live stream on the Quincy Point Congregational Church's Facebook or YouTube pages or at www.quincypointcong.org.

The sanctuary is air-conditioned and accessible with designated parking and an elevator on the Abbey Road Side of the church.

The first Choir rehearsal of the season is Thursday, Sept. 8 at 7:30 p.m. All are welcome, contact the church if you are interested (info below).

Rally Day is Sept. 18 and the theme is based on two books by Shirley Raye Redmond, "Courageous World Changers" and "Brave Heroes and Bold Defenders."

If you wish to receive registration information about the Youth Group, Confirmation or Sunday school or the nursery, contact the church office at 617-773-6424 or office at quincypointcong.org. You can also visit the church social media or see the schedule for the year, listed on the church website https://www.quincypointcong.org/christian-education.

Chi Kin Li Enrolled At Albright College

Chi Kin Li of Quincy has begun higher education studies at Albright College in Reading, PA.

Li is pursuing a Bachelor of Arts degree as a member of the class of 2026. A graduate of North Quincy High School, Li is studying the alpha program at Albright.

Voice And Viol Concert Series In Quincy

Chamber music ensemble Lyracle is launching an early music concert series in Quincy. Combining music and storytelling, Lyracle brings rarely performed repertoire for voices and viol to new ears.

On Friday, Sept. 16, Lyracle will present "Viol Vignettes: Music of Forgotten Viol Players," at United First Parish Church at 7:30 p.m. Tickets range $10-$15.

Tickets at the door or at https://tinyurl.com/5f98j4cw

Masks are required.

The program will feature Quincy residents Ashley Mulcahy (mezzo-soprano) and James Perretta (viol), who will be joined by Arnie Tanimoto (viol).

The program will be presented with Chinese translations. Learn more about Lyracle at lyraclemusic.com or on social media at @lyraclemusic.

21st Anniversary

ALWAYS
09-11-01
REMEMBER

Please join us in one minute of silence wherever you happen to be this Sept. 11th, from 9:59 A.M. to 10:00 A.M. Thank you for all of your support over the years.

We should never forget the sacrifices made on this day 21 years ago.

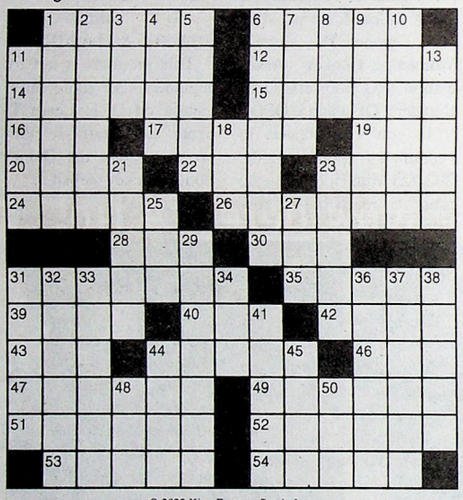
QUINCY FIRE DEPARTMENT
QFD Headquarters, 40 Quincy Ave., Quincy

SUN FUN PAGES

King Crossword

ACROSS
1 Milan's La —
6 Mops the deck
11 First game of the season
12 Fortune-telling decks
14 Gift giver's words
15 Not level
16 Italian "three"
17 Trombone part
19 Coach Parseghian
20 Coup d'—
22 Summer on the Seine
23 Not kosher
24 Hose material
26 1955 Platters hit
28 — -di-dah
30 Pinnacle
31 "Pretty please?"
35 From the area
39 Writer Kingsley
40 Highland hat
42 "Elephant Boy" actor
43 UV ray-blocking stat
44 James — Garfield
46 Stanley Cup org.
47 Spill the beans
49 "Psst!"
51 Dodged
52 Knight suits
53 Basilica areas
54 Inclines

DOWN
1 Stylish
2 Breakfast bowlful
3 Whatever amount
4 Late July babies
5 As — (usually)
6 Pupil
7 Diminish
8 "Right you —!"
9 Emma of fiction
10 Sound system
11 Frequently
13 Major mix-up
18 "Am — blame?"
21 Bridge fees
23 Printing errors
25 Aye undoer
27 Texter's chuckle
29 Sites of rapid growth
31 Squander
32 Chevy model
33 Boost
34 Eg. and Syr., once
36 Big gorge
37 Loathes
38 Humdingers
41 Taj —
44 Out of the storm
45 Simple
48 Pro Bowl stats
50 Singer Sumac



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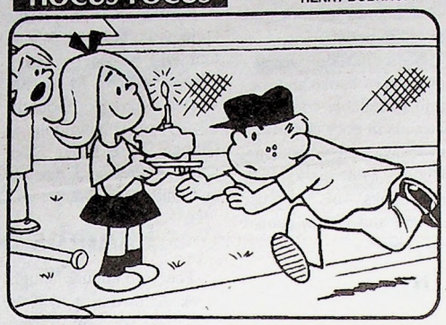
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Differences: 1. Bow is smaller. 2. Bat is moved. 3. Cake is different. 4. Cap is reversed. 5. Shirt is different. 6. Sneaker is different.

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What is the only country in the world without an official capital city?
2. GENERAL KNOWLEDGE: Which Chinese zodiac animal is celebrated in the year 2022?
3. BUSINESS: When did the auction site eBay launch?
4. HISTORY: How many years has Queen Elizabeth been on the throne?
5. MOVIES: Who played Wolverine in the X-Men movie series?
6. U.S. STATES: Which state's motto is "Mountaineers are always free"?
7. ASTRONOMY: What is the only planet in our solar system that isn't named after a Greek-Roman deity?
8. MYTHOLOGY: Which Egyptian god has the head of a jackal?
9. TELEVISION: How many times has the hospital's name changed in the drama "Grey's Anatomy"?
10. RELIGION: Where was the founder of Buddhism born?

Answers
1. Nauru, an island nation in the Pacific Ocean.
2. The Year of the Tiger.
3. 1995.
4. 70. She just celebrated her Platinum Jubilee.
5. Hugh Jackman.
6. West Virginia.
7. Earth.
8. Anubis, god of death.
9. Three.
10. Buddha was born in what is modern-day Nepal.

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Salome's Stars

ARIES (March 21 to April 19) As eager as you are to take on that new challenge, it would be best to temper that spurt of "Ram"-bunctious energy until you have more facts to back up your decision.

TAURUS (April 20 to May 20) This is a good time for hardworking Bovines to take a break from their hectic on-the-job schedules to bask in the unconditional love and support of friends and family.

GEMINI (May 21 to June 20) Pay attention to what you hear in the workplace. You could pick up some hints about possible changes. Meanwhile, a new infusion of creative energy sets in by week's end.

CANCER (June 21 to July 22) Try to be more flexible in dealing with a suddenly difficult situation, whether it's on the job or at home. Others might have some good points to offer. Listen to them.

LEO (July 23 to August 22) You might think you're not getting the royal treatment you deserve. But, be careful not to become a royal pain by complaining about it. Be patient and allow things to work out.

VIRGO (August 23 to September 22) Watch that penchant for being super judgmental at work. It might create a bad impression with someone whose decisions could determine the course of your career.

LIBRA (September 23 to October 22) You've been your usual busy-bee self, gathering nectar wherever you can find it. But now's a good time to kick back, relax and just enjoy smelling the roses.

SCORPIO (October 23 to November 21) That pesky personal situation seems to be improving. But, change comes slowly, so be patient. Expect someone to bring more positive news by week's end.

SAGITTARIUS (November 22 to December 21) Whoa! Ease up on that hectic pace you've been putting yourself through. Take time to recharge your energy levels before going at a full gallop again.

CAPRICORN (December 22 to January 19) Try to be intrigued, not intimidated, by the issues you're suddenly facing, and you'll be ahead of the game. Don't be afraid to demand answers to your questions.

AQUARIUS (January 20 to February 18) Are new associates freezing you out of their inner circle? Never mind. Put a warm smile on that friendly face of yours, and you'll soon thaw them all down to size.

PISCES (February 19 to March 20) Your wise guidance helps colleagues agree to compromise and move forward. Meanwhile, there are still vital issues you need to deal with in your personal life.

BORN THIS WEEK: You enjoy being free with your emotions, but you can exercise disciplined focus as well. You would make a fine artist.

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MAGIC MAZE

FOOTPRINTS AT GRAUMAN'S CHINESE THEATRE SINCE 2010

G N K I F C Z W U R P M J H E
C Z X U S Q N L J G E C Z X V
T O R P N L J H E C R L A Y W
V T N S S Y R P N E L L K I G
E C B I R E H C N O V A K Z X
W U W R T A S I R A P V O M L
J E E I G N E R R I M U E D B
L P A Y X R A P W U A D N O F
T (P L U M M E R) S S K O O R B
S Q N O T S I N A L O P P O C
P O N L R E L L I T S K J H G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: CARL AND ROB —

Aniston	Duvall	Mirren	Spears
Brooks	Fonda	Novak	Stiller
Cher	Goodman	Perry	Tarantino
Coppola	Lewis	Plummer	

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Wishing Well®

2	4	6	8	6	8	4	2	6	5	6	3	2
T	A	A	N	S	E	D	H	S	B	E	E	O
6	2	4	2	4	3	4	6	2	4	3	4	7
T	U	A	G	Y	X	T	S	H	O	P	R	A
4	2	8	7	4	7	8	2	3	2	6	3	5
E	T	W	T	M	I	L	S	E	A	I	C	E
8	4	7	3	6	5	4	8	7	3	7	8	7
O	E	D	T	N	H	M	V	Y	S	S	E	U
4	8	2	3	5	8	7	2	5	6	4	2	8
B	I	R	U	O	N	M	E	N	C	E	H	T
4	8	3	5	3	6	3	8	6	5	2	3	2
R	E	C	O	C	R	E	R	E	R	A	S	P
5	6	2	6	8	2	6	5	8	5	8	3	5
A	A	P	S	E	Y	E	B	S	L	T	S	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Z equals Y

ZHS FKORRZ WYHSRCQ'U
CDWFKJOFC UYKWK PDQK LKHLRK
PFHN UYK LDQK UFKK WUOUK.
NDQC ZHSF NODQKFW!

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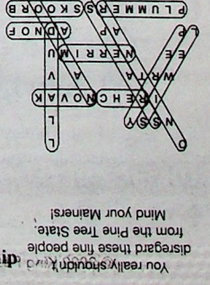
King Crossword — Answers

Solution time: 21 mins.

Magic Maze ANSWERS:



CryptoQuip answer

You really shouldn't disregard these fine people from the Pine Tree State. Mind your Mainers!

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Despite Johnny Depp's validation after the scandalous trial against his former wife, Amber Heard, Hollywood still considers him untouchable. Disney's considering reversing their decision on completing the upcoming "Pirates of the Caribbean" sequel without him. Depp's had a hard time finding work, so he went to Europe to play King Louis XV in the French film "La Favorite" (set for a theatrical release next year). He's planning to re-brand himself with a return to directing after 25 years, with "Modigliani," about the Italian-born painter and sculptor Amedeo Modigliani. A previous film on Modigliani starring Andy Garcia was made in 2004, and it cost $208,507, but only grossed $1.42 million. Depp said, "Modigliani's saga is one I'm incredibly honored to bring to the screen." He does have an insurance policy – one of his producers is Al Pacino.

***

In a return to classic gangster films like "Goodfellas" (1990) and, more recently, "The Irishman" (2019), Robert DeNiro has enlisted the talents of several men to write the screenplay for his upcoming film: "Rain Man" director Barry Levinson; "Rocky" franchise producer Irwin Winkler; and Nicholas Pileggi, the 89-year-old author of 1985's "Wiseguy: Life in a Mafia Family" (on which "Goodfellas" was based). The film's about two real-life crime bosses, Vito Genovese and Frank Costello. DeNiro's cast a great actor to be his co-star...himself! He'll be playing both crime bosses!

***

If you haven't already heard of Simu Liu, the handsome 33-year-old Canadian actor who starred in "Shang-Chi and the Legend of the Ten Rings" (2021), you definitely will now. Needless to say, the actor's in great demand, and has already completed his role in "Barbie," opposite Margot Robbie and Ryan Gosling (due next year). He also has the upcoming adventure film "Arthur the King," second-billed after Mark Wahlberg, as well as the romance film "One True Loves." In addition, the sequel to "The Legend of the Ten Rings" is in its development stages, so his future is looking bright.

***

Remember when Disney was so squeaky clean, their films could be shown anywhere? Well, this will blow you away. Both "Thor: Love and Thunder" and the animated "Lightyear" have been banned from theaters in Malaysia. Their censorship board asked for cuts to these films, explaining, "We're committed to curtailing the spread of LGBT culture in our country." They added, "We are frustrated our powers are limited and don't cover streaming services like TikTok and Netflix." Disney refused to make any cuts, and in fact, "Lightyear" is already on Malaysian televisions via Disney's streaming service located there called Hotstar. It's so goofy that their judgment is so dwarfed!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	–		×		21
+	■	+	■	+	■
	+		×		27
×	■	×	■	+	■
	×		–		26
28	■	24	■	22	■

1 2 2 4 5 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Trial Pieces — Art pottery is made by a single talented artist, a group of designers and artists who share the different steps, or a large company that has expensive machinery, men who make the molds, throw the clay and manage the hot ovens, and many talented designers and artists. Trial pieces are made that are eventually destroyed or sold after the final design has been determined. In 2016, an auction at Humler & Nolan, a now-closed Cincinnati auction gallery, sold three very modern looking vases. The three "Ming Tree" vases, introduced in 1949, were auctioned each with a different trial glaze color. The blue gray vase with yellow and pink coraline-like foliage sold for $489, the light blue vase with pink and green foliage for $431, and the turquoise blue vase with white and green foliage for $401. They are all marked with the words "ROSEVILLE U.S.A." in printed letters.

* * *

Q: I have about 25 Nancy Drew mystery books that I got in the 1960s. They aren't in the best shape, but I was wondering if they are popular collectibles. I've seen them along with the Hardy Boys in a lot of thrift stores.

A: Amateur sleuth Nancy Drew, along with her companions – "tomboy George" and "plump Beth" – started solving crimes in 1930 in the "Secret of the Old Clock." The books are still popular. They were created by publisher Edward Stratemeyer as the female counterpart to his Hardy Boys series. They were ghostwritten by several authors under the pseudonym Carolyn Keene. Vintage Nancy Drew books cost $8 to $10 each in thrift stores and can still be bought new in bookstores.

* * *

TIP: Check the screws holding shelf brackets to the wall. Every time you add a collectible, you add weight. Shelves may break from the strain.

* * *

CURRENT PRICES

• Ridgways plate set, earthenware, hand-colored, horse-themed vignettes on center inside fluted band, flattened border with gold rim, stamped "Ridgways Old Ivory Bedford Ware/ Made in England," 10 inches, 20 piece, $250.

• Tole tray, metal, two tiers, painted scene, figures on stone steps, woman drawing water, leaves, scrolls, reticulated rims, arched handle, England, c. 1900, 16 x 17 inches, $365.

• Brass firewood bucket, hammered and incised decoration, raised crest with plumed top and scrolling leaves, lion's head masks and ring handles on sides, three hairy paw feet, England, 1800s, 29 x 26 3/4 inches, $820.

* * *

Learn the six collectibles NOT to collect anymore at www.kovels.com.

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Strange BUT TRUE

• Swimmers sweat underwater.

• Shout out to "The Wizard of Oz": Dominic Wilcox designed "No Place Like Home" shoes containing a small GPS unit that can be programmed with a home address. How is it activated? By clicking your heels together three times, of course! A series of LED lights on top of the left shoe will then point you in the direction of home.

• The average person spends 38.5 days brushing their teeth.

• In 1775, a 78-year-old Massachusetts farmer named Samuel Whittemore fired at British soldiers and killed three. Out of ammo, he drew his sword to continue fighting and was shot in the face, bayoneted multiple times, and left for dead. But those pesky Brits had nothing on Whittemore: He was found, was patched up, and lived another 18 years.

• Studies show that about 85% of people breathe out of just one of their nostrils at a time.

• The auto industry used sperm whale oil as an ingredient in automatic transmission fluid until 1973, when Congress passed the Endangered Species Act and banned it.

• More than 40 buildings in New York City, including the General Motors and Empire State buildings, have their own zip code.

• In 2013, a petition requesting that the U.S. government build a Death Star reached 25,000 signatures, the amount required for an official response. That hopeful effort proved to be in vain, however, when the government replied that "the Administration does not support blowing up planets."

• Research found that some neighborhoods containing more dogs had lower levels of crime, likely because of their residents' need to walk or at least let out their canines at all hours.

***

Thought for the Day: "Winning doesn't always mean being first. Winning means you're doing better than you've done before." – *Speed skater Bonnie Blair*

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Now here's a tip!

by Jo Ann Derson

• Before I pluck my eyebrows, I rub on a bit of my granddaughter's teething gel. She's done teething and doesn't need it anymore, but it works well for me. Be very careful to apply, let dry and wash your hands before touching your eye any further! – *M.L. in California*

• When microwaving items of different sizes, arrange the largest parts toward the outside of the plate for more even cooking.

• Lemon juice mixed together with coarse salt makes an inexpensive copper cleaner.

• When going fishing and you are only bringing a couple of lures, use an old, empty pill container. It holds well and you won't be poked. – *D.B. in Minnesota*

• When figuring up the cost of moving yourself or using a service, be sure to consider the cost of your time and your health. And be certain that you are able to drive the moving van if you rent a large truck.

• If you don't keep a lot of foods in your freezer, you can fill large gallon-size zipper-top bags with ice cubes. You will always have plenty of ice on hand, and your freezer will not have to work as hard to keep the items in it frozen.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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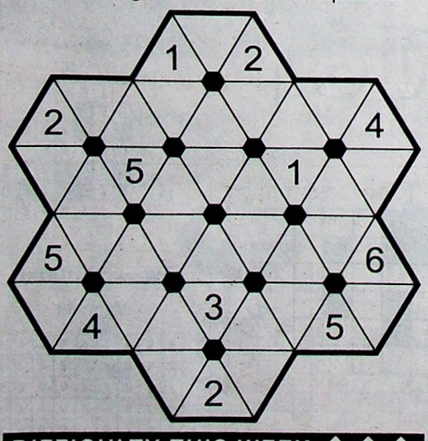
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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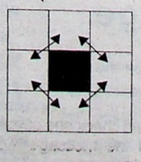
STICKELERS [sic]

by Terry Stickels

Below is a 3 x 3 grid where the center square is blacked out and is not in play. Can you place the numbers 1-8 (only one time each) in such a fashion that no two consecutive numbers are adjacent to each other, including the short diagonals (which are marked on the grid)?



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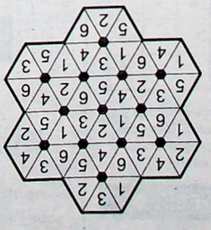
SNOWFLAKES solution



Stickelers Answer

Here's one possibility, and its mirror image also would work. Did you find other solutions?

Go Figure! answers

■	22	■	24	■	28
4	×	8	–	6	26
×	■	+	■	×	■
2	+	1	×	9	27
+	■	+	■	+	■
5	–	2	×	7	21

Super Crossword

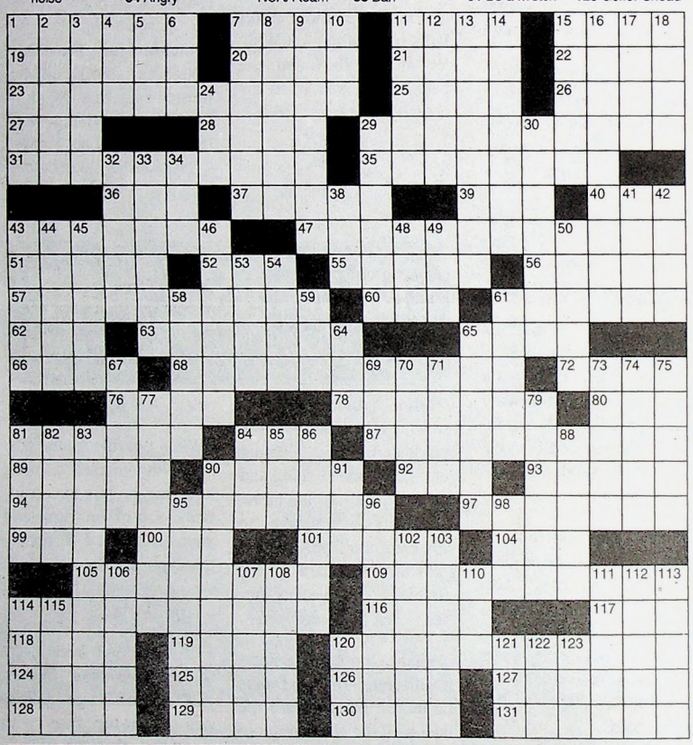
GIFTS OF THE YEAR

ACROSS

1 First scale syllables
7 Gripping tool
11 Arid expanse in Mongolia
15 Move like a grasshopper
19 "Not Afraid" rapper
20 Affirmation of self-ability
21 De-wrinkle
22 Giant fair
23 Stocks and shares [1st]
25 Stand-up comedian Richard
26 Super serves
27 Low digit
28 Play starter
29 American robin's close relative [5th]
31 Figure on a kid's toy battleground [10th]
35 Revolutionary War mercenaries
36 Wed. follows it
37 Yellow-disked flower
39 'Zine
40 Canon camera line
43 Rapping noise
47 She sang "Don't It Make My Brown Eyes Blue" [15th]
51 Online selling
52 Driver's license, SSN, etc.
55 Determined to accomplish
56 Living space
57 1988-91 war drama series [20th]
60 Earth's heater
61 Bluegrass fiddler Alison
62 Longtime ISP option
63 Laundry receptacle
65 &&&&
66 "Hey, over here ..."
68 Tree of eastern North America [25th]
72 Lid fastener
76 Infamous Idi
78 Very small minority
80 Mineral spring
81 Taxi driver
84 Angry
87 Small, pungent pickling vegetable [30th]
89 Player's top effort, informally
90 Literary leaf
92 Part of IPA
93 Slow a car down
94 Dorothy's magical shoes [40th]
97 Filleted
99 Cough up
100 Low digit
101 Rapscallion
104 PC key abbr.
105 Daughter of JFK
109 Half-million-selling album [50th]
114 Mae West play [60th]
116 "Dies —" (hymn)
117 Dog coater
118 "Eso Beso" singer Paul
119 Revered sort
120 Occasion associated with the starts of 10 answers in this puzzle
124 Salt Lake City NCAA team
125 Soothe
126 Profit
127 Actor Steven
128 Work honcho
129 Deli breads
130 Possesses
131 Attractive

DOWN

1 Bus station
2 Neighbor of a Yemeni
3 Get mature
4 Ending for propyl
5 Sea, to Henri
6 "— big boy now"
7 Glutinous
8 Cold drink, informally
9 Like biting writing
10 U.S. Navy off.
11 Toy for a boy, traditionally
12 Longtime cookies
13 Bail provider
14 Part of IPO
15 Find out
16 "How rude!"
17 Gorillas, e.g.
18 Opulent
24 Tearful
29 "As a matter of fact, I do!"
30 Hollow-eyed
32 Sully
33 Ban
34 Grazing area
38 Near-grads: Abbr.
41 Part of 122-Down
42 Beholds
43 Quick review
44 Eldest Musketeer
45 Kite features
46 Has a link (with)
48 Actor Erwin
49 Whole lot
50 Disconcert
53 Author Roald
54 1976-81 skit series
58 Sink bowl
59 Color shade
61 Get down to propose
64 "It's freezing!"
65 Filmmaker Hitchcock
67 Singer Wynette
69 See 70-Down
70 With 69-Down, tourist's printed guide
71 Ring, as bells
73 Nepali, e.g.
74 Said words
75 Sectioned, as a window
77 Conductor
79 Teeter
81 Be a kvetch
82 Juan's water
83 Sweetums
84 Swabby's tool
85 High mount
86 Semi fuel
88 College org. for sailors-to-be
90 Occasion for unrestricted amusement
91 Tolkien terror
95 More silly
96 Eastern Michigan city
98 Corn serving
102 "Top o' the — to ya!"
103 Prairies, e.g.
106 Accrue
107 "Victory is yours"
108 Brother on "Frasier"
110 Actor Patel of "Lion"
111 No longer a minor
112 Countryish
113 In a deadpan manner
114 Smear on, as paint
115 Crazy about
120 Past
121 PC key abbr.
122 Speed Wagon maker
123 Golfer Snead



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celebrity extra

by Dana Jackson

Q: Is the TV series "Big Sky" coming back this fall, or next year? I can't keep track of all my favorite shows, since they don't all start during the fall TV season. – *L.Y.*

A: Yes, "Big Sky" will return to ABC on Wednesday, Sept. 21 at 10 p.m. ET. With each season having a separate storyline, there will also be an expanded title this season – "Big Sky: Deadly Trails." Constance Zimmer is expected, but not confirmed, to be returning, since last season's story left viewers hanging. According to PrecinctTV.com, Zimmer isn't a series regular and is quite busy, so "this could lead to her not being available to film 'Big Sky' season three."

However, I can confirm several big stars who are joining the show this season on a contract basis. Jensen Ackles ("Supernatural") debuted as Beau Arlen at the end of season two, but will be back, along with Jamie-Lynn Sigler ("The Sopranos").

Singer/actress Reba McEntire will play Sunny Bricker, the owner of a "glamping" business whose customers disappear. Her real-life beau, Rex Linn ("Better Call Saul"), will play opposite her as Sunny's husband, Buck. Rosanna Arquette ("Pulp Fiction") has also signed on to play a conartist mom.

Despite the show's main plot changing each season, the two main characters, Jenny Hoyt (Katheryn Winnick) and Cassie Dewell (Kylie Bunbury), will continue as the prime investigators.

***

Q: I saw a preview for a new movie starring Jon Hamm, with the name "Fletch" in it. Is it a remake of the Chevy Chase film of the same name from years ago? – *J.G.*

A: "Confess, Fletch," the upcoming movie directed by Greg Mottola, is not a remake of 1985's "Fletch" or its sequel, "Fletch Lives," but it is the same character originally portrayed by Chase. In the 2022 version, Fletch, as played by Jon Hamm, is a semi-retired investigative journalist who finds himself accused of a string of murders. Hamm's "Mad Men" co-star, John Slattery, also stars in the movie as Fletch's newspaper editor. According to Mottola, the two characters have a love-hate relationship.

Even before Chase stepped into Fletch's shoes decades ago, the character was originally conceived by author Gregory Mcdonald in a series of books. His novel "Confess, Fletch" was actually published in 1976. The new film is based closer to the character from the books, rather than Chase's portrayal, as Hamm didn't want to just mimic the legendary comedic actor's mannerisms.

Look for "Confess, Fletch" in theaters and on-demand beginning Sept. 16.

***

Kylie Bunbury
portrays Cassie Dewell in ABC's *"Big Sky."*

Photo credit:
ABC/Kharen Hill

Q: Where has Joe Pesci been? I haven't seen him since "Goodfellas" and "Casino." – *H.V.*

A: The 79-year-old actor has taken a hiatus from acting every now and again in recent years, but his career is on the upswing once more. He even teamed up with director Martin Scorsese in the 2019 Oscar-nominated film "The Irishman."

Next, Pesci will play Pete Davidson's ("Saturday Night Live") grandfather in the new series "Bupkis" on Peacock. It's loosely based on Davidson's life, and will also star Edie Falco ("Nurse Jackie") as Davidson's mom.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Edit	_ _ _ _ S _	Resuscitate	_ _ _ _ V _
2. Very fussy	_ _ C _ _	Smallest finger	_ _ N _ _
3. Unaccompanied	_ L _ _ _	Compensate	_ T _ _ _
4. Prison keeper	W _ _ _ _ _	Vegetable plot	G _ _ _ _ _
5. Tea kettle mist	_ _ _ _ M	Rob	_ _ _ _ L
6. Shaving cream	_ _ _ H _ _	Second (of two)	_ _ _ T _ _
7. Dislodge	_ U _ _ _	Officer's brooch	_ A _ _ _
8. Perforate	_ _ _ _ C _	Dakota capital	_ _ _ _ R _
9. Tenet	_ _ _ _ N	Birch bark vessel	_ _ _ _ E
10. High-level meeting	_ _ M _ _ _	Put forward	_ _ B _ _ _

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Weekly SUDOKU

by Linda Thistle

	3		6			4		
8				7	5			9
		9			2		7	
2				8	4			5
	4			1			9	
	7	1	5			8		
6					3	2	1	
		7	8					3
	1			6				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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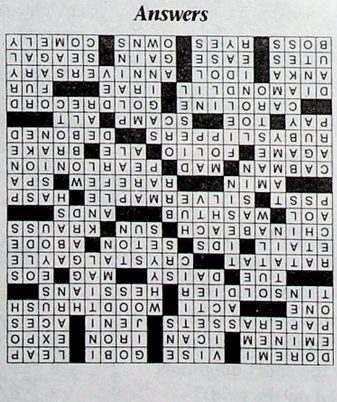
Super Crossword

Answers



Even Exchange

answers

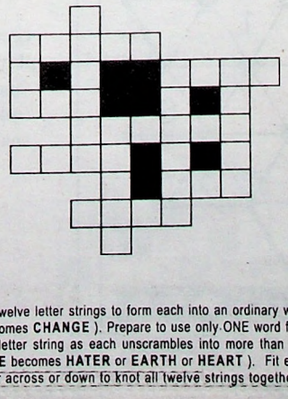
1. Revise, Revive
2. Picky, Pinky
3. Alone, Atone
4. Warden, Garden
5. Steam, Steal
6. Ladder, Latter
7. Budge, Badge
8. Pierce, Pierre
9. Canon, Canoe
10. Summit, Submit

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

HYS
ASHTAG
DYWAB
♥YUBR
RUSBRA
BHU
♥NTWO
ONNLY
♥UBS
WYNHOA
NUTHA
♥EABB



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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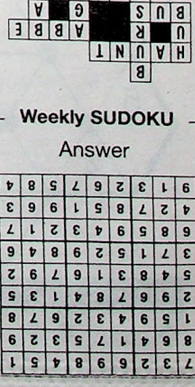
FEAR KNOT

answer



Weekly SUDOKU

Answer

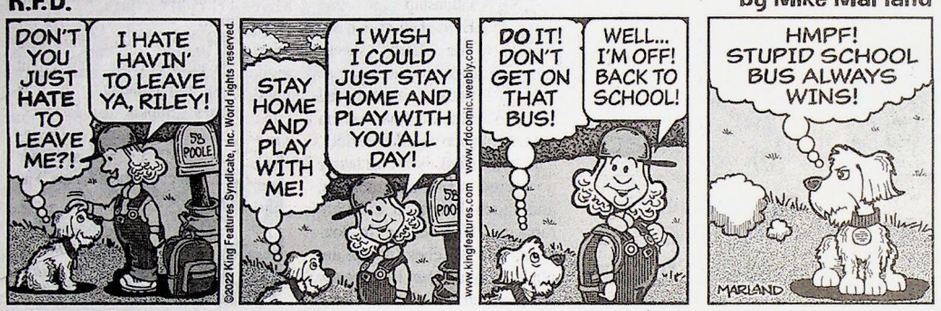
9	1	3	2	6	7	5	8	4
4	2	7	8	5	1	9	6	3
6	8	5	9	4	3	2	1	7
3	7	1	5	2	9	8	4	6
5	4	8	3	1	6	7	9	2
2	9	6	7	8	4	1	3	5
1	5	9	4	3	2	6	7	8
8	6	4	1	7	5	3	2	9
7	3	2	6	9	8	4	5	1

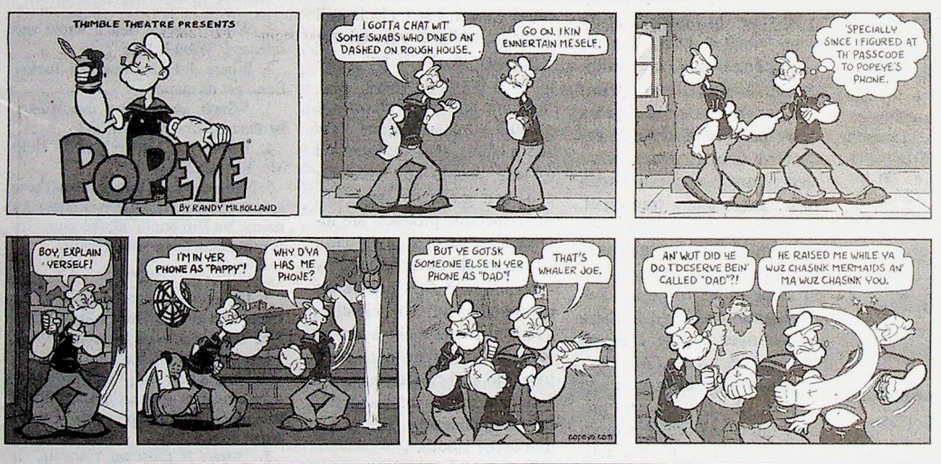
Amber Waves

by Dave T. Phipps

R.F.D.

by Mike Marland





SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Tust
LIVEBEE

Revise
DIET

Cheat
NEWLIDS

Delicate
RENTED

"If we don't go, people will think we weren't _____."

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	⑤	3	■	②
⑤	■	①	3	4
3	4	■	1	⑤
4	■	②	■	③
②	①	⑤	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

4	5	2	6	5	7	3
1	6	5	5	2	3	3
2	7	5	6	4	2	6
5	2	5	4	1	3	7
6	5	1	7	4	4	2
3	5	4	7	7	7	1
3	4	3	2	3	5	7

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Paw's corner

by Sam Mazzotta

Rally Family, Friends to Find Lost Cat

—

DEAR PAW'S corner: My orange striped cat, Charlie, went outside for the night about two weeks ago. I haven't seen him since. He's been an indoor/outdoor cat since I adopted him at a year old and always goes outside for about two hours after the sun sets, then scratches at the screen door to be let back in. I'm not able to walk far or drive these days. How can I let people know to look for him? – *Janice L., via email*

Dear Janice: It's time to rally the troops to hunt for Charlie. Call your family members, friends, acquaintances, church – everyone you know. Post on Facebook. Ask for their assistance in looking for Charlie and explain your situation.

A Facebook post will get the word out to friends or family that you're connected to. From there, they should post a photo or description of Charlie to local community groups and lost pet groups on the social media service.

Contact all the local shelters – you can call or email them – to see if Charlie is being cared for there. These shelters may have a newsletter that you can subscribe to, and if they have a lost pet section, they might mention it in the newsletter. (Shelters rarely announce lost pets on public social media groups.)

Have friends or family members put up "lost cat" signs around the neighborhood with a photo and description of Charlie and a contact number. See if they can periodically drive the nearby streets to see if Charlie darts past them.

I wish you all the best in finding your cat.

Send your questions, tips or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of Sept. 5, 2022

—

Video On Demand

1. Elvis (PG-13) Austin Butler
2. Gone in the Night (R) Winona Ryder
3. Paws of Fury: The Legend of Hank (PG) Michael Cera
4. Dog (PG-13) Channing Tatum
5. Minions: The Rise of Gru (PG) Steve Carell
6. Last Seen Alive (R) Gerard Butler
7. Paradise Highway (R) Frank Grillo
8. Father Stu (R) Mark Wahlberg
9. Sniper: Rogue Mission (R) Chad Michael Collins
10. Doctor Strange in the Multiverse of Madness (PG-13) Benedict Cumberbatch

DVD, Blu-ray Sales

1. Jurassic World: Dominion (PG-13) Paramount
2. Sonic the Hedgehog 2 (PG) Paramount
3. The Black Phone (R) Universal
4. Doctor Strange in the Multiverse of Madness (PG-13) Disney/Marvel
5. Jurassic World: Ultimate Collection (PG-13) Universal
6. The Lost City (PG-13) Paramount
7. Fantastic Beasts: The Secrets of Dumbledore (PG-13) Warner
8. Last Seen Alive (R) Vertical
9. NCIS: The Nineteenth Season (TV Series) Paramount/CBS
10. Top Gun* (PG-13) Paramount

*Re-release

Source: Comscore/ Media Play News

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Hitori answer

3	4	3	2	3	5	7
1	6	5	5	2	3	3
2	7	5	6	4	2	6
5	2	5	4	1	3	7
6	5	1	7	4	4	2
3	5	4	7	7	7	1
3	4	3	2	3	5	7

SCRAMBLERS solution

INVITED

Today's Word

3. Swindle 4. Tender

1. Believe 2. Evil

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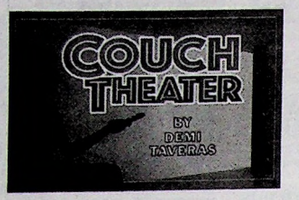
MORE SUN FUN



"Disobedience" (R) — Ronit (Rachel Weisz), a photographer in New York, travels to London after the sudden passing of her father, the Rav Krushka. Arriving back at the Orthodox Jewish community that she has been estranged from for so long, Ronit reunites with two of her old friends, Dovid (Alessandro Nivola) and Esti (Rachel McAdams), who now happen to be married to each other. As Ronit attempts to tie up her late father's loose ends, she and Esti become very close, just like they were when they were young girls, in a way that is completely unacceptable within their community. A slow burn at first, this romantic drama dives into themes of forbidden love, religious and societal ideals, and learning to accept one's true self. Premieres Aug. 26. (Netflix)

"House of the Dragon" (TV-MA) — Three years after the series finale of one of the biggest TV shows of all time, the first episode of the prequel series to "Game of Thrones" has now premiered on streaming services. Set 300 years before the time of the beloved Mother of Dragons, Daenerys Targaryen, "House of the Dragon" mainly focuses on the history leading up to the end of the Targaryens' rule over the Iron Throne. When the question emerges of who is to assume power after the current king, Viserys I, three potential candidates — the king's firstborn child, his brother and his cousin — make their respective stances. But, only one will win the war to rule the Iron Throne. (HBO Max)

"Samaritan" (PG-13) — There once was a man named Samaratin, whose feats were so incredible that he was well known throughout his city as a superhero — that was, until he went missing and was pronounced dead in battle. Twenty-five years later, a young boy named Sam is in the middle of getting jumped on the street by neighborhood bullies when Joe, a garbage man, comes to his rescue and sends the bullies running for the hills. Sam's convinced Joe is actually Samaratin and, when proved right, hesitantly gets taken under the irritable old man's wing. But, little does Joe know, all it can take is one kid to show him that Samaratin shouldn't have to hide anymore. Starring Sylvester Stallone and Javon Walton ("Euphoria"), this action film premieres on Aug. 26. (Prime Video)

Courtesy of AppleTV+

Sarah Greene, Sharon Horgan and Eve Hewson star in "Bad Sisters."

"Bad Sisters" (TV-MA) — Some people would do anything to protect their siblings, even if their siblings don't outrightly ask them to. That's the case with the four Garvey sisters, who have had enough of seeing their fifth sister suffer in an abusive marriage. Now, a good sister might suggest couples' therapy or a separation period, but as the series' title claims, there are no good sisters here. So, the Garvey girls decide to speed up the end of this marriage with a much-faster means: murder. The first two episodes of this comedy-thriller series are out now. (AppleTV+)

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Contract Bridge

POWER OF POSITIVE THINKING

South dealer.
North-South vulnerable.

NORTH
♠A 10 8 5
♥K 9 8 2
♦J 7 4
♣K 8

WEST
♠3
♥Q 10 4
♦A K Q 10 8 2
♣9 7 3

EAST
♠Q 7 4
♥J 6 3
♦9 5
♣Q 10 6 5 2

SOUTH
♠K J 9 6 2
♥A 7 5
♦6 3
♣A J 4

The bidding:

South	West	North	East
1♠	2♦	3♠	Pass
4♠			

Opening lead — king of diamonds.

One mark of a good player is his ability to guess two-way finesses correctly. You don't have to be the seventh son of a seventh son to possess this attribute — it is simply a matter of assembling clues, interpreting them and acting accordingly.

Take this deal where West leads the K-A-Q of diamonds, declarer ruffing the third round as East discards a club. The contract is in the bag if South can avoid a trump loser, so all his thoughts are devoted to resolving that issue.

Declarer attacks the problem indirectly. He realizes, because West has shown up with six diamonds and East with two, that East probably has more spades than West. But since the trump division is far from certain, South postpones the critical guess in order to assemble some vital additional information.

He starts by cashing the K-A of clubs, then ruffs the jack. When West follows to all three clubs, South can account for nine of West's original 13 cards.

Declarer next leads a heart to the ace and returns a heart to dummy's king. When West follows to both hearts, 11 of his cards become known.

The contract is now assured, whether West has one spade or two. Declarer cashes the ace of spades and finesses the jack on the return. If East has the queen (the actual case), the finesse wins, and South is home. He later loses a heart trick.

If West has the Q-x of spades, the contract is still certain. This is because West, having started with two spades, two hearts, six diamonds and three clubs, will have to return a diamond after winning the spade queen, allowing South to ruff in dummy as he discards his heart loser.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

CRISSCROSS – IN THE PARK

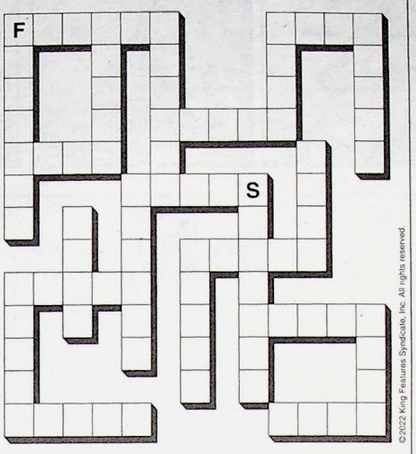
Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

4 Letters
HILL
LAKE
PIER
POOL
SOIL
TENT
TREE

5 Letters
BENCH
FENCE
FIELD
GRASS
GRILL
GROVE
SLIDE
SWING
TABLE
WATER

6 Letters
FLOWER
GAZEBO
RANGER

7 Letters
FIREPIT
SANDBOX



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The Continued Use of Bactrim Creates Resistance in Treatment

DEAR DR. ROACH: As a 90-year-old man in mostly good health, I have been taking one Bactrim (sulfamethoxazole/trimethoprim) pill per day for several years now, preventatively for recurrent urinary tract infections. I am very pleased with this successful treatment. However, my urologist has mentioned that I might have to relinquish the Bactrim at some point without a full explanation of why. Is there any danger in the habitual use of Bactrim? -- J.M.

ANSWER: Both men and women who get recurrent urinary infections are sometimes treated with prophylactic antibiotics, such as the sulfa-based antibiotic you are taking. The main risk is not toxicity of the medicine, it is that you might acquire a bacterial strain that is resistant to the antibiotic treatment. You are fortunate that you have gone several years without this developing, and you may go many more successfully, but other people periodically need to change the antibiotic they are taking.

Prophylactic antibiotics are not the first-line treatment to prevent recurrent infection. Urologists, the specialists for the urinary tract, will evaluate the urinary system to try to identify a correctible condition. I trust your urologist has considered other options before prescribing your current treatment.

***

DEAR DR. ROACH: I have a question about smoking. I smoke cigarettes, but now I want to stop. I want to use Velo to break this habit. Are Velo pouches harmful for health? Are there any side effects? -- Z.

ANSWER: Velo is a brand of synthetic nicotine (there are many now) designed simply to provide nicotine without smoking. The nicotine is derived from tobacco, but there is no actual tobacco in the product. The health risk is much lower compared to smoking tobacco, and much less than chewing tobacco. They come in lozenges and pouches (which are placed under the lip); many are flavored. Nicotine does not cause cancer, but there is still potential to harm your health, especially in the mouth, particularly for gum disease.

Unlike nicotine replacement products, such as patches, gum and inhalers, that are intended to help people quit smoking and then gradually taper off, these nicotine products are intended to be used long-term. These should never be used by a person who does not smoke or use other forms of nicotine, as nicotine can make a person very ill if they are not accustomed to it. It can cause nausea and vomiting, but also abdominal pain, headache, and irritation in the mouth.

I would strongly recommend you quit tobacco with the help of behavioral support through group sessions or counseling, as well as considering medications such as varenicline (Chantix) or bupropion (Wellbutrin or Zyban) in addition to nicotine replacement therapy. There is not enough information to say how effective a nicotine product like Velo would be to help you quit smoking. For people who successfully quit smoking but continue to need nicotine, long-term nicotine is not ideal, but it still has far fewer health risks than smoking.

***

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

French Onions and Rice

If you enjoy French Onion Soup, then you'll enjoy this easy side dish, too!

- *2 cups chopped onion*
- *1 (14 1/2-ounce) can beef broth*
- *1 1/3 cups uncooked instant rice*
- *1 tablespoon chopped fresh parsley or 1 teaspoon dried parsley flakes*
- *1/4 cup grated reduced-fat Parmesan cheese*

1. In a large skillet sprayed with butter-flavored cooking spray, saute onion for 8 to 10 minutes or until onions are golden brown. Stir in beef broth. Bring mixture to a boil.

2. Add uncooked rice, parsley and Parmesan cheese. Mix well to combine. Cover, lower heat, and simmer for 10 minutes or until rice is tender and most of liquid is absorbed, stirring occasionally. Serve at once. Makes 4 (1 cup) servings.

• Each serving equals: 156 calories, 0g fat, 5g protein, 34g carb., 444mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Starch, 1/2 Vegetable.

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1. Which former Beatle wrote and released "What Is Life"?
2. Where did The Marshall Tucker Band get its name?
3. Which song gave the Walker Brothers their first No. 1 hit?
4. Who wrote and released "Help Me, Rhonda?"
5. Name the song that contains these lyrics: "Hello, I don't even know your name, but I'm hopin' all the same this is more than just a simple hello."

Answers

1. George Harrison, in 1970 on his triple album "All Things Must Pass." The song was used in several films, including "Goodfellas" in 1990.
2. From a key ring. When they rented a rehearsal space, the key ring for the place had the previous tenant's name on it.
3. "Make It Easy on Yourself," in 1965. The first to release the song had been Jerry Butler, in 1961, but that version only climbed to No. 20.
4. The Beach Boys, in 1965.
5. "The Last Time I Felt Like This," by Johnny Mathis and Jane Olivor. The song was used in the 1978 film "Same Time, Next Year" starring Alan Alda and Ellen Burstyn. In the film, a couple meets for a weekend once a year for 30 years, even though they're married to others.

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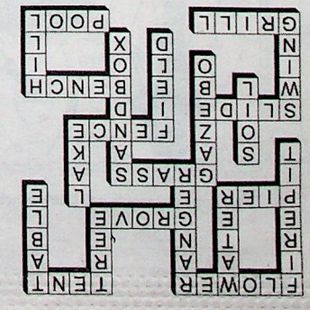
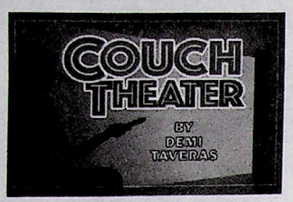
Puzzles4Kids

Answer



MORE SUN FUN



Pinocchio (PG) — The new live-action retelling of the Disney classic "Pinocchio" has a timely release right on Disney+ Day, which Disney deemed Sept. 8. Tom Hanks stars in this film as Geppetto, an Italian woodcarver who built a puppet named Pinocchio and cared for him as if he were his own son. Pinocchio gets brought to life by the Blue Fairy, much to Geppetto's great joy, but Pinocchio longs for more — he wishes to become a real boy. The Blue Fairy promises to grant him his wish only if he remains brave, truthful and selfless, a feat that isn't as easy as it seems, especially when Pinocchio embarks upon a journey to the magical place of Pleasure Island where no one's around to enforce the rules. (Disney+)

Aline (PG-13) — Inspired by the life story of legendary Canadian singer Celine Dion, this musical-drama film explores her life like never before, beginning with her early childhood years leading up to her rise to stardom. A young Aline, who is the fictionalized version of Dion, first achieves success as a young artist under her manager Guy-Klaude, but due to her age, Guy-Klaude advises Aline to wait until she fully matures into an adult before committing to the fame. This decision, no doubt, comes to be a definitive and positive turning point for the singer, both personally and professionally, as she eventually evolves become the angelic singer many people know and love. Premieres Sept. 9. (Prime Video)

Tell Me Lies (NR) — This new thriller-drama series being released on Hulu is based off of Carola Lovering's book of the same name. Grace Van Patten stars as Lucy, a freshman in college who falls for an upperclassman named Stephen, a charming and mysterious man who's able to pierce through Lucy's tough, icy surface. Lucy and Stephen commence a steamy love affair, which turns eerie quickly, as a chain of events begin to unfold that slowly erodes Lucy's once-sturdy trust in Stephen. Executively produced by Emma Roberts, this series premieres Sept. 7, with episodes releasing weekly every Wednesday. (Hulu)

Courtesy of Disney

Tom Hanks stars in a new live-action "Pinocchio."

I Came By (TV-MA) — This week's action film stand-out stars George Mackay ("1917"), Kelly Macdonald ("Boardwalk Empire") and Hugh Bonneville ("Downton Abbey"). Mackay portrays a 23-year-old graffiti artist, known for being part of the movement of street artists who enter the homes of the privileged and rich in their city and write "I Came By" onto their walls. When the graffiti artist decides to tag the home of a well-respected judge (Bonneville) in the area without his usual partner, he is haunted by a dark secret of the judge's that he never intended to learn. Unable to give up the fight, he finds himself in a dangerous game with a judge with great power and rage. Out now! (Netflix)

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Puzzles4Kids

by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO YOU CALL PONIES WHO PLAY POPULAR MUSIC?

STURDY	___	DUSTY	CHOSEN	___	SCONE
CANYON	___	NANCY	DORCAS	___	CARDS
SACRED	___	READS	HOLLER	___	HELLO
KNIFED	___	FINED	CHAINS	___	CHINA
DIAPER	___	PADRE	LEASES	___	SEALS
ANTLER	___	LATER	KISSES	___	SKIES
BASING	___	BASIN			

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Size of Aneurysm Determines Whether Surgery Is Necessary

DEAR DR. ROACH: My husband will be 83 in September and was recently diagnosed with an ascending thoracic aortic aneurysm measuring 4.8 cm. Five centimeters is when the doctors decide to do something. After hearing about the survival rate based on your recent column, along with your comment that "most people do not survive a rupture of the aorta," I'm scared. Why do they wait until 5.0 or rupture? His doctor says to test again in six months and to just keep his blood pressure down. Shouldn't he be careful about strenuous activities until repair? We can only wait at this point, it seems. -- C.G.

ANSWER: The aorta, the largest blood vessel in the body, comes directly off the heart, ascends to form an arch, and then descends through the chest into the abdomen. The aorta is then considered in three divisions: the ascending thoracic aorta; the descending thoracic aorta; and the abdominal aorta. Aneurysms can occur in each of these areas, and each has slightly different criteria for when to intervene.

In one of my recent columns, that was an abdominal aortic aneurysm. Most adults with an ascending TAA are recommended for surgical repair at a diameter of 5.5 cm. However, if the aneurysm is rapidly expanding, surgery may be considered earlier. If a person has a medical illness, making surgery very risky, surgeons may wait until the size exceeds 6 cm. The decision on when to operate requires judgement from an experienced surgeon and cardiologist. This is a major surgery with potential for harm, including death, and it's not to be undertaken unless the benefits clearly outweigh the risks. Rupture is unlikely at less than 6 cm.

Keeping the blood pressure down (below 120 systolic) is a good idea. Beta blockers are most commonly used for that, based on studies in people with genetic risk for TAA, such as Marfan syndrome. Statin drugs are often used, as there is evidence to suggest that they slow down expansion of the aneurysm.

***

DEAR DR. ROACH: You recently wrote on the concerns of bisphosphonate drugs like alendronate (Fosamax) in people with osteoporosis. These drugs, especially intravenous zoledronic acid, have been game-changers in patients with breast and other cancers that spread to bone. They have dramatically reduced the incidence of dangerously high calcium in people with cancer and have substantially reduced bone fractures due to cancer. There is a considerable body of literature supporting their use as therapy to reduce recurrence, and even mortality, in selected patients with early stages of breast cancer.

When we first started using them [at the University of Michigan Rogel Cancer Center], we observed osteonecrosis of the jaw in about 10% of treated patients. We quickly realized we could reduce the risk by using them less frequently and by having our patients see dentists to ensure hygiene before we start. With these considerations, the incidence of osteonecrosis of the jaw with bisphosphonates (or denosumab) has dropped to less than 1%.

These medicines are very important for patients with cancers that have spread to bone, and we don't want people afraid of these very effective agents that are safe when used correctly. -- D.H.

ANSWER: I appreciate the information from Dr. Daniel F. Hayes and am happy to share with my readers..

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Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Tomato and Basil Onion Soup

Homegrown tomatoes soon will be nothing but a pleasant memory. But before they are, why not stir up a pot of this wonderful soup. It's perfect for all of us tomato and basil fans!

- *1 cup finely chopped onion*
- *1 (10 3/4-ounce) can reduced-fat tomato soup*
- *1 cup water*
- *3 cups peeled and chopped fresh tomatoes*
- *2 tablespoons minced fresh basil or 2 teaspoons dried basil*

In a large saucepan sprayed with butter-flavored cooking spray, saute onion for 6-8 minutes. Stir in tomato soup and water. Bring mixture to a boil. Stir in tomatoes and basil. Lower heat and simmer for 10 to 12 minutes, stirring occasionally. Makes 4 (1 1/4 cup) servings.

HINT: 1 (15-ounce) can diced tomatoes can be used in place of fresh tomatoes.

• Each serving equals: 109 calories, 1g fat, 2g protein, 23g carb., 300mg sodium, 3g fiber; Diabetic Exchanges: 2 Vegetable, 1/2 Starch.

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1. Which band released "Imaginary Lover"?
2. What did the Beatles do on Abbey Road?
3. Which song repeats the phrase "I know" 26 times?
4. Who wrote and released "Have You Heard"?
5. Name the song that contains these lyrics: "There ain't no gold and there ain't nobody like me, I'm the number one fan of the man from Tennessee."

Answers

1. The Atlanta Rhythm Section, in 1978.
2. The Fab Four crossed the road in northwest London, and the famous album cover photo was snapped while a policeman held up traffic. Unfortunately, the license plate on a nearby Volkswagen Beetle was clearly shown in the photo and the tag was repeatedly stolen.
3. "Ain't No Sunshine," by Bill Withers in 1971. Withers was going to write a third verse but was talked into the 26 "I knows" instead. The song went gold.
4. The Moody Blues, in 1969. The song was used in "Marvel's Agents of S.H.I.E.L.D." in 2017.
5. "Please Come to Boston," by Dave Loggins in 1974. In the song, he asks the woman to follow him to Boston, Los Angeles and then Denver. Each time she says no. The song topped the Easy Listening chart that year.

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Contract Bridge

by Steve Becker

EVERY HAND IS DIFFERENT

South dealer.
Neither side vulnerable.

NORTH
♠ 6 2
♥ A K Q
♦ 8 7 5 3
♣ 9 7 6 3

WEST
♠ A Q 10
♥ 7 4 2
♦ J 10 9
♣ Q 10 5 2

EAST
♠ 9 8 7 4 3
♥ 8 6
♦ Q 6 4 2
♣ J 8

SOUTH
♠ K J 5
♥ J 10 9 5 3
♦ A K
♣ A K 4

The bidding:

South	West	North	East
1 ♥	Pass	2 ♥	Pass
4 ♥			

Opening lead — jack of diamonds.

There is a tendency to play mechanically in certain situations because they seem very similar to other such situations encountered previously. Unfortunately, this tendency to play in accordance with prior experience can prove costly at times, which is precisely what happened to declarer in this deal.

South won the opening diamond lead with the ace, crossed to the ace of hearts and led a spade to the jack, losing to the queen.

West, convinced that declarer would eventually attempt to ruff a spade in dummy, thereupon returned a trump. Declarer won in dummy and led another spade, this time losing the king to the ace. When West returned a third trump, South was at the end of his rope. He later lost a spade and a club and went down one.

The odd part of the deal is that South would surely have made the contract had he held three small spades instead of the K-J-x. In that case, after winning the diamond lead, he would have played a spade from his hand immediately to assure a subsequent spade ruff in dummy and thus guarantee scoring his 10th trick.

But South's K-J-5 of spades created an illusion that caused him to lead a trump to dummy so that he could lead a spade toward his hand. This opened the gate to further trump leads by West that ultimately cost declarer the contract.

Of course, it's extremely rare for a declarer to lead away from a holding of K-J-x toward two low cards in dummy. But if that's the best way to secure the contract in a particular deal, that's what declarer should do. The best way to play a suit doesn't always coincide with the best way to play a hand.

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Puzzles4Kids Answer

STURDY	R	DUSTY
CANYON	O	NANCY
SACRED	C	READS
KNIFED	K	FINED
DIAPER	I	PADRE
ANTLER	N	LATER
BASING	G	BASIN
CHOSEN	H	SCONE
DORCAS	O	CARDS
HOLLER	R	HELLO
CHAINS	S	CHINA
LEASES	E	SEALS
KISSES	S	SKIES

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